

Sexual Health and Blood Borne Virus Training Programme



April 2020 - March 2021



SH&BBV
TAYSIDE

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Dates for 2020-2021

<p>April 2020</p> <p>Friday 24 10:00am - 13:45pm Course: Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start.</p> <p>Wednesday 29 09:30am - 16:00pm Course: Blood Borne Virus (BBV) Training for Staff Working With People Who Use Drugs</p>	<p>May 2020</p> <p>Friday 29 11:00am - 16:00pm Course: Addressing the Sexual Health Needs of the LGBT Community</p>	<p>June 2020</p> <p>Monday 15 09:30am – 16:00pm Course: Blood Borne Virus (BBV) Training for Staff Working With People Who Use Drugs</p> <p>Friday 19 10:00am – 15:30pm Course: Introduction to Sexual Health</p>
<p>July 2020</p>	<p>August 2020</p> <p>Friday 21 09:30am – 17:00pm Course: Young People Online: Sex, Relationships and Technology Training</p> <p>Friday 28 10:00am – 16:00pm Course: Assertiveness in Sexual Relationships for People With Additional Support Needs <i>*Training to be delivered in the Board Room, Kings Cross Hospital</i></p>	<p>September 2020</p> <p>Friday 4 09:30am – 13:30pm Course: Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices</p> <p>Tuesday 15 10:00am – 13:45pm Course: Conversations and Condoms: It's Not All About Condoms but It's a Good Place to Start</p>
<p>October 2020</p> <p>Thursday 1 to Friday 2 Time: 10:00am to 16:00pm Course: Sex, Drugs and Vulnerable Young People (2-day course)</p>	<p>November 2020</p> <p>Wednesday 4 09:30am – 16:00pm Course: Blood Borne Virus (BBV) Training for Staff Working With People Who Use Drugs</p> <p>Thursday 19 11:00am - 16:00pm Course: Addressing the Sexual Health Needs of the LGBT Community</p> <p>Friday 27 10:00am to 15:30pm Course: Introduction to Sexual Health</p>	<p>December 2020</p>
<p>January 2021</p> <p>Thursday 28 09:30am - 13:30pm Course: Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices</p>	<p>February 2021</p> <p>Wednesday 17 to Thursday 18 Time: 10:00am to 16:00pm Course: Sex, Drugs and Vulnerable Young People (2-day course)</p>	<p>March 2021</p> <p>Friday 12 09:30am – 17:00pm Course: Young People Online: Sex, Relationships and Technology Training</p>

Please note that unless otherwise stated*, training sessions will be delivered in the **Seminar Room, Conference Centre, Kings Cross Hospital, Clepington Road, Dundee, DD3 8EA**

Introduction

The SHBBV Managed Care Network delivers training throughout the year with the aim to develop a **confident & competent workforce**. This training is available for clinical & non-clinical professionals across all agencies and where appropriate, volunteers, other members of the public & specific groups as detailed in the training course descriptions.

WORKING PRINCIPLES

All training will be:

- undertaken by skilled and confident trainers
- based on the best epidemiological and research evidence available
- evaluated and updated accordingly
- demonstrate gender sensitive practice
- address inequalities
- multi-faceted and delivered through appropriate partnership working arrangements

Outcome Indicators

All training links to the undernoted Outcome Indicators from the Scottish Government Sexual Health & Blood Borne Virus Framework (2015-2020 update):

1. Fewer sexually transmitted infections; fewer unintended pregnancies
2. A reduction in the health inequalities gap in sexual health
3. People affected by blood borne viruses lead longer, healthier lives
4. Sexual relationships are free from coercion and harm
5. A society and culture whereby the attitudes of individuals, the public, professionals and the media in Scotland towards HIV are positive, non-stigmatising and supportive

Participant Information

Places are limited so **please book early** to avoid disappointment.

You will receive confirmation of your place by **email**. If you do not receive confirmation within 24 hours please contact us bbvmcn.tayside@nhs.net to advise and a confirmation will be sent to you.

If you receive confirmation and are no longer able to attend **please notify us immediately** so that your place can be re-allocated.

How to Book

Please go to <https://www.sexualhealthtayside.org/professionals/training/> to book individual training

For targeted training please book via the contact details specified within the training description.

Bespoke Training

We are aware that departments/organisations are all under time pressure and find it increasingly difficult to release staff for training.

If you have a large group of staff who cannot attend scheduled sessions, we can consider bespoke training to meet the specific needs of your department.

Contact us at: bbvmcn.tayside@nhs.net

Learnpro

NHS Tayside provides a range of mandatory and topic specific eLearning modules for NHS Staff only.

Mandatory modules for NHS staff include Equality & Diversity and Gender Based Violence both of which are relevant to this training programme

Link to [Learnpro](#)

Training Available

Addressing the Sexual Health Needs of the LGBT Community

Co-Facilitated by: LGBT Youth Scotland, Terrence Higgins Trust Scotland and SH & BBV MCN

Course Assessment: Post course evaluation

Target Group: All practitioners whose services support LGBT people

Minimum Number of Participants: 10

Aim: To increase awareness of practitioners to the issues faced by the LGBT Community when accessing health and social care services and how to support their needs. This training will also highlight best practice examples from across Scotland, using current resources and toolkits.

Learning Outcomes

- To enable good practice and support for LGBT communities and their families
- Increased confidence working with the LGBT community to support and promote their sexual health, emotional health and wellbeing
- Increased knowledge of risk taking behaviour
- Increased understanding of the barriers faced by the LGBT community accessing services and how their experiences of discrimination may lead to increased need for support
- Highlight the effect that stigma can have on LGBT community looking to access services

To reserve a place on this course please [click here](#)

Assertiveness in Sexual Relationships for People With Additional Support Needs

Facilitated by: The Training Co-operative and Sexual Health & BBV MCN

Course Assessment: Post course evaluation

Target Group: Nurses, social workers, teachers and support staff working with people with additional support needs (ASN).

Minimum Number of Participants: 10

Aim: To give staff an awareness of assertiveness skills which can be developed with people with additional support needs.

Learning Outcomes:

- Increased awareness of the needs of people with ASN to develop assertiveness skills
- Increased knowledge of assertiveness skills in relation to sexual and reproductive health
- Gain skills and awareness in addressing issues of assertiveness for people with ASN
- Become familiar with the Tayside Assertiveness Pack

To reserve a place on this course [click here](#)

Conversations and Condoms: It's Not All About Condoms, but It's a Good Place to Start

Facilitated by: Sexual Health & BBV MCN with The Corner

Course Assessment: Pre & post evaluation

Target Group: Anyone who is currently working with young people aged 13 to 25, with an interest in increasing engagement around sexual health and other risk taking behaviours. The course is open to all community, health, social work, criminal justice, housing and third sector professionals, wishing to improve their skills and knowledge on condom provision and sexual health and relationship support. Organisations wishing to become part of the condom distribution scheme for young people should also attend this session.

Minimum Number of Participants: 10

Aim: This training will enable you to confidently and competently provide condoms and sexual health and relationship support in a safe, confidential environment.

Learning Outcomes:

- Increased understanding of the nature of 'sexual health'
- Provide a safe and supportive environment for young people to access informal sexual health support
- Feel more confident supporting young people to make informed choices about their sexual health
- Know how to demonstrate effective condom use
- Become familiar with the Condom Distribution Scheme for Young people

To reserve a place on this course please [click here](#)

Blood Borne Virus (BBV) Training for Staff Working With People Who Use Drugs

Facilitated by Scottish Drugs Forum

Course Assessment: Post course evaluation

Target Group: All professionals wanting to increase their knowledge around blood borne viruses and in particular those who work with people who use drugs

Minimum Number of Participants: 10

Aim: To increase workers' understanding and knowledge of key issues related to blood borne viruses – (Hepatitis B, Hepatitis C and HIV) with a particular emphasis on risks associated with drug use, harm reduction, injecting equipment provision and sex.

Learning Outcomes

By the end of this course participants will be able to:

- Competently and confidently engage with service users and professionals on issues around BBVs
- Recall transmission routes and prevention strategies of the different BBVs
- Understand the public health priorities for each of the three BBVs for people who use drugs
- List key resources and services available to support those affected by BBVs

To reserve a place on this course please [click here](#)

Sex, Drugs and Vulnerable Young People (2-Day Course)

Facilitated by: Scottish Drugs Forum

Target Group: For staff working with vulnerable young people to increase their knowledge around sexual health and substance use

Minimum Number of Participants: 10

Aim: To equip workers with the knowledge, skills and confidence to support young people around sexual and reproductive health and drug use

Learning Outcomes

By the end of this course participants will be able to:

- Identify vulnerabilities regarding drug use and sexual health
- Recall what the law says with regards to sexual and reproductive health
- Describe the impact of drug use on sexual and reproductive health
- State basic information on contraception and sexually transmitted infections
- Understand the challenges faced by young people around sexual orientation and gender identity
- Challenge perceptions and beliefs around sexual and reproductive health and drug use

To reserve a place on this course please [click here](#)

Introduction to Sexual Health

Facilitated by: Sexual Health & BBV MCN

Course Assessment: Post evaluation

Target Group: For clinical and non clinical staff who are working with individuals or groups and who have an interest in sexual health & wellbeing and who are looking to promote the health of their client group

Minimum Number of Participants: 10

Aim: This training will provide you with an introductory level of knowledge around Sexual & Reproductive Health, enabling participants to show confidence and competence in discussions with their client group regarding sexual health.

Learning Outcomes:

- Engage in general discussions regarding sexual health & wellbeing with their client group
- Recognise the links between local and national statistics and current personal/professional experience
- Give examples of types of contraception and identify the pros and cons
- Relate the learning from today to daily practice, particularly with regards to identifying possible sexually transmitted infections
- Describe referral routes for testing and treatment

To reserve a place on this course please [click here](#)

Healthy Relationships, Consent and the Law: Supporting Young People to Make Positive Choices

Facilitated by: Sexual Health & BBV MCN

Course Assessment: Post course evaluation

Target Group: Professionals working with young people

Minimum Number of Participants: 10

Aims:

- To introduce the Scottish Government resource: "Key Messages for Young People on Healthy Relationships and Consent"
- To highlight how this document can be used to enhance practice with young people

Learning Outcomes:

On completing the training participants will:

- Have increased knowledge and comprehension on consent, the law and healthy relationships
- Have increased knowledge of key messages that support young people to have positive healthy relationships and will be able to identify opportunities to apply this to practice
- Have explored young people's experiences around consent, the law and healthy relationships and gained confidence in applying this knowledge to practice

To reserve a place on this course please [click here](#)

Young People Online: Sex, Relationships and Technology Training

Facilitated by: Sexual Health & BBV MCN

Course Assessment: Post evaluation

Target Group: Professionals working with young people

Minimum Number of Participants: 10

Aim: Raise awareness of pornography and technology as it relates to young people, sexual health and relationships

Learning Outcomes:

- Build confidence in communicating with young people around all aspects of sexual health and relationships by encouraging an open and honest discourse around young people's sexual behaviour and influences
- Ensure those who attend the training are equipped to answer questions from young people around sexual health, pornography and technology.

To reserve a place on this course [click here](#)

Targeted Training

Speakeasy Parenting Programme Training

Facilitated by: Speakeasy Coordinator, Sexual Health & BBV MCN

Course Assessment: Post course evaluation

Target Group: Professionals who currently work with parents and carers

Minimum Number of Participants: 15

Aim: To train individuals who will deliver the Speakeasy Parenting Programme in the community for parents & carers on speaking to children growing up, relationships and sexual health. There must be a commitment to delivering one 8-week programme per year with support from SH & BBV MCN*

Learning Outcomes:

- By the end of this course Facilitators will have confidence & competence to deliver a minimum of one Speakeasy Programme per year.

If you would like further information, please contact lmckerrecher@nhs.net **Tel 07920503897**

*Participants should seek permission from their manager prior to attendance

Speakeasy Course for Parents and Carers

Facilitated by: Speakeasy Facilitators

Course Assessment: N/A

Target Group: Parents and Carers

Minimum Number of Participants: 6

Aim: To help parents and carers of children of any age to tackle the complex and often difficult issues of growing up, sex and relationships. The course provides information, resources and support to enable them to confidently take on the role of educators in their home.

Learning Outcomes:

- By the end of the programme participants will have the skills, knowledge and confidence to support their children around various aspects of growing up in an age appropriate way

If you would like to find out more about the Speakeasy project please contact **Linzi McKerrecher (Speakeasy Co-ordinator) on** lmckerrecher@nhs.net **or on 07920 503897.**

More information about the project can be found **HERE** or on our Facebook page

<https://www.facebook.com/Speakeasy-1651052668445100/?ref=bookmarks>

<https://www.youtube.com/watch?v=Phntb59xN34>

Making Choices, Keeping Safe

Facilitated by: Sexual Health & BBV MCN

Course Assessment: Post course evaluation

Target Group: Nurses, social workers, teachers, support staff working with people with additional support needs, as well as parents and carers.

Minimum Number of Participants: 12

Aim: This course, delivered over 2 x 2 days, will increase your knowledge and skills around the issues covered in Tayside's Making Choices Keep Safe: guidelines for those caring for people with learning disabilities on relationships and sexual wellbeing.

Learning Outcomes:

- Gain skills and awareness in addressing issues of sexuality
- Address values and attitudes and the impact these have on work
- Increase knowledge of rights, legislation and policy issues
- Understand group work with people with additional support needs
- Highlight key content areas for sex and relationship work with people with additional support needs
- Gain awareness of sources of help

If you would like more information please contact: Allison.stewart@nhs.net Tel: 01382 424054

Faculty of Sexual & Reproductive Healthcare (FSRH) Accredited Competencies:

- Letter of Competence in Intrauterine Techniques (LoC IUT)
- Letter of Competence in Subdermal Implants (LoC SDI)

Faculty of Sexual & Reproductive Healthcare (FSRH) accredited competencies

Facilitated by:

Tayside Sexual & Reproductive Health Service (Ninewells Hospital and Drumhar Health Centre, Perth) is an accredited training centre supporting clinicians (nurses and doctors) who wish to obtain the Letter of Competence in Intrauterine Techniques (LoC IUT) and/or Letter of Competence in Subdermal Implants (LoC SDI).

Target Group

Clinicians who already hold the DFSRH/NDSRH or who have passed the electronic knowledge assessment (eKA) of the FSRH who wish to obtain Letters of Competence in IUT and SDI: practice nurses, school nurses, midwives, gynaecology nurses, GPs, obstetricians & gynaecologists and their trainees etc.

Aim:

To support practitioners to achieve their Letters of Competence and associated clinical competencies through practice training by faculty registered trainers.

Learning Outcomes:

- LoC IUT – to equip the learner with evidence based knowledge, attitude and skills required to counsel about and provide appropriately intrauterine methods and manage complications and side effects.
- LoC SDI –to equip the learner with evidence based knowledge, attitudes and skills required to counsel about, provide and remove appropriately a subdermal contraceptive implant and manage complications and side effects.

The LoC IUT and LoC SDI are awarded to those who successfully achieve the training. Training is organised based on local requirements and there might be a waiting time and **costs** associated with this. Currently, Bayer HealthCare funds the practical aspect of the LoC IUT training.

For more information on costs and to register and interest please contact shtraining.tayside@nhs.net

Further details about the courses can be found at <https://www.fsrh.org/education-and-training/>

Faculty of Sexual & Reproductive Healthcare (FSRH) Diploma

Faculty of Sexual & Reproductive Healthcare (FSRH) accredited Diploma

Facilitated by: Tayside Sexual & Reproductive Health Service (Ninewells Hospital and Drumhar Health Centre, Perth)

Target Group: There is a new Diploma launching in Spring 2020 which is directed to doctors, nurses, midwives, pharmacists, physician associates or other healthcare professionals who wish to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings. The new FSRH Diploma will be open to healthcare professionals registered and licensed to practice with an FSRH recognised UK Professional regulatory body.

Aim (of the clinical assessment at TSRHS): To support practitioners to achieve their DFSRH and associated clinical competencies through practical training and assessment at Tayside Sexual & Reproductive Health Service (TSRHS) or by GP faculty registered trainers. The new FSRH Diploma will offer candidates clearer learning pathways and outcomes, alongside interactive content with a learning management system. Candidates will also have access to a range of resources to support their learning style.

The New Diploma offers the following benefits:

- **Flexibility:** Choose your Diploma components in the order to suit you.
- **Interactive learning, easily accessible.** A new, improved online learning experience through a learning management system. You will be able to log-on and access content online easily accessible at a time convenient to you.
- **Mentor and peer support.** Gain tailored advice from your Faculty Registered Trainer, alongside access to a community of peers
- **A range of resources to support your learning.**

Overall learning Outcome of the DFSRH:

To attain the knowledge, attitude and skills required to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings.

You will be assessed in the following ways to achieve the DFSRH:

1. An online knowledge assessment (eKA, done on the FSRH website at any stage of the Diploma),
2. Summative clinical assessments (at TSRHS),
3. Independent learning portfolio,
4. An Assessment Half-Day (delivered by TSRHS or by other SRH services in Scotland and the rest of the UK).

It is advisable to [check availability and local waiting times](#) for the Assessment Half-Day and Clinical Assessments before deciding when to embark on DFSRH training.

Training is organised based on local requirements and there are **costs** associated with this.

For more information on costs and to register an interest please contact: shtraining.tayside@nhs.net

Further details about the courses can be found at <https://www.fsrh.org/education-and-training/>

E-Learning Modules

Health Scotland Virtual Learning Environment

Free courses on health behaviour change, tackling inequalities and brief interventions amongst others. Available from <http://elearning.healthscotland.com/>

Scottish Drugs Forum Online Learning

Free online courses on Hepatitis C and Treatments, Drug Awareness, Overdose Prevention, Intervention and Naloxone, Bacterial Infections and Drug Use, Recovery Outcomes Tool.

Available from <https://www.sdftraining.org.uk/online-learning>

NHS Education Scotland (NES)

This NES learning programme provides background information on factors such as transmission, testing, infection progression and treatment regarding selected Blood Borne Viruses.

Available from: <https://www.nes.scot.nhs.uk/education-and-training/by-theme-initiative/public-health/health-protection/blood-borne-viruses-and-sexual-health.aspx>

International Network on Hepatitis in Substance Users (INHSU)

Online education and training programs available from <https://www.inhsu.org/education-program/united-kingdom/>

E-Learning for Healthcare (E-LfH)

Programme developed by Health Education England, NHS and professional bodies to educate the health and social care workforce. To access e-LfH programmes, you will require an E-LfH account or an Athens account. Among others, they offer courses in the following subjects:

- *Sexual & Reproductive Health* - available from <https://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/>
- *Sexual Health and HIV* - available from <https://www.e-lfh.org.uk/programmes/sexual-health-and-hiv/>
- *Child Sexual Exploitation* - available from <https://www.e-lfh.org.uk/programmes/child-sexual-exploitation/>
- *Female Genital Mutilation* - available from <https://www.e-lfh.org.uk/programmes/female-genital-mutilation/>
- *Safeguarding of Children and Young People* - available from <https://www.e-lfh.org.uk/programmes/safeguarding-children/>