SH&BBV

TAYSIDE

NHS

Tayside

Sexual Health and Blood Borne Virus

TRAINING PROGRAMME

April 2023 - March 2024

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Introduction

The SH& BBV Managed Care Network delivers training throughout the year with the aim to develop a **confident and competent workforce.**

This training is available for Tayside clinical and non-clinical workers across all agencies and where appropriate, volunteers, other members of the public and specific groups as detailed in the training course descriptions.

This programme contains a mixture of face to face and online courses. We hope this hybrid approach to the training meets your needs. This year we have decided to release our full programme as usual but only allow bookings up to 3 months in advance. If you don't want to miss out on a space, you can sign up for training updates straight to your inbox here.

Working Principles

Our training will:

- Be undertaken by skilled and confident trainers
- Be based on the best epidemiological and research evidence available
- Be evaluated and updated accordingly
- Demonstrate gender sensitive practice
- Address inequalities
- Be multi-faceted and delivered through appropriate partnership working arrangements
- Be re-designed when appropriate to be delivered online

Outcome Indicators

All training links to the undernoted Outcome Indicators from the Scottish Government Sexual Health and Blood Borne Virus Framework (2015-2020 update):

- Fewer sexually transmitted infections; fewer unintended pregnancies
- A reduction in the health inequalities gap in sexual health
- People affected by blood borne viruses lead longer, healthier lives
- Sexual relationships are free from coercion and harm
- A society and culture whereby the attitudes of individuals, the public, professionals and the media in Scotland towards HIV are positive, non-stigmatising and supportive

How to Book

Please go to https://www.sexualhealthtayside.org/professionals/training/ to book individual training courses. Courses will be released for booking 3 months in advance. **For targeted training** (see page 18) please book via the contact details specified within the training description. If you would like to be informed of new courses being released, you can sign up for updates straight to your inbox via our website link above.

Once you have booked a course, you will receive confirmation by email. If you do not receive confirmation within 24 hours please contact us at tay.bbvmcn@nhs.scot to alert us and a confirmation will be sent to you.

For all training we recommend that you ensure your attendance has been approved by your manager.

IMPORTANT: If you have been allocated a place in one of our training sessions but you are no longer able to attend **please notify us as soon as possible via email** so that your place can be re-allocated

Feedback

Your feedback is of great value to us. We use it to monitor and improve the quality of our courses and their delivery. It helps us to ensure our courses remain relevant and meet the needs of participants and expectations on the subject.

Besides attendance to all course sessions, the completion of a feedback form is compulsory to receive the course certificate. The feedback form will usually be an online survey. A link for this will be sent to you by email after completion of the training session.

Venues

This programme includes a mix of face to face and online courses. Any online training will be delivered via Microsoft Teams unless otherwise stated.

Face to face sessions will be delivered at a variety of venues across Tayside. Please see the course descriptor or online event for more information.

Please refer to each training descriptors and the training calendar on page 6 to see the venues for face to face courses. More details about the venues will be given via email before the training.

Please note that catering is not provided but tea and coffee will usually be available. Some of the venues do have on-sight cafes and a break for lunch will be provided for any all-day courses.

Bespoke Training

We are aware that departments/organisations are all under time pressure and find it increasingly difficult to release staff for training. If you have a group of staff who cannot attend scheduled sessions, we can consider bespoke training to meet the specific needs of your department.

Contact us at: tay.bbvmcn@nhs.scot for more information.

Training Calendar for 2023-2024

April 2023	May 2023	June 2023
Tuesday 25th 10:00am – 13:00pm **Course:** Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (online, Microsoft Teams) **Wednesday 26th** 9.30am – 12.30pm **Course:** Harm Reduction: What You Need to Know (face to face, Ardler Community Centre, Dundee)	**Friday 5th followed by Friday 12th** (two sessions) 10.00am – 15.00pm **Course:** Addressing the Sexual Health Needs of the LGBT Community (face to face, Ardler Community Centre, Dundee) **Tuesday 23rd** 10.00am – 13.00pm **Course:** Blood Borne Virus in Tayside (online, Microsoft Teams) **Friday 26th** 10:00am – 13:00pm **Course:** Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices (online, Microsoft Teams)	**Tuesday 13th** 10:00am – 13:00pm **Course:** Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (face to face, Menziehill Community Centre, Dundee)
July 2023	**August 2023**	**September 2023**
	Thursday 24th 10:00am – 15:00pm **Course:** Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices (face to face, Ardler Community Centre, Dundee)	**Tuesday 12th** 10.00am – 13.00pm **Course:** Blood Borne Virus in Tayside (face to face, Murray Royal, Perth) **Wednesday 20th** 9.30am – 12.30pm **Course**: Harm Reduction: What You Need to Know (face to face, Ardler Community Centre, Dundee) **Wednesday 27th** 10:00am – 13:00pm **Course:** Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (online, Microsoft Teams)

Training Calendar for 2023-2024 (cont)

October 2023	November 2023	December 2023
Thursday 26th & Fri 27th October and Thursday 27th October and Thursday 23rd and Friday 24th November (4-day course) 9.30am – 15:30pm **Course:** Making Choices, Keeping Safe (face to face, Ardler Community Centre, Dundee)	**Tuesday 14th** 10:00am – 13:00pm **Course:** Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (face to face, Murray Royal, Perth) **Friday 17th followed by Friday 24th** (two sessions) 10.00am – 15.00pm **Course:** Addressing the Sexual Health Needs of the LGBT Community (face to face, Murray Royal, Perth)	
January 2024	**February 2024**	**March 2024**
Tuesday 16th 10.00am – 13.00pm **Course:** Blood Borne Virus in Tayside (online via Teams) **Thursday 18th** 10:00am – 15:00pm **Course:** Sexual Health: What's Trending in Tayside? (face to face, Ardler Community Centre, Dundee) **Wednesday 24th** 10:00am – 13:00pm **Course:** Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (online, Microsoft Teams) **Friday 26th** 10:00am – 16:00pm **Course:** Assertiveness in sexual relationships for people with additional support needs (face to face, Ardler, Dundee)	**Thursday 8th** 10:00am – 15:00pm **Course:** Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices (face to face, Bruce House, Angus) **Friday 16th followed by Friday 23rd** (two sessions) 10.00am – 15.00pm **Course:** Addressing the Sexual Health Needs of the LGBT Community (face to face, Bruce House, Angus)	

SH and BBV Training Available

Conversations and Condoms: It's Not All About Condoms, but It's a Good Place to Start

Facilitated by Sexual Health & BBV MCN and The Corner

Method of Delivery Online (Teams)/Face to Face

Course Assessment Post-evaluation survey

Max Number of Participants: 20

Target Audience

- Anyone who is currently working with young people aged 13 to 25 with an interest in increasing engagement around sexual health.
- Organisations wishing to become part of the condom distribution scheme for young people should attend this session.

Aim

This session will provide the information and skills necessary for you to confidently demonstrate and discuss effective and safe condom use.

Learning Outcomes

- You will increase understanding of your role within sexual health
- You will have increased knowledge around young people's sexual health and attitudes
- You will feel more confident supporting young people to make informed choices about their sexual health
- You will know how to demonstrate effective condom use
- You will become familiar with the Condom Distribution Scheme for Young people

We hope that by attending this session you will feel comfortable talking about condom use and other related topics, with young people. The information conveyed and skills learned in this session will help you engage with young people on their sexual health and provide you with talking points for discussion during a condom demonstration

What You Will Need

- For online sessions, will need access to a computer/tablet/telephone and internet for the entirety of the session
- You will also need a safe and private space for online sessions where you can access the course and won't be interrupted. This training will contain some sensitive material and some explicit conversations.

Frequency

This course will be delivered six times during this programme

Dates for the sessions are as follows:

- Online on 25th April 2023, 27th September 2023 and 24th January 2024
- Face to Face on 13th June at Menziehill Community Centre in Dundee and 14th November at Murray Royal in Perth
- All sessions will start at **10:00 am** and end at approximately **13:00pm**.

To reserve a place on this course please **click here** (please note courses are only available to book up to 3 months in advance)

Addressing the Sexual Health Needs of the LGBT Community

Facilitated by Terrence Higgins Trust Scotland

Method of Delivery **Face to Face, 2 day course**

Course Assessment Post-course survey

Target Group All practitioners whose services support LGBT people

Max Number of Participants 20

Aim

To increase practitioners' awareness of the issues faced by the LGBT Community when accessing health and social care services, and how to support their needs. This training will also highlight best practice examples from across Scotland, using current resources and toolkits.

Learning Outcomes

- To enable good practice and support for LGBT communities and their families

- Increased confidence working with the LGBT community to support and promote their sexual health, emotional health and wellbeing
- Increased knowledge of risk taking behaviour
- Increased understanding of the barriers faced by the LGBT community accessing services and how their experiences of discrimination may result in the need for additional support
- Highlight the effect that stigma can have on LGBT community looking to access health and social care services

Frequency and Venue

This course will be delivered three times during this programme and is a two day course. All sessions are face-to-face and you must attend both sessions of the course to receive your attendance certificate.

Dates and venues are as follows:

- 5th May and 12th May 2023 - Management Committee Meeting Room, Ardler Community Centre, Dundee
- 17th and 24th November 2023 - James Murray Suite 1&2, Murray Royal, Perth
- 16th and 23rd February 2024 - Bruce House, Angus

The timetable will be as follows:

- Arrival from 9:30am for a 10:00am start
- Lunch break from 12:00pm to 13:00pm
- Second session from 13:00 to 15:00pm

Please note

The training will contain some sensitive material.

To reserve a place on this course please **click here** (please note courses are only available to book up to 3 months in advance)

Sexual Health: What's Trending in Tayside?

Facilitated by Sexual Health & BBV MCN

Method of Delivery **Face to Face**

Pre-Course Tasks Participants will have completed the three NES Modules:

- Introduction to Sexual Health & Healthy Relationships
- Sexually Transmitted Infections
- Contraception

Each module requires 30 – 60 minutes to complete

Course Assessment Post-course survey

Target Group This session will be relevant to any non specialist staff working in the broad fields of; health, social care, community development, community pharmacy, education, recovery and the 3rd sector

Max Number of Participants 20

Brief Description

Within this training we will cover the sexual health profile of the Tayside population, current trends, themes and attitudes and put this in the context of priority populations and age and stage across the life course

Aim
Communicate the Sexual Health Profile of Tayside

Learning Outcomes

- Increased knowledge of current trends related to sexual health across Tayside
- Increased knowledge and understanding of Tayside population themes and attitudes around sexual health across the life course
- Increased understanding of participant role within Sexual Health

Frequency and Venue

This training will be delivered once during the current programme – Thursday 18th January 2024 – 10am until 3pm – face to face – Management Committee Meeting Room, Ardler Community Centre, Dundee

To reserve a place on this course please click here (please note courses are only available to book up to 3 months in advance)

Blood Borne Virus in Tayside

Facilitated by Sexual Health & BBV MCN

Method of Delivery Online via Teams/Face to Face

Course Assessment Post-course survey

Target Group This session will be relevant to any non-specialist staff who are working in the broad fields of; health, social care, housing, community development, community pharmacy, education and the 3rd sector

Maximum Number of Participants 20

Aim To enable participants to engage confidently and competently in conversations around BBV transmission and risk reduction, with their client group

Brief Description

Blood Borne Viruses continue to play a prominent role in the health profile of Tayside. Whilst there have been a number of exciting developments in BBV care and treatment, the general population are largely unaware of this, leading to high levels of unnecessary stigma. The session will provide a brief but comprehensive overview of BBVs (Hepatitis C, Hepatitis B and HIV) their transmission, and how to reduce risk. We have designed this session to support your engagement with your team and with service users.

Learning Outcomes

- Participants will be aware of BBVs and gain greater understanding of them. Will be able to explain what BBVs are, how they can be transmitted, and become familiar with current prevention methods
- Participants will gain insight into the experience of living with a BBV, and explore their role in providing support along with reducing stigma which surrounds BBVs and those living with them

Frequency

This training will be delivered three times during this programme.

- 23rd May 2023 – Online via Teams
- 12th September 2023 – James Murray Suite 1&2, Murray Royal Hospital, Perth
- 16th January 2024– Online via Teams
- All sessions run **10am until 1pm**

To reserve a place on this course please **click here** (please note courses are only available to book up to 3 months in advance)

Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices

Facilitated by Sexual Health & BBV MCN

Method of Delivery Face to Face/Online

Course Assessment Post-course survey

Target Group Professionals working with young people

Maximum Number of Participants 20

Aim

- To introduce the Scottish Government resource: "Key Messages for Young People on Healthy Relationships and Consent" and highlight how this document can be used to enhance practice with young people

On completing the training participants will

- Have increased knowledge and comprehension on consent, the law and healthy relationships
- Have increased knowledge of key messages that support young people to have positive healthy relationships and will be able to identify opportunities to apply this to practice
- Have explored young people's experiences around consent, the law and healthy relationships and gained confidence in applying this knowledge to practice.
- Have more information on resources that can support this work with young people in a group or 1 to 1 setting

Pre-Session Tasks

If you are attending our online session, there will be some pre-course tasks sent out to participants at least 2 weeks before the session. To engage fully with this training please ensure that you take the time to review these and come along ready to discuss them. It should take no more than a maximum of 2 hours to complete the tasks. **If you are attending the face to face session, you do not need to complete these tasks.**

Frequency

This course will be delivered three times during this programme.

- 26th May 2023 – 10am until 1pm – Online via Teams **(Please note – this is a condensed version of the course which is designed for those who cannot make it to the full face-to-face sessions - please do not book in for both the online and face to face courses)**
- 24TH August 2023 – 10am until 3pm – Face to face in Management Committee Meeting Room, Ardler Community Centre, Dundee
- 8th February 2024 – 10am until 3pm – Face to Face in Bruce House, Angus

To reserve a place on this course please **click here** (please note courses are only available to book up to 3 months in advance)

Making Choices, Keeping Safe

Facilitated by	Sexual Health & BBV MCN
Method of Delivery	**Face to face across 4 sessions (you must attend all 4 sessions to complete the course)**
Course Assessment	Post-course survey

Target Audience

Nurses, Social Workers, Teachers, Support Staff working with people with additional support needs

Maximum Number of Participants 12

Aim

This course will increase your knowledge and skills around supporting people with learning disabilities on relationships and sexual wellbeing.

Learning Outcomes

- Gain skills and awareness in addressing issues of sexuality
- Address values and attitudes and the impact these have on work
- Increase knowledge of rights, legislation and policy issues
- Understand group work with people with additional support needs
- Highlight key content areas for sex and relationship work with people with additional support needs
- Gain awareness of information on resources

Frequency

This training will be delivered only once during this programme. The format of delivery is **four** face to face sessions in the Management Committee Meeting Room in Ardler Community Centre, Dundee, from 09.30am to 15:30pm. Session dates are Thursday and Friday 26th and 27th October and Thursday 23rd and Friday 24th November 2023. Please note that to receive the course attendance certificate you must attend all four sessions.

To reserve a place please **click here** (please note courses are only available to book up to 3 months in advance)

Assertiveness in Sexual Relationships for People with Additional Support Needs

Facilitated by	The Training Co-operative and Sexual Health & BBV MCN
Tutor	Adrienne Hannah
Method of Delivery	**Face to face**
Course Assessment	Post-course survey
Target Audience	Nurses, social workers, teachers and support staff working with people with additional support needs (ASN)

Maximum Number of Participants 12

Aim

To increase assertiveness skills around sexual health and relationships for people with ASN in Tayside

Learning Outcomes

- Staff will recognise the need to increase assertiveness skills in sexual relationships for people with ASN
- Staff will be familiar with a number of exercises around assertiveness skills in sexual relationships
- Staff will feel confident to deliver these exercises with people with ASN

Frequency and Venue

This course will be delivered only once during this programme **- 26TH January 2024** in the Management Committee Meeting Room in Ardler Community Centre, Dundee from 10:00am to 16:00pm.

To reserve a place on this course please **click here** (please note courses are only available to book up to 3 months in advance)

Harm Reduction: What You Need to Know

Facilitated by	Hillcrest Futures and Sexual Health & BBV MCN
Method of Delivery	**Face to Face**
Course Assessment	Post-course survey
Target Audience	This session will be relevant to any non-specialist BBV staff, working in the broad fields of; health, social care, housing, community development, community pharmacy, education, recovery and the 3rd sector

Maximum Number of Participants 20

Aim

To enable participants to engage confidently and competently in conversations around BBV transmission, harm reduction interventions and risk reduction with their service users

Learning Outcomes

- Become familiar with injecting equipment, injecting-related risk, and other associated drug related harms

- Identify injection related wounds and complications and signpost to the appropriate service for treatment
- The promotion of naloxone as an effective intervention for the reduction of drug related deaths
- Raise awareness of the variety of methods of BBV testing, available locally in Tayside
- Explore attitudes & language and gain an understanding of stigmatising practice and gender sensitive approaches

Brief Description

In 2022, the Scottish Government introduced the Medication Assisted Treatment standards, a set of standards that aim to enable the consistent delivery of safe, accessible, high-quality drug treatment across Scotland. These are relevant to people and families accessing or in need of services, and health and social care staff responsible for delivery of recovery oriented systems of care. This session will cover the knowledge required for you to meet and promote the standards around harm reduction

Frequency and Venue

This course will take place twice in the programme

- 26th April 2023 – 9.30am until 12.30pm
- 20th September 2023 - 9.30am until 12.30pm
- Both sessions face to face in the Management Committee Meeting Room in Ardler Community Centre, Dundee

To reserve a place please **click here** (please note courses are only available to book up to 3 months in advance)

Targeted Training

Speakeasy Facilitators Training

Unfortunately this training will not be delivered this year. If you are a professional who would like to know more about the Speakeasy programme, or would like to register your interest in becoming trained to deliver this in the future, please contact Linzi McKerrecher at linzi.mckerrecher@nhs.scot

Speakeasy Course for Parents and Carers

Facilitated by	Speakeasy Facilitators
Target Audience	Parents and Carers
Minimum Number of Participants	6

Aim

To help parents and carers of children of any age to tackle the complex and often difficult issues of growing up, sex and relationships. The course provides information, resources and support to enable them to confidently take on the role of educators in their home.

Learning Outcome

By the end of the programme participants will have the skills, knowledge and confidence to support their children around various aspects of growing up in an age appropriate way.

If you would like to find out more about this please contact **Linzi McKerrecher (Speakeasy Co-ordinator)** on **linzi.mckerrecher@nhs.scot**

Speakeasy E-Learning Units

This is a free, online resource for professionals, parents and carers to improve communication with young people about sex, relationships and growing up. There are 3 units in total and a certificate will be issued on the completion of each. Please follow the link below to take part**:**

Speakeasy E-Learning Units – NHS Sexual Health & Blood Borne Viruses | Tayside. (sexualhealthtayside.org)

More information about the project can be found **here** or on our Facebook page https://www.facebook.com/Speakeasy-1651052668445100/?ref=bookmarks

https://www.youtube.com/watch?v=Phntb59xN34

Faculty of Sexual & Reproductive Healthcare (FSRH) Accredited Competencies:
- Letter of Competence in Intrauterine Techniques (LoC IUT)
- Letter of Competence in Subdermal Implants (LoC SDI)

Faculty of Sexual & Reproductive Healthcare (FSRH) accredited competencies

Facilitated by

Tayside Sexual & Reproductive Health Service (Ninewells Hospital and Drumhar Health Centre, Perth) is an accredited training centre supporting clinicians (nurses and doctors) who wish to obtain the Letter of Competence in Intrauterine Techniques (LoC IUT) and/or Letter of Competence in Subdermal Implants (LoC SDI). There are also programmes for removal only (SDI-RO) and insertion only (SDI-IO) if required.

Target Audience

Clinicians who already hold the DFSRH/NDSRH or who have passed the electronic Online Theory Assessment (OTA) of the FSRH who wish to obtain Letters of Competence in IUT and SDI: practice nurses, school nurses, family nurse practitioners, midwives, gynaecology nurses, GPs, GP trainees, obstetricians & gynaecologists and their trainees etc.

Aim

To support practitioners to achieve their Letters of Competence and associated clinical competencies through practice training by faculty registered trainers.

The training involves both theoretical knowledge and practical training. For full information it is advised that you read the Guidance documents and learning outcomes at: https://www.fsrh.org/education-and-training/

Learning Outcomes

- LoC IUT – this programme will enable the learner to hold consultations, provide intrauterine contraception competently, and manage any complications or side-effects that may occur.

- LoC SDI/Loc SDI-RO/LoC SDI-IO – these programmes will enable the learner to provide and/or remove subdermal implants competently, and manage any complications or side-effects that may occur.

The LoC IUT and LoC SDI are awarded to those who successfully achieve the training. A waiting list is in operation for the practical elements of this training and there may be costs associated with this.

For more information on costs and to register an interest please contact **tay.shtraining@nhs.scot**

Faculty of Sexual & Reproductive Healthcare (FSRH) Diploma

Facilitated by Tayside Sexual & Reproductive Health Service (Ninewells Hospital and Drumhar Health Centre, Perth)

Target Audience

The FSRH Diploma has been recently redesigned and is directed at doctors, nurses, midwives, pharmacists, physician associates or other healthcare professionals who wish to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings. Entry requirements include: registration with a UK medical professional regulatory body with a licence to practise, ability to administer intramuscular and subcutaneous injections and the ability to perform a speculum examination. Full entry requirements detailed at: https://www.fsrh.org/education-and-training/diploma--nurse-diploma/#redesigned-diploma-information

Aim

To provide a flexible and tailored training programme to allow the learner to attain the knowledge, attitude and skills required to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings.

You will be assessed in the following ways to achieve the DFSRH:

1. An online theory assessment (OTA, done on the FSRH website at any stage of the Diploma),
2. Summative clinical assessments (at TSRHS),
3. Independent learning portfolio,
4. An Assessment Half-Day (AHD); delivered (face to face or online) by TSRHS or by other SRH services in Scotland and the rest of the UK, ideally towards the end of your training.

Overall learning outcome of the DFSRH

Learning outcomes include knowledge of:

- Basic Anatomy and Physiology
- Health History and Risk Assessment
- Contraceptive Choices
- Emergency Contraception
- Contraception: Managing Side-effects and Complications of Use
- Planning Pregnancy
- Unintended Pregnancy and Abortion
- Early Pregnancy
- Sexually Transmitted Infections (STIs)
- Needs of Specific Groups
- Adult and Child/Young Person Safeguarding
- Psychosexual medicine
- Cervical Screening

It is advisable to check availability and local waiting times for the Assessment Half-Day and Clinical Assessments before deciding when to embark on DFSRH training.

Training is organised based on local requirements and there are **costs** associated with this.

For more information on costs and to register an interest please contact**: tay.shtraining@nhs.scot**

Further details about the courses can be found at https://www.fsrh.org/education-and-training/

E-Learning Modules

Health Scotland Virtual Learning Environment

Free courses on health behaviour change, tackling inequalities and brief interventions amongst others. Available from http://elearning.healthscotland.com/

Scottish Drugs Forum Online Learning

Free online courses on Hepatitis C and Treatments, Drug Awareness, Overdose Prevention, Intervention and Naxolone, Bacterial Infections and Drug Use, Recovery Outcomes Tool. Available from https://www.sdftraining.org.uk/online-learning

NHS Education Scotland (NES)

Blood Borne Virus

This NES learning programme provides background information on factors such as transmission, testing, infection progression and treatment regarding selected Blood Borne Viruses. Available from: https://www.nes.scot.nhs.uk/education-and-training/by-theme-initiative/public-health/health-protection/blood-borne-viruses-and-sexual-health.aspx

Gender Based Violence

What every health worker needs to know about gender-based violence Gender Based Violence - Overview | Rise 360 (articulate.com)

Domestic Abuse Awareness Training

This online tool is a learning resource for professionals. It's an awareness-raising resource and serves as an introduction to domestic abuse and coercive control. The tool provides an overview of the main considerations when responding to domestic abuse, however it does **not** replace specialist domestic abuse training - Overview (daart.scot)

Trauma Informed Care

This NES learning programme offers a National Trauma Training Programme. You can access the key trauma training resources from this programme that are openly available to support all members of the Scottish workforce here: https://learn.nes.nhs.scot/37896/national-trauma-training-programme.

Key Trauma Informed (Practice Level 1) resources can be found here:
https://learn.nes.nhs.scot/37898/national-trauma-training-programme/trauma-informed

Key Trauma Skilled (Practice Level 2) resources can be found here:
https://learn.nes.nhs.scot/37899/national-trauma-training-programme/trauma-skilled

We highly recommend anyone attending our training courses to have completed the relevant modules from the National Trauma Training Programme.

E-Learning for Healthcare (E-LfH)

Programme developed by Health Education England, NHS and professional bodies to educate the health and social care workforce. To access e-LfH programmes, you will require an E-LfH account or an Athens account. Among others, they offer courses in the following subjects:

- *Sexual & Reproductive Health* - available from https://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/

- *Sexual Health and HIV* - available from https://www.e-lfh.org.uk/programmes/sexual-health-and-hiv/
- *Child Sexual Exploitation* - available from https://www.e-lfh.org.uk/programmes/child-sexual-exploitation/
- *Female Genital Mutilation* - available from https://www.e-lfh.org.uk/programmes/female-genital-mutilation/
- *Safeguarding of Children and Young People* - available from https://www.e-lfh.org.uk/programmes/safeguarding-children

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NHS Education for Scotland

Sexual and Reproductive Health

eLearning module launch

- Developed in collaboration with sexual health experts to assist registered practitioners to deliver effective and supportive person-centred care to individuals seeking sexual health care.

- To access the eLearning module go to the General Practice Nursing Education **Turas page.**

Target Audience:

For all registered practitioners at all levels.

Due to the content this eLearning module will be available to GPNs, ANPs, Pharmacy, GPs, GP trainees, FY1, FY2 and all adult nurses

This fully funded education includes:

- Sexual health care
- Sexual history taking
- Contraception
- STIs
- Sexual health
- Sexual health and technology

and so much more.

You must have a **Turas account** to access the eLearning. To register, see the **Turas registration page**