

Sexual & Reproductive Health

This site is NOT intended for public use and is not a replacement for advice from your usual medical, nursing or dental professional.

Please email us at tay.referralguidance@nhs.scot if any feedback/comments.

NHS Tayside Sexual Health external website: <https://www.sexualhealthtayside.org/>

Who we are:

Tayside Sexual and Reproductive Health Services are based at:

Ninewells Hospital, Dundee

Drumhar Health Centre, Perth

Clinical Service Lead – *Dr Graham Leslie*

Senior Charge Nurse – *Alison Stone*

Service description

We are open and currently offering most of our normal services, with the exception of asymptomatic screening for sexually transmitted infections for low risk groups or management of simple genital warts. This is due to our reduced capacity occurring as a result of the COVID-19 pandemic.

Walk in clinics are not currently possible and all patients should either be referred or should arrange an appointment through our triage lines which are open 9-12 Mon-Fri and can be accessed by phoning our departmental line (01382 425542).

Who to refer

Patients can phone triage lines directly to arrange the following without a referral: (01382 425542

Mon to Fri 9am – 12pm)

- Emergency/urgent care as normal (eg. likely pelvic inflammatory disease, epididymitis, post-exposure prophylaxis of HIV and HBV after sexual exposure, genital ulcers with severe symptoms, emergency contraception)
- Patients with symptoms suggestive of STIs other than genital warts
- Straight-forward insertions and removals of contraceptive implants and IUD, IUS where the device is used for contraception
- Asymptomatic contacts of patients with proven STI

- New and continuing pre-exposure prophylaxis (PrEP) for HIV in high risk groups
- Routine asymptomatic sexual health screening for men who have sex with men and trans individuals
- Recent sexual assaults
- Vulnerable individuals who need more routine sexual and reproductive health care (eg. young people, learning difficulties, people who sell sex, people with drug or alcohol addictions)

The following can be referred by a GP or other health professional:

- Sexual problem clinic (previously known as psychosexual clinic)
- Menopause clinic in line with referral criteria from [Tayside Menopause Guidelines](#)
- Complex SRH clinic (difficulties finding suitable contraception, medical contraindications, side-effects, PMS)
- IUS insertion or replacement as part of HRT
- Failed insertions or removals of IUS or IUD
- IUD/IUS replacements with lost threads
- Deep or impalpable implants or failed implant removals
- Complex Genito-Urinary Medicine clinic
- Anogenital warts which are suspicious for dysplasia

Who not to refer

Tayside Sexual and Reproductive Health Services cannot currently offer the following services due to reduced capacity relating to COVID-19:

- Routine sexual health screening in low risk patients (see [Tayside Sexual and Reproductive Health Services Guide for Primary Care](#))
- Management of simple genital warts with no concerns about dysplasia (see [Tayside Sexual and Reproductive Health Services Guide for Primary Care](#))

Tayside Sexual and Reproductive Health Services do not offer the following services:

- Simple menopause care outside of normal referral criteria (see [Tayside Menopause Guideline Reference Guide for Primary Care](#))
- IUD or IUS insertions or problems where the device is not needed for contraception or as part of HRT (refer to gynaecology)

How to refer

- Electronic Referral via SCI-Gateway (preferred) from Primary Care - listed under Genito-urinary medicine

- Letter to department from Secondary Care
- Certain 3rd sector agencies can refer vulnerable patients directly through agreed pathway

Alternatives to referral

- Advice can be sought via the **advice request** function on SCI Gateway from primary care (preferred).
- Alternatively, **email** advice is offered through our departmental email which is checked a minimum of every 3 working days: Tay.TSRH@nhs.scot
- Routine **telephone** advice is available. Please contact the departmental telephone line for this (01382 425542).
- If you need **urgent advice** from the consultant on call, please contact the on call telephone line or advise reception staff via the departmental telephone line (01382 425542)

Useful resources and primary care guidance

Further information and up-to-date guidance can be found on the NHS Tayside Sexual Health & Blood Borne Viruses external website: <https://www.sexualhealthtayside.org/>