

Sexual Health and Blood Borne Virus Training Programme



April 2022 – March 2023



SH&BBV
TAYSIDE

TABLE OF CONTENTS

Introduction.....	3
Working Principles.....	3
Outcome Indicators.....	4
How to Book.....	4
Feedback.....	5
Venues.....	5
Bespoke Training.....	5
Learnpro.....	6
SH&BBV Training Available.....	7
Conversations About Condoms: It's Not All About Condoms but It's a Good Place to Start.....	7
Positive Vulnerability? Supporting Young People to Achieve Better Outcomes in Relation to Risk Behaviours.....	8
Addressing the Sexual Health Needs of the LGBT Community.....	9
Resources Day.....	11
Young People Online: Sex, Relationships and Technology Training – An Introduction.....	12
Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices.....	13
Making Choices, Keeping Safe.....	15
Assertiveness in Sexual Relationships for People with Additional Support Needs.....	16
Introduction to BBV & Harm Reduction in Tayside.....	17
Sexual Health: Local Context and Good Practice.....	19
Targeted Training.....	20
Speakeasy Facilitators Training.....	20
Speakeasy Course for Parents and Carers.....	20
Faculty of Sexual and Reproductive Healthcare (FSRH) Accredited Competencies.....	21
Faculty of Sexual and Reproductive Healthcare (FSRH) Diploma.....	23
E-Learning Modules.....	24
Appendix 1 - Dates for 2022-2023.....	27
Appendix 2 - Venues.....	29

Introduction

The SH&BBV Managed Care Network delivers training throughout the year with the aim to develop a **confident & competent workforce**.

This training is available for Tayside clinical & non-clinical professionals across all agencies and where appropriate, volunteers, other members of the public and specific groups as detailed in the training course descriptions.

Besides online training, this programme contains some face to face courses. **Safety** of tutors and participants is of great concern to us, so if you or members of your household test positive for COVID-19 on LFD or PCR, please ensure you follow the latest guidance around isolation.

Please advise us if you can no longer attend your booked face to face training session by emailing us at tay.bbvmcn@nhs.scot. We will do our best to reschedule your booking to the next available face to face session.

Please note that catering is not included with the training. You should make your own arrangements to procure your own.

Working Principles

Our training will be:

- undertaken by skilled and confident trainers
- based on the best epidemiological and research evidence available
- evaluated and updated accordingly
- demonstrate gender sensitive practice
- address inequalities
- multi-faceted and delivered through appropriate partnership working arrangements
- re-designed wherever possible to be delivered online

Outcome Indicators

All training links to the undernoted Outcome Indicators from the Scottish Government Sexual Health & Blood Borne Virus Framework (2015-2020 update):

- Fewer sexually transmitted infections; fewer unintended pregnancies
- A reduction in the health inequalities gap in sexual health
- People affected by blood borne viruses lead longer, healthier lives
- Sexual relationships are free from coercion and harm
- A society and culture whereby the attitudes of individuals, the public, professionals and the media in Scotland towards HIV are positive, non-stigmatising and supportive

How to Book

Please go to <https://www.sexualhealthtayside.org/professionals/training/> to book individual training courses. **For targeted training** please book via the contact details specified within the training description.

Places are limited and filled on a first come first served basis, so **please book early** to avoid disappointment.

You will receive confirmation of your place by email. If you do not receive confirmation within 24 hours please contact us at tay.bbvmcn@nhs.scot to alert us and a confirmation will be sent to you.

IMPORTANT: If you have been allocated a place in one of our training sessions but you are no longer able to attend **please notify us as soon as possible** so that your place can be re-allocated to another participant.

For all training we recommend that you ensure your attendance has been approved by your manager.

Feedback

Your feedback is of great value to us. We use it to monitor and improve the quality of our courses and their delivery. It helps us to ensure our courses remain relevant and meet the needs of participants and expectations on the subject.

Besides attendance to all course sessions, we have now made the completion of a feedback form compulsory to receive the course certificate. The feedback form may be an online survey. A link for this will be sent to you by email after completion of the training session.

Venues

This programme includes a mix of face to face and online courses. Unless otherwise stated, all online training sessions will be delivered via **Microsoft Teams**.

Face to face sessions will be delivered at one of the following venues:

- Cairn Centre Conference Room (12 Rattray Street, DUNDEE, DD1 1NA)
- Seminar Rooms A&B (Improvement Academy, Level 5, Ninewells Hospital, DUNDEE, DD1 9SY)
- Seminar Room B (Level 7, Ninewells Hospital and Medical School, DUNDEE, DD1 9SY)

Please refer to each training descriptors and calendar in **Appendix 1** to see the venues for face to face courses. For more information about getting to the venues, please read **Appendix 2**

Bespoke Training

We are aware that departments/organisations are all under time pressure and find it increasingly difficult to release staff for training. If you have a large group of staff who

cannot attend scheduled sessions, we can consider bespoke training to meet the specific needs of your department.

Contact us at: tay.bbvmcn@nhs.scot for more information.

Learnpro

NHS Tayside provides a range of mandatory and topic specific e-Learning modules for NHS Staff. Please note that only NHS Staff can access those modules.

Equality and Diversity is mandatory for all NHS staff and it is highly recommended you complete this and the Gender Based Violence module before attending our training. These can be accessed by NHS Staff via [Learnpro](#)

SH&BBV Training Available

Conversations and Condoms: It's Not All About Condoms, but It's a Good Place to Start

Facilitated by Sexual Health & BBV MCN and partners

Method of Delivery **Online**, via Microsoft Teams

Course Assessment Pre & post evaluation survey

Maximum Number of Participants 15

Target Audience

- Anyone who is currently working with young people aged 13 to 25, with an interest in increasing engagement around sexual health.
- Organisations wishing to become part of the condom distribution scheme for young people should attend this session.

Aim

- This session will provide the information and skills to demonstrate and discuss effective and safe condom support.
- We hope that by attending this session you will feel comfortable talking about condom use and other related topics, with young people. The information conveyed and skills learned in this session will alleviate anxieties and provide you with talking points for discussion during a condom demonstration.

Learning Outcomes

- Increased understanding of your role within sexual health
- Increased knowledge around young people's sexual health, including the law
- Feel more confident supporting young people to make informed choices about their sexual health

- Know how to demonstrate effective condom use
- Become familiar with the Condom Distribution Scheme for Young people

What You Will Need

- You will need access to a computer/tablet/telephone and internet for the entirety of the session
- A safe and private space to access the course where you won't be interrupted as this training will contain some sensitive material and some explicit conversations.

Frequency

This course will be delivered three times during this programme, on **Tuesday 26 April**, **Tuesday 21 June** and **Tuesday 20 September 2022**. All sessions will start at **10:00 am** and end approximately at **13:00pm**.

To reserve a place on this course please [click here](#)

Positive Vulnerability? Supporting Young People to Achieve Better Outcomes in Relation to Risk Behaviours

Facilitated by SH&BBV and Hillcrest Futures

Method of Delivery **Online**, via Microsoft Teams.

Course Assessment Post-course survey

Target Group Anyone who is working with young people (teachers, youth workers, third sector organisations, volunteers)

Maximum Number of Participants 15

Aim

To highlight issues relating to vulnerable young people, priority populations and risky behaviours

To provide information on harm reduction practices around sexual health, relationships and substance use in relation to young people.

On completing the training participants will

- Have increased confidence and knowledge in delivering comprehensive and inclusive support to young people
- Have increased knowledge and comprehension of priority populations and vulnerabilities in relation to young people and risky behaviours
- Have increased awareness of local information and supporting services
- Have a greater understanding of stigma and how this impacts on young people accessing support

Frequency

This course will be delivered twice within this programme, on **Wednesday 4 May 2022** from 13:00 to 16:00pm and on **Friday 9 December 2022** from 9:30 am to 12:30 pm.

To reserve a place on this course please [click here](#)

Addressing the Sexual Health Needs of the LGBT Community

Facilitated by Terrence Higgins Trust Scotland

Method of Delivery **Face to Face***

Course Assessment Post course survey

Target Group All practitioners whose services support LGBT people.

Maximum Number of Participants 15

Aim

To increase practitioners' awareness of the issues faced by the LGBT Community when accessing health and social care services, and how to support their needs. This training will

also highlight best practice examples from across Scotland, using current resources and toolkits.

Learning Outcomes

- To enable good practice and support for LGBT communities and their families
- Increased confidence working with the LGBT community to support and promote their sexual health, emotional health and wellbeing
- Increased knowledge of risk taking behaviour
- Increased understanding of the barriers faced by the LGBT community accessing services and how their experiences of discrimination may result in the need for additional support
- Highlight the effect that stigma can have on LGBT community looking to access health and social care services

Frequency and Venue

This course will be delivered twice during this programme. Dates and venues are as follows:

- **5 May 2022**, to be delivered in Seminar Room B, Ninewells Hospital, Medical School
- **3 November 2022**, to be delivered in Seminar Rooms A+B, Improvement Academy, Ninewells Hospital

The timetable will be as follows:

- Arrival from 9:30am for a 10:00am start
- Lunch break from 12:01pm to 13:00pm
- Second session from 13:00 to 15:00pm

Please note

The training will contain some sensitive material.

To reserve a place on this course please [click here](#)

**If you or members of your household test positive for COVID-19 on LFD or PCR, please ensure you follow the latest guidance around isolation. Catering is not included with this training.*

Resources Day

Facilitated by Sexual Health & BBV MCN and Hillcrest Futures

Method of Delivery **Face to Face***

Course Assessment Post-course survey

Target Group

This resource day is open to and recommended for anyone who has previously attended at least one of the following online events through the SH&BBV training programme:

- Young People Online: Sex, Relationships & Technology – An Introduction
- Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices
- Conversations and Condoms: It's Not All About Condoms, but It's a Good Place to Start
- Positive Vulnerability? Supporting Young People To Achieve Better Outcomes in Relation To Risk Behaviours
- Making Choices Keeping Safe

Maximum Number of Participants 15

Brief Description

The day will focus on useful resources and practical activities that can be used with young people to address all of the issues covered on the above sessions. It will be an opportunity to reflect on learning face to face and put it into practice.

Aim

- To introduce useful resources
- To provide experience of educational activities that can be used with young people based on the context of previous trainings

Learning Outcomes

- Participants will have increased knowledge of resources and activities and how these can be used.
- Attendees will participate in experiential learning around delivering education sessions and group work activities

Frequency and Venue

This training will be delivered twice during this programme, on **Friday 6 May 2022**, and **Friday 10 February 2023**, from 10:00am to 14:00pm, in the Cairn Centre Conference Room.

To reserve a place on this course please [click here](#)

**If you or members of your household test positive for COVID-19 on LFD or PCR, please ensure you follow the latest guidance around isolation. Catering is not included with this training.*

Young People Online: Sex, Relationships and Technology Training – An Introduction

Facilitated by Sexual Health & BBV MCN

Method of Delivery **Online**, via Microsoft Teams.

Course Assessment Post-course survey

Target Group Professionals working with young people

Maximum Number of Participants 15

Aim

To raise awareness of pornography and technology as it relates to young people, sexual health and relationships

Brief Description

- This is a condensed version of our training about young people's use of technology and pornography
- We will look at local data, how young people use technology around sex and relationships and the possible impacts of this
- There will be information about useful resources, activities and further reading. There will be an opportunity to ask questions and engage with other participants
- Due to the nature of this training, it is advised that all participants have access to an individual computer or mobile device, use headphones and have a private space where they can engage without interruptions

Pre-session Tasks

This training will be based on pre-course tasks sent out to participants at least 2 weeks before the session. To engage fully with this training please ensure that you take the time to review these and come along ready to discuss them. It should take no more than a maximum of 2 hours to complete the tasks.

Frequency

This training will be delivered twice during this programme, on **Friday 27th May 2022** and on **Friday 28 October 2022** from 09:30am to 12:30 pm.

To reserve a place on this course please [click here](#)

Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices

Facilitated by Sexual Health and BBV MCN

Method of Delivery **Online**, via Microsoft Teams.

Course Assessment Post-course survey

Target Group Professionals working with young people.

Maximum Number of Participants 15

Aim

- To introduce the Scottish Government resource: “Key Messages for Young People on Healthy Relationships and Consent”
- To highlight how this document can be used to enhance practice with young people

On completing the training participants will

- Have increased knowledge and comprehension on consent, the law and healthy relationships
- Have increased knowledge of key messages that support young people to have positive healthy relationships and will be able to identify opportunities to apply this to practice
- Have explored young people’s experiences around consent, the law and healthy relationships and gained confidence in applying this knowledge to practice.

Pre-Session Tasks

This training will be based on pre-course tasks sent out to participants at least 2 weeks before the session. To engage fully with this training please ensure that you take the time to review these and come along ready to discuss them. It should take no more than a maximum of 2 hours to complete the tasks.

Frequency

This course will be delivered twice during this programme. Dates are **Friday 24 June 2022** and **Friday 18 November 2022**, from 9:30am to 12:30pm

To reserve a place on this course please [click here](#)

Making Choices, Keeping Safe

Facilitated by Sexual Health & BBV MCN

Method of Delivery **Face to face***

Course Assessment Post-course survey

Target Audience

Nurses, Social Workers, Teachers, Support Staff working with people with additional support needs, as well as parents and carers.

Maximum Number of Participants 12

Aim

This course will increase your knowledge and skills around supporting people with learning disabilities on relationships and sexual wellbeing.

Learning Outcomes

- Gain skills and awareness in addressing issues of sexuality
- Address values and attitudes and the impact these have on work
- Increase knowledge of rights, legislation and policy issues
- Understand group work with people with additional support needs
- Highlight key content areas for sex and relationship work with people with additional support needs
- Gain awareness of information on resources

Frequency

This training will be delivered only once during this programme. The format of delivery is two face to face sessions in the Cairn Centre Conference Room, from 10:00am to 16:00pm. Session dates are **Thursday 15** and **Friday 16 September 2022**. Please note that to receive the course attendance certificate you must attend both sessions.

To reserve a place please [click here](#)

**If you or members of your household test positive for COVID-19 on LFD or PCR, please ensure you follow the latest guidance around isolation. Catering is not included with this training.*

Assertiveness in Sexual Relationships for People with Additional Support Needs

Facilitated by	The Training Co-operative and Sexual Health & BBV MCN
Tutor	Adrienne Hannah
Method of Delivery	Face to face*
Course Assessment	Post-course survey
Target Audience	Nurses, social workers, teachers and support staff working with people with additional support needs (ASN).

Maximum Number of Participants 12

Aim

To increase assertiveness skills around sexual health and relationships for people with ASN in Tayside

Learning Outcomes

- Staff will recognise the need to increase assertiveness skills in sexual relationships for people with ASN
- Staff will be familiar with a number of exercises around assertiveness skills in sexual relationships
- Staff will feel confident to deliver these exercises with people with ASN

Frequency and Venue

This course will be delivered only once during this programme, on the **30 September 2022**, in the seminar rooms A+B of the Improvement Academy, Ninewells Hospital, from 10:00am to 16:00pm.

To reserve a place on this course please [click here](#)

**If you or members of your household test positive for COVID-19 on LFD or PCR, please ensure you follow the latest guidance around isolation. Catering is not included with this training.*

Introduction to BBV & Harm Reduction in Tayside

Facilitated by	Hillcrest Futures and Sexual Health & BBV MCN
Method of Delivery	Online , via Microsoft Teams
Course Assessment	Post-course survey
Target Audience	Nurses, social workers, teachers and support staff working with people who use drugs and/or may be vulnerable to sexual health risk.

Maximum Number of Participants 15

Aim

This training aims to increase workers knowledge, understanding and confidence of key messages related to

- Blood borne viruses (BBV)
- Harm reduction
- Risks associated with substance use & sexual & reproductive health (SRH)
- Associated stigma

Learning Outcomes

- Identify at risk groups across Tayside
- Increased understanding of hidden populations and links to appropriate services
- Increase understanding around problematic substance use within a trauma framework and as a health condition
- Have a basic awareness of harm reduction interventions and substance use, as well as an awareness of key current trends across Tayside (Injecting Equipment Provision, Overdose Awareness, Avoiding Infections, Alternatives to Injecting)
- Identify signs and symptoms of an overdose and the use of Take Home Naloxone as a life saving intervention
- Identify how BBVs and related STIs are tested and treated; and where people can go locally for testing, treatment and support
- Challenge the use of stigmatising language and increase understanding of how stereotypes can create barriers to support and care

Frequency and Venue

We are currently designing this training in partnership with Hillcrest Futures to cover the subjects of Blood Borne Viruses and Harm Reduction and working with priority populations of young people, but we are not there yet. This training will be available for booking during 2022, so please check our website often for more updates on this.

Meanwhile, if you are interested in learning more about Blood Borne Virus and Harm Reduction now, please visit the [training section](#) on the Scottish Drug Forum (SDF) website for information on their available training on this subject. Please note that to access SDF courses and e-learning modules you may be required to create a login account on their website.

Among the courses SDF offer, there is a half-day virtual course with the title "HIV and Harm Reduction". This course is free of charge and focuses mostly on HIV with some cover of other BBVs in relation to harm reduction. It aims to increase workers' understanding and knowledge of key issues related HIV, with a particular emphasis on risks associated with drug

use and sexual health. For information on dates and availabilities, please visit the [Scottish Drug Forum website](#).

For participants interested in attending the course “HIV and Harm Reduction”, SDF recommends completing the SDF the-learning module “HIV Preventable and Treatable”. This module is free of charge and will help workers increase their understanding about HIV, how it is transmitted and how it can be prevented and treated. You can find more information about this and other e-learning modules offered by SDF [here](#)

The-learning module “Hepatitis C and New Treatments” is offered by Hepatitis Scotland. This free e-learning module aims to increase awareness and knowledge about Hepatitis C and can be accessed through the SDF website [here](#)

Sexual Health: Local Context and Good Practice

We are currently designing this training and it will become available towards the end of 2022.

This new course will be based on blended training which includes the compulsory completion of forthcoming NES (NHS Education for Scotland) web based learning modules on an Introduction to Sexual Health.

NHS Tayside will provide online or face to face training that will complement the NES modules and provide a local picture as well as exploring some key issues when working with sexual health.

More information about this new course will be available later in 2022. Please check [our website](#) regularly for more updates.

Targeted Training

Speakeasy Facilitators Training

Unfortunately due to current circumstances this training will not be delivered this year. If you are a professional who would like to know more about the Speakeasy programme, or would like to register your interest in becoming trained to deliver this in the future, please contact Linzi McKerrecher at linzi.mckerrecher@nhs.scot or call on 07920 503897

Speakeasy Course for Parents and Carers

Facilitated by Speakeasy Facilitators

Target Audience Parents and Carers

Minimum Number of Participants 6

Aim

To help parents and carers of children of any age to tackle the complex and often difficult issues of growing up, sex and relationships. The course provides information, resources and support to enable them to confidently take on the role of educators in their home.

Learning Outcome

By the end of the programme participants will have the skills, knowledge and confidence to support their children around various aspects of growing up in an age appropriate way.

NB - A condensed Speakeasy programme for parents and carers is currently being delivered online. The programme is also available face to face depending on restrictions.

If you would like to find out more about this please contact **Linzi McKerrecher** (**Speakeasy Co-ordinator**) on linzi.mckerrecher@nhs.scot or on **07920 503897**

Speakeasy E-Learning Units

This is a free, online resource for professionals, parents and carers to improve communication with young people about sex, relationships and growing up. There are 3 units in total and a certificate will be issued on the completion of each. Please follow the link below to take part:

[Speakeasy E-Learning Units – NHS Sexual Health & Blood Borne Viruses | Tayside.](https://www.facebook.com/Speakeasy-1651052668445100/?ref=bookmarks)
[\(\[sexualhealthtayside.org\]\(https://www.facebook.com/Speakeasy-1651052668445100/?ref=bookmarks\)\)](https://www.facebook.com/Speakeasy-1651052668445100/?ref=bookmarks)

More information about the project can be found [here](#) or on our Facebook page <https://www.facebook.com/Speakeasy-1651052668445100/?ref=bookmarks>

<https://www.youtube.com/watch?v=Phntb59xN34>

Faculty of Sexual & Reproductive Healthcare (FSRH) Accredited Competencies:

- Letter of Competence in Intrauterine Techniques (LoC IUT)**
- Letter of Competence in Subdermal Implants (LoC SDI)**

Faculty of Sexual & Reproductive Healthcare (FSRH) accredited competencies

Facilitated by

Tayside Sexual & Reproductive Health Service (Ninewells Hospital and Drumhar Health Centre, Perth) is an accredited training centre supporting clinicians (nurses and doctors) who wish to obtain the Letter of Competence in Intrauterine Techniques (LoC IUT) and/or Letter of Competence in Subdermal Implants (LoC SDI). There are also programmes for removal only (SDI-RO) and insertion only (SDI-IO) if required.

Target Audience

Clinicians who already hold the DFSRH/NDSRH or who have passed the electronic Online Theory Assessment (OTA) of the FSRH who wish to obtain Letters of Competence in IUT and SDI: practice nurses, school nurses, family nurse practitioners, midwives, gynaecology nurses, GPs, GP trainees, obstetricians & gynaecologists and their trainees etc.

Aim

To support practitioners to achieve their Letters of Competence and associated clinical competencies through practice training by faculty registered trainers.

The training involves both theoretical knowledge and practical training. For full information it is advised that you read the Guidance documents and learning outcomes at:

<https://www.fsrh.org/education-and-training/>

Learning Outcomes

- LoC IUT – this programme will enable the learner to hold consultations, provide intrauterine contraception competently, and manage any complications or side-effects that may occur.
- LoC SDI/Loc SDI-RO/LoC SDI-IO – these programmes will enable the learner to provide and/or remove subdermal implants competently, and manage any complications or side-effects that may occur.

The LoC IUT and LoC SDI are awarded to those who successfully achieve the training. A waiting list is in operation for the practical elements of this training and there may be costs associated with this.

For more information on costs and to register an interest please contact

tay.shctraining@nhs.scot

Faculty of Sexual & Reproductive Healthcare (FSRH) Diploma

Facilitated by Tayside Sexual & Reproductive Health Service (Ninewells Hospital and Drumhar Health Centre, Perth)

Target Audience

The FSRH Diploma has been recently redesigned and is directed at doctors, nurses, midwives, pharmacists, physician associates or other healthcare professionals who wish to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings. Entry requirements include: registration with a UK medical professional regulatory body with a licence to practise, ability to administer intramuscular and subcutaneous injections and the ability to perform a speculum examination. Full entry requirements detailed at: <https://www.fsrh.org/education-and-training/diploma--nurse-diploma/#redesigned-diploma-information>

Aim

To provide a flexible and tailored training programme to allow the learner to attain the knowledge, attitude and skills required to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings.

You will be assessed in the following ways to achieve the DFSRH:

1. An online theory assessment (OTA, done on the FSRH website at any stage of the Diploma),
2. Summative clinical assessments (at TSRHS),
3. Independent learning portfolio,
4. An Assessment Half-Day (AHD); delivered by TSRHS or by other SRH services in Scotland and the rest of the UK, ideally towards the end of your training.

Overall learning outcome of the DFSRH

Learning outcomes include knowledge of:

- Basic Anatomy and Physiology
- Health History and Risk Assessment
- Contraceptive Choices
- Emergency Contraception
- Contraception: Managing Side-effects and Complications of Use
- Planning Pregnancy
- Unintended Pregnancy and Abortion
- Early Pregnancy
- Sexually Transmitted Infections (STIs)
- Needs of Specific Groups
- Adult and Child/Young Person Safeguarding
- Psychosexual medicine
- Cervical Screening

It is advisable to [check availability and local waiting times](#) for the Assessment Half-Day and Clinical Assessments before deciding when to embark on DFSRH training.

Training is organised based on local requirements and there are **costs** associated with this.

For more information on costs and to register an interest please contact: **tay.shtraining@nhs.scot**

Further details about the courses can be found at <https://www.fsrh.org/education-and-training/>

E-Learning Modules

Health Scotland Virtual Learning Environment

Free courses on health behaviour change, tackling inequalities and brief interventions amongst others. Available from <http://elearning.healthscotland.com/>

Scottish Drugs Forum Online Learning

Free online courses on Hepatitis C and Treatments, Drug Awareness, Overdose Prevention, Intervention and Naxolone, Bacterial Infections and Drug Use, Recovery Outcomes Tool.

Available from <https://www.sdftraining.org.uk/online-learning>

NHS Education Scotland (NES)

Blood Borne Virus

This NES learning programme provides background information on factors such as transmission, testing, infection progression and treatment regarding selected Blood Borne Viruses. Available from: <https://www.nes.scot.nhs.uk/education-and-training/by-theme-initiative/public-health/health-protection/blood-borne-viruses-and-sexual-health.aspx>

Trauma Informed Care

This NES learning programme offers a National Trauma Training Programme. You can access the key trauma training resources from this programme that are openly available to support all members of the Scottish workforce here: <https://learn.nes.nhs.scot/37896/national-trauma-training-programme>.

Key Trauma Informed (Practice Level 1) resources can be found here:

<https://learn.nes.nhs.scot/37898/national-trauma-training-programme/trauma-informed>

Key Trauma Skilled (Practice Level 2) resources can be found here:

<https://learn.nes.nhs.scot/37899/national-trauma-training-programme/trauma-skilled>

We highly recommend anyone attending our training courses to have completed the relevant modules from the National Trauma Training Programme.

International Network on Hepatitis in Substance Users (INHSU)

Online education and training programs available from <https://www.inhsu.org/education-program/united-kingdom/>

E-Learning for Healthcare (E-LfH)

Programme developed by Health Education England, NHS and professional bodies to educate the health and social care workforce. To access e-LfH programmes, you will require an E-LfH account or an Athens account. Among others, they offer courses in the following subjects:

- *Sexual & Reproductive Health* - available from <https://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/>
- *Sexual Health and HIV* - available from <https://www.e-lfh.org.uk/programmes/sexual-health-and-hiv/>
- *Child Sexual Exploitation* - available from <https://www.e-lfh.org.uk/programmes/child-sexual-exploitation/>
- *Female Genital Mutilation* - available from <https://www.e-lfh.org.uk/programmes/female-genital-mutilation/>
- *Safeguarding of Children and Young People* - available from <https://www.e-lfh.org.uk/programmes/safeguarding-children/>

Appendix 1 - Dates for 2022-2023

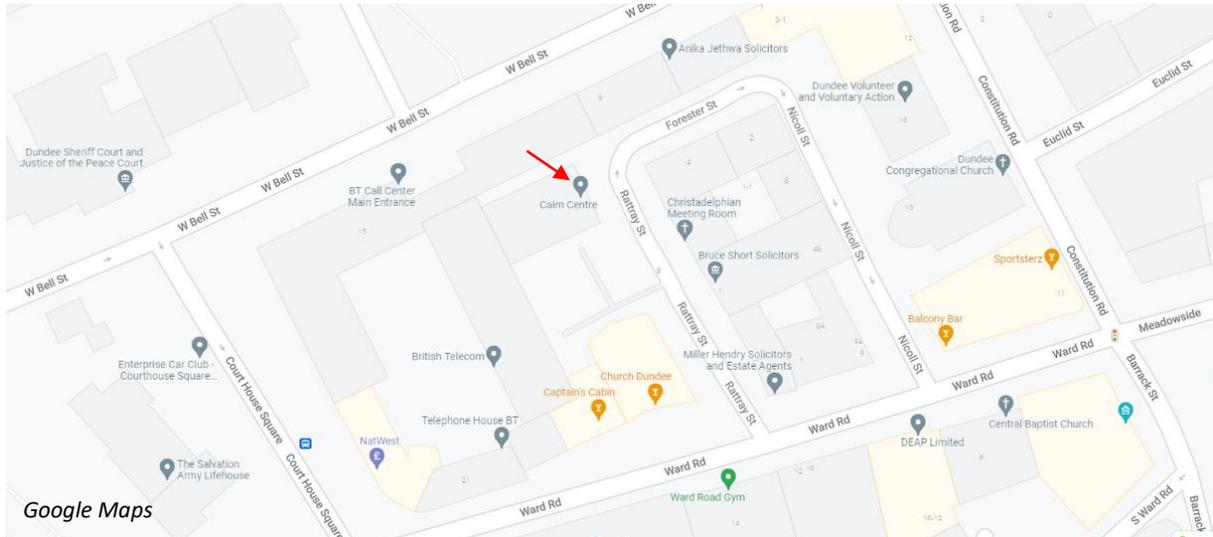
April 2022	May 2022	June 2022
<p>Tuesday 26th 10:00am – 13:00pm Course: Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (online, Microsoft Teams)</p>	<p>Wednesday 4th 13:00pm - 16:00pm Course: Positive Vulnerability? Supporting Young People to Achieve Better Outcomes in Relation to Risk Behaviours (online, Microsoft Teams)</p> <p>Thursday 5th 10:00pm - 15:00pm Course: Addressing the Sexual Health Needs of the LGBT Community (face to face, Seminar room B, Ninewells Hospital Medical School)</p> <p>Friday 6th 10:00am - 14:00pm Course: Resources Day 1 (face to face, Conference Room, Cairn Centre, Dundee)</p> <p>Friday 27th 09:30pm - 12:30pm Course: Young People Online: Sex, Relationships and Technology – An Introduction (online, Microsoft Teams)</p>	<p>Tuesday 21st 10:00am – 13:00pm Course: Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (online, Microsoft Teams)</p> <p>Friday 24th 09:30am – 12:30pm Course: Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices (online, Microsoft Teams)</p>
July 2022	August 2022	September 2022
		<p>Thursday 15th – Friday 16th 10:00am – 16:00 pm Course: Making Choices, Keeping Safe (face to face, Conference Room, Cairn Centre, Dundee)</p> <p>Tuesday 20th 10:00am – 13:00pm Course: Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (online, Microsoft Teams)</p> <p>Friday 30th 10:00am – 16:00pm Course: Assertiveness in Sexual Relationships for people with additional support needs (face to face, seminar rooms A+B, Improvement Academy, Ninewells)</p>

Dates for 2022-2023 (cont)

October 2022	November 2022	December 2022
<p>Friday 28th 09:30am to 12:30pm Course: Young People Online: Sex, Relationships & Technology – An Introduction (online, Microsoft Teams)</p>	<p>Thursday 3th 10:00am – 15:00pm Course: Addressing the Sexual Health Needs of the LGBT Community (face to face, Seminar rooms A+B, Improvement Academy, Ninewells)</p> <p>Friday 18th 09:30am - 12:30pm Course: Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices (online, Microsoft Teams)</p>	<p>Friday 9th 09:30pm - 12:30pm Course: Positive Vulnerability? Supporting Young People to Achieve Better Outcomes in Relation to Risk Behaviours (online, Microsoft Teams)</p>
January 2023	February 2023	March 2023
<p>Tuesday 24th 10:00am - 13:00pm Course: Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start (online, via Microsoft Teams)</p>	<p>Friday 10th 10:00am - 14:00pm Course: Resources Day 2 (face to face, Conference Room, Cairn Centre, Dundee)</p>	

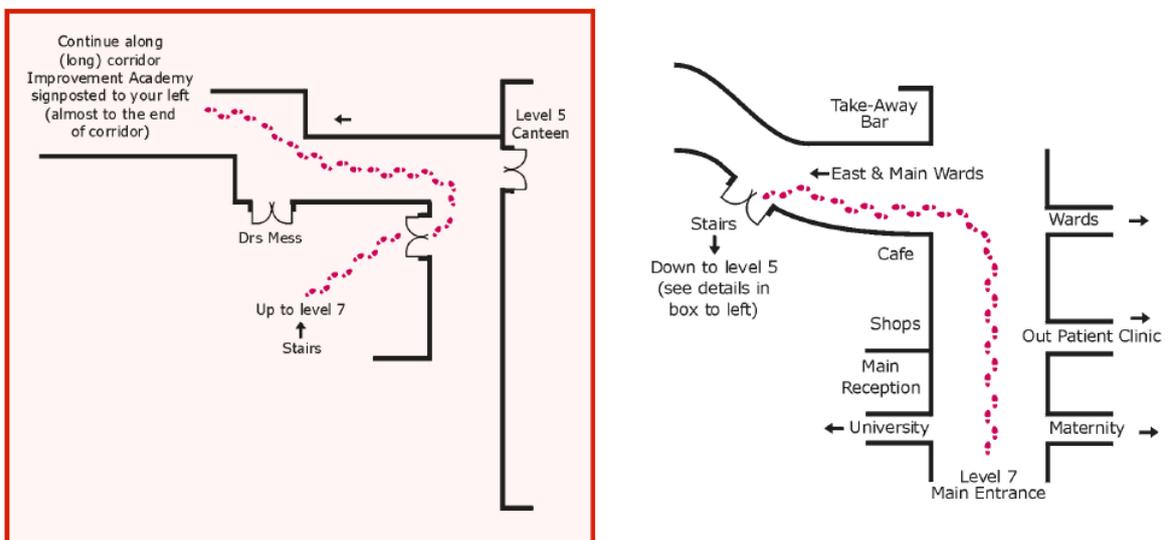
Appendix 2 – Information about venues

The Cairn Centre Conference Room



The Cairn Centre is located on Rattray Street (please see map above), which you can access from Ward Road. There are some pay and display parking spaces outside the centre. North Lindsay Street car park and The Overgate and Bell Street multi-storey car parks are also near. The Conference Room is on the first floor. You will need to sign in at reception.

Seminar Rooms A&B in the Improvement Academy



The Improvement Academy is situated in Ninewells Hospital. You can access it either directly through its main entrance, or internally through the hospital building.

Directly

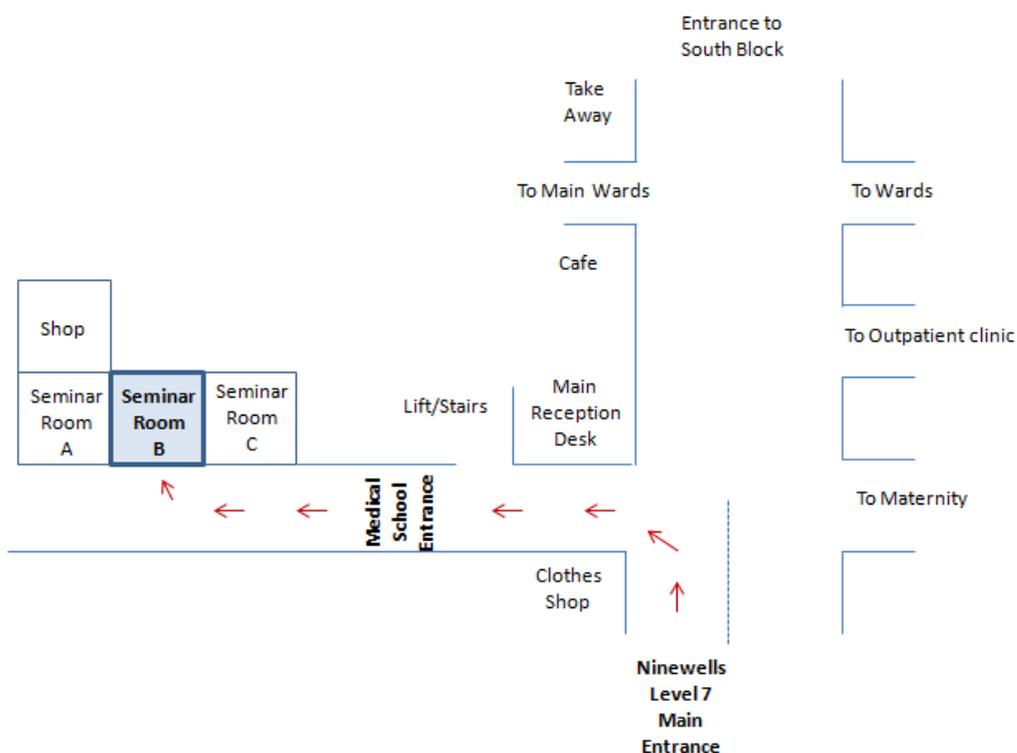
To access the Improvement Academy directly, enter Ninewells Hospital grounds via Ninewells Avenue and take the first road on your left (George Pirie Way) and the second on your right (Patrick Blair Place). Following the signs for the Improvement Academy, continue to the end of the road where you will see the three storey building with a small car park on your left hand side. Car parking is on a first come first served basis. Please remember and sign in at the reception desk if you choose to park at the Improvement Academy.

Through the hospital building

If you arrive to the hospital grounds by car you should enter the main gate in Ninewells Avenue. If you use a SATNAV system, please use the postcode DD2 IUB. The route to the hospital's main entrance is signposted.

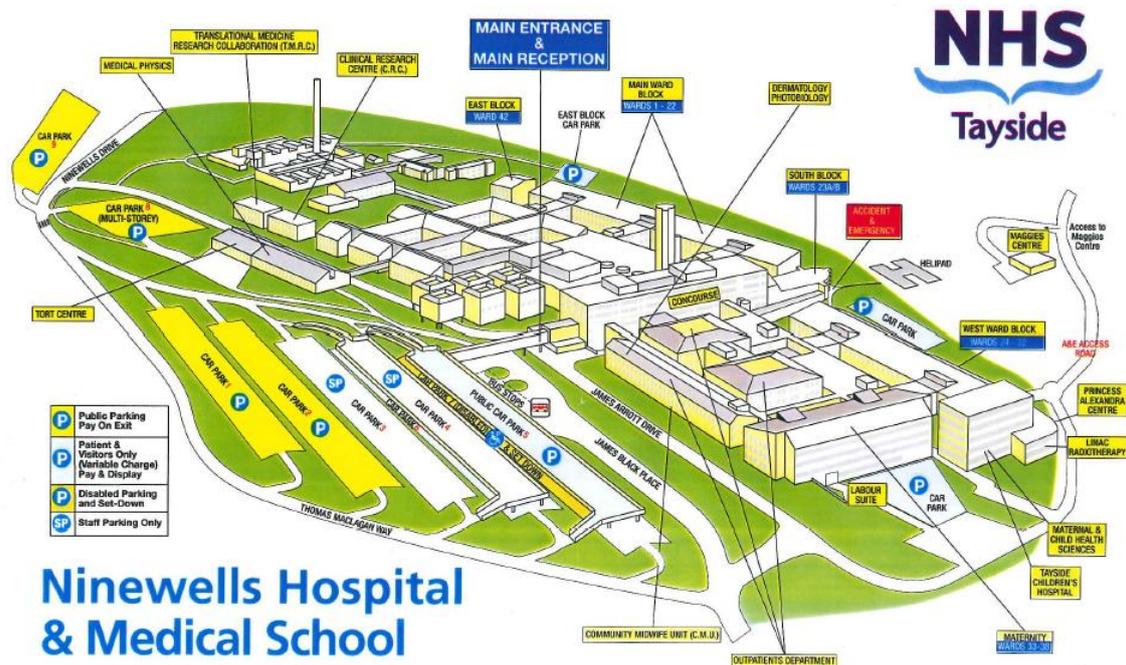
From the main reception desk in Ninewells Hospital follow the signs to ward 42. Go past the entrance to ward 42 and you will find the Improvement Academy a further 12 metres up the corridor on your left hand side.

Seminar Room B in level 7, Ninewells Hospital Medical School



As you walk into the main Ninewells Hospital building through the main entrance, take the first turn to the left past the clothes shop. The entrance to the Medical School is in the corridor that is between the clothes shop and the main Ninewells Hospital Reception Desk. Once you entered the Medical School, follow the corridor and you will find seminar room B on the left.

Visitor Parking at Ninewells Hospital



Besides the car park in the Improvement Academy, you can use some of the hospital's car parks designated for visitors:

- You can use car parks 1, 2, 9, 5, 6 and the multi-storey car park. Please note that car parks 5 and 6 have a four-hour time limit.
- There is designated motor cycle parking located on level 1 of the multi storey car park.
- While car parking is free at Ninewells Hospital at the point of writing this brochure, it is very busy.
- When using short stay car parts, you must display a free "collect and display" parking ticket.
- Disabled parking - Car park 7 is a short stay car park dedicated for disabled patients and visitors. Disabled parking bays can be found close to the entrance to the hospital, beside

the drop-off and pick up areas in car park 7. When using car park 7 you must remember to pick up a free "collect and display" ticket and ensure it is clearly displayed in your vehicle. Please note car park 7 is a short stay car park and therefore subjected to a four-hour time limit.

Catering

Catering is not included with the training. You will have to arrange your own. If the training venue is in Ninewells Hospital, you can purchase food and drinks in the staff canteen on level 5 or in the food outlets available on level 7, close to the main reception area. The Medical School in Ninewells also has a cafe and outlets where you can purchase food and drinks.

The Cairn Centre does not have a cafe, but there are shops nearby where you can purchase food and drinks.