

NHS Tayside Pathway for Complex Subdermal Contraceptive Implants (SDI) (Nexplanon®)

For deep, impalpable or broken implants (SDIs) which are due to be removed or replaced, cause local symptoms and/or Primary Care staff failed to remove (completely):

Please refer to the Tayside Sexual & Reproductive Health Service (TSRHS) at Ninewells Hospital (South Block, Level 7, Dundee DD1 9SY) electronically via TrakCare (RMS). There is no need to request an arm USS or Xray before the appointment. These implants are not suitable to be booked online.

For deep or impalpable implants (SDIs) which do not need to be removed or replaced:

Please ask the patient to call our Central Telephone Line (01382 42 55 42, Mo- Fri 9- 12) to arrange an appointment at one of the Tayside Sexual & Reproductive Health Service (TSRHS) clinics to locate the implant. TSRHS staff will then refer patient internally to senior SRH staff if they are unable to palpate the implant clearly or suspect a subfascial/intramuscular implant (which should be removed).

Please advise patients to use an alternative method of contraception if their implant cannot be palpated clearly due to the possibility of the implant not being inserted or being expelled.

Tayside Sexual Health & Reproductive Health Service Clinics

Dundee

Tayside Sexual & Reproductive Health Service
Ninewells Hospital
South Block, Level 7

Perth

Drumhar Health Centre

Central telephone line: 01382 42 55 42 (Mon- Fri, 9- 12)

Website: www.sexualhealthtayside.org

For any queries, please contact Dr Heike Gleser, consultant in Sexual & Reproductive Health: heikegleser@nhs.net

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