

Gonorrhoea information and guidance about informing partners

Tayside Sexual and Reproductive Health

You have tested positive for Gonorrhoea

What is Gonorrhoea?

Gonorrhoea is a bacterial infection. Many people with this infection do not have any symptoms especially if the infection is in the throat. Symptoms of Gonorrhoea can include discharge (from the vagina, penis or anus), pain passing urine or bleeding between your periods or after sex.

How do I get treated?

Your treatment will usually be arranged by staff from the sexual health clinic. You will be provided with antibiotics usually given by a single injection which will get rid of the infection.

Who do I need to tell about Gonorrhoea?

It is important to let your current partner and anyone else you have recently had vaginal, oral or anal sex with know about this infection so that they can get tested and treated. This even includes times where you used a condom.

If you have penile symptoms of Gonorrhoea (for example discomfort when you pee or discharge from your penis) and have a positive Gonorrhoea test in the urine only (i.e. not in the throat or rectum) **you should tell anyone you have had sex with since 2 weeks before your symptoms started or your last sexual partner.**

If you have no symptoms or have Gonorrhoea in any other body part (for example vagina, cervix, rectum, throat) **you should tell anyone you have had sex with in the 3 months before your test, or 3 months before any symptoms started, whichever is earliest.**

You should avoid having sex until both you and your partner(s) have been treated and you have had a negative test after treatment (usually undertaken at 3 weeks

after your antibiotics). This includes oral sex and sex using a condom.

What can I do if I feel unable to tell others about Gonorrhoea?

We understand that informing partners can be a sensitive issue, so if you would prefer NHS Tayside Sexual Health staff can do this for you. You can discuss this with a staff member at your appointment for treatment. You will be asked to give the name of your partner(s), age and contact details (preferably a mobile number). This information is confidential; we will never share your details when contacting partners.

Where can I get more information about Gonorrhoea?

For more information about Gonorrhoea visit the British Association of Sexual Health and HIV website:

Gonorrhoea

https://www.bashhguidelines.org/media/1300/gc_pil_mobile-pdf_02.pdf

Where can I get more information about informing partners?

For more information about Partner Notification visit the British Association of Sexual Health and HIV website:

A guide to – Partner notification

https://www.bashhguidelines.org/media/1035/pn_pil_digital_2016.pdf

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This leaflet can be made available in other languages and formats on request
Speak to the nurse looking after you to arrange this

