Sexual Health and Blood Borne Virus Training Programme

April 2019 - March 2020
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<tr>
<td><strong>26th April</strong>: 9.15am-1.00pm</td>
<td><strong>20th May</strong>: 9.15am-4.30pm Addressing the Sexual Health Needs of LGBT Community</td>
<td><strong>3rd June</strong>: 9.15am-1.00pm Condom Distribution Scheme for Young People</td>
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<tr>
<td>Condom Distribution Scheme for Young People</td>
<td>Committee Room 2, Level 10, Ninewells Hospital, Dundee</td>
<td>Committee Room 2, Level 10, Ninewells Hospital, Dundee</td>
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<tr>
<td>Seminar Room 4, Perth Royal Infirmary, Perth</td>
<td>Room C, Improvement Academy, Ninewells</td>
<td>10th June: 10:00am-3:30pm Introduction to Sexual and Reproductive Health</td>
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<td>Room D, Improvement Academy, Ninewells</td>
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<th>July 2019</th>
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<tr>
<td><strong>5th August</strong>: 10am-3:30pm Safe Relationships and the law on sex for the under 16s</td>
<td><strong>5th &amp; 6th September</strong>: 9.30am-4.30pm Sexual Health, BBV &amp; Harm Reduction 2 day training for staff working with Vulnerable Young People</td>
<td><strong>7th November</strong>: 10.00am-4.00pm Sex, Drugs &amp; BBV</td>
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<tr>
<td>Room A, Improvement Academy, Ninewells, Dundee</td>
<td>Seminar Room 4 and Board Room Perth Royal Infirmary</td>
<td>Seminar Room 4, Perth Royal Infirmary</td>
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<tr>
<td><strong>15th &amp; 16th August</strong>: 9:30-4.30pm Sexual Health, BBV &amp; Harm Reduction 2 Day Training for Staff Working with Vulnerable Young People</td>
<td><strong>7th November</strong>: 10.00am-4.00 pm</td>
<td>5th December: 10.00am-4.00 pm</td>
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<tr>
<td>Room A, Improvement Academy, Ninewells, Dundee</td>
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<td>Sex, Drugs &amp; BBV</td>
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<tr>
<td><strong>2nd &amp; 3rd October</strong>: 9.30am-4.30pm Sexual Health, BBV &amp; Harm Reduction 2 Day Training for Staff Working with Vulnerable Young People</td>
<td><strong>7th November</strong>: 10.00am-4.00pm</td>
<td><strong>5th December</strong>: 10.00am-4.00pm</td>
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<tr>
<td>Room C, Improvement Academy, Ninewells, Dundee</td>
<td>Sex, Drugs &amp; BBV</td>
<td>Sex Drugs &amp; BBV</td>
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<tr>
<td><strong>25th October</strong>: 9.30am-5.00pm Young People Online: Pornography, Sex and Relationships</td>
<td>Seminar Room 4, Perth Royal Infirmary</td>
<td>Room C, Improvement Academy, Ninewells, Dundee</td>
</tr>
<tr>
<td>Rooms 10/11, Perth &amp; Kinross Council, Pullar House, Perth</td>
<td><strong>22 November</strong>: 10am-4pm Assertiveness training for professionals working with clients with additional support needs/sexuality</td>
<td>6th December: 10:00am-3:30pm Introduction to Sexual and Reproductive Health</td>
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<td>Seminar Room, Kings Cross, Dundee</td>
<td>Room A, Improvement Academy, Ninewells, Dundee</td>
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<td></td>
<td><strong>27th November</strong>: 9.30am-5.00pm Young People Online, Pornography, Sex and Relationships</td>
<td><strong>16th December</strong>: 9.15am–4.30pm Addressing the Sexual Health Needs of LGBT Community</td>
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<td>Room A, Improvement Academy, Ninewells, Dundee</td>
<td>Room A, Improvement Academy, Ninewells, Dundee</td>
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<th>January 2020</th>
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<tr>
<td><strong>7th February</strong>: 9.30am-5.00pm Young People Online, Pornography Sex and Relationships</td>
<td><strong>7th February</strong>: 9.30am-5.00pm</td>
<td><strong>16th December</strong>: 9.15am–4.30pm Addressing the Sexual Health Needs of LGBT Community</td>
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<tr>
<td>Lintrathen Room, Whitehills Health &amp; Community Care Centre, Forfar</td>
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## How to Book

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### Training Available:

- Addressing the Sexual Health Needs of LGBT Community 6
- Condom Distribution Scheme for Young People 6
- Sex Drugs & BBV (1day) 7
- Sex Drugs & BBV (2 day) 7
- Introduction to Sexual & Reproductive Health 8
- Safe Relationships & The Law on Sex for the Under 16s 8
- Young People Online: Sex, Relationships & Technology 9

### Targeted Training:

- Speakeasy 10
- Making Choices, Keeping Safe 11
- Assertiveness training for professionals working with ASN 11
- Tayside Sexual & Reproductive Health Update Day 12
- Faculty of Sexual & Reproductive Health – Courses 13
- Faculty of Sexual & Reproductive Health – Diploma 14

### E-Learning Modules

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Introduction

The SHBBV Managed Care Network delivers training throughout the year with the aim to develop a confident & competent workforce. This training is available for clinical & non-clinical professionals across all agencies and where appropriate volunteers, other members of the public & specific groups as detailed in the training course descriptions.

WORKING PRINCIPLES

All training will be:

- undertaken by skilled and confident trainers
- based on the best epidemiological and research evidence available
- evaluated and updated accordingly
- demonstrate gender sensitive practice
- address inequalities
- multi-faceted and delivered through appropriate partnership working arrangements

Outcome Indicators

All training links to the undernoted Outcome Indicators from the Scottish Government Sexual Health & Blood Borne Virus Framework (2015-2020 update)

1. Fewer sexually transmitted infections; fewer unintended pregnancies
2. A reduction in the health inequalities gap in sexual health
3. People affected by blood borne viruses lead longer, healthier lives
4. Sexual relationships are free from coercion and harm
5. A society and culture whereby the attitudes of individuals, the public, professionals and the media in Scotland towards HIV are positive, non-stigmatising and supportive

Participant Information

Places are limited so please book early to avoid disappointment.

You will receive confirmation of your place by email.

If you receive confirmation and are no longer able to attend please notify us immediately so that your place can be re-allocated

All participants require Line Management permission to attend training
How to book

Please go to https://www.sexualhealthtayside.org/professionals/training/ to book individual training

For targeted training please book via the contact details specified within the training description.

Bespoke Training

We are aware that departments/organisations are all under time pressure and find it increasingly difficult to release staff for training.

If you have a large group of staff who cannot attend scheduled sessions, we can consider bespoke training to meet the specific needs of your department.

Contact us at: Tay-UHB.srhtraining@nhs.net

Learnpro

NHS Tayside provides a range of mandatory and topic specific eLearning modules for NHS Staff.

Mandatory modules for NHS staff include Equality & Diversity and Gender Based Violence both of which are relevant to this training programme.

Link to Learnpro
Addressing the Sexual Health Needs of the LGBT Community

Co-Facilitated by: LGBT Youth Scotland, Terrence Higgins Trust Scotland and SH & BBV MCN

Course Assessment: Post course evaluation

Target Group: All practitioners whose services support LGBT people

Minimum No of Participants: 15

Aim: To increase awareness of practitioners to the issues faced by the LGBT Community when assessing (sexual) healthcare and how to support their needs. This training will also highlight best practice examples from across Scotland, using current resources and toolkits.

Learning Outcomes:

- Increased confidence working with the LGBT community to support and promote their sexual health, emotional health and wellbeing
- To enable good practice and support for LGBT communities and their families
- Increased knowledge of risk taking behaviour
- Increased understanding of the barriers faced by the LGBT community accessing health services. How their experiences of discrimination may lead to increased need for additional support
- Highlight the effect that stigma can have on LGBT community looking to access services

To reserve a place on this course please click here

Condom Distribution Scheme for Young People

Facilitated by: Sexual Health & BBV MCN

Course Assessment: Pre & post evaluation

Target Group: Organisations wishing to become part of the condom distribution scheme for young people. Professionals wishing to improve their skills and knowledge on condom provision and sexual health and relationship support

Minimum No of Participants: 10

Aim: This training will enable you to be confident and competent to provide condoms & sexual health and relationships support in a safe and confidential environment.

Learning Outcomes:

- Increased knowledge around consent, confidentiality and child protection
- Increased competence in providing a safe confidential space for young people to access support for sexual health and related issues
- Be competent in using risk assessment guideline and tools
- Know how to signpost to services
- Become familiar with the ordering and “CCardApp” unlocking procedures

To reserve a place on this course please click here
Sex Drugs & BBV Training (1 day course) for staff working with people who use drugs

Co-Facilitated by SDF, Sexual Health & BBV MCN

Course Assessment: Post course evaluation

Target Group: All professionals wanting to increase their knowledge around Sexual Health and Substance Use and in particular those people who work with people who use drugs

Minimum No of Participants: 15

Aim: To increase workers’ understanding and knowledge of key issues related to blood borne viruses (BBVs) with a particular emphasis on risks associated with drug use and sexual and reproductive health

Learning Outcomes
By the end of this course participants will be able to:

• Competently and confidently engage with service users and professionals on issues around BBVs
• Recall transmission routes of the different BBVs
• Describe harm reduction strategies
• Analyse why people take risks around BBVs
• Recognise the benefits of early BBV diagnosis and accessing treatment
• Explore attitudes to those living with BBVs
• Recall effective interventions and techniques for working with people who may be living with or at risk of contracting a BBV

To reserve a place on this course please click here

Sex Drugs & BBV Training (2 day course) for staff working with vulnerable young people

Co-Facilitated by SDF, Sexual Health & BBV

Target Group: For staff working with vulnerable young people to increase their knowledge around Sexual Health and Substance Use

Minimum No of Participants: 15

Aim of the training:
To equip workers with the knowledge, skills and confidence to support young people around sexual and reproductive health and drug use

Learning Outcomes
By the end of this course participants will be able to:

• Identify vulnerabilities regarding drug use and sexual health
• Recall what the law says with regards to sexual and reproductive health
• Describe the impact of drug use on sexual and reproductive health
• State basic information on contraception and sexually transmitted infections
• Understand the challenges faced by young people around sexual orientation and gender identity
• Challenge perceptions and beliefs around sexual and reproductive health and drug use

To reserve a place on this course please click here
**Introduction to Sexual & Reproductive Health**

**Facilitated by:** Sexual Health & BBV MCN

**Course Assessment:** Post evaluation

**Target Group:** For clinical and non clinical staff who are working with individuals or groups and who have an interest in sexual health & wellbeing and who are looking to promote the health of their client group

**Minimum No of Participants:** 15

**Aim:** This training will provide you with an introductory level of knowledge around Sexual & Reproductive Health

**Learning Outcomes:**

- How to raise issues of sexual health & wellbeing
- Have an increased awareness of both the local and national sexual health & wellbeing issues
- Increase awareness of the range of contraception currently available
- Be aware of sexually transmitted infection signs and symptoms, how they are transmitted, prevented and understand the principles of treatments.
- Have a basic understanding of referral routes for testing and treatment

To reserve a place on this course please [click here](#)

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**Safe Relationships & the Law on Sex for the Under 16s**

**Facilitated by:** Scottish Child Law Centre (SCLC)

**Course Assessment:** Post course evaluation

**Target Group:** Professionals

**Minimum No of Participants:** 14

**Aim:** To explore the law in relation to underage sexual activity and clarify the context relating to the law and the perspective and practice of professionals.

**Learning Outcomes:**

By the end of this course participants will have:

- Basic understanding of Scottish Law as it applies to sexual activity, young people and vulnerable adults
- Increased confidence and knowledge around current issues relating to underage sexual activity
- Understanding of report mechanisms and help and support available

To reserve a place on this course please [click here](#)
Young People Online: Pornography, Sex and Relationships

Facilitated by: R.J. Training & Sexual Health & BBV MCN

Course Assessment: Post evaluation

Target Group: Professionals working with young people

Minimum No of Participants: 15

Aim: Raise awareness of pornography and technology as it relates to young people, sexual health and relationships

Learning Outcomes:

- Build confidence in communicating with young people around all aspects of sexual health and relationships by encouraging an open and honest discourse around young people's sexual behaviour and influences
- Ensure those who attend the training are equipped to answer questions from young people around sexual health, pornography and technology.

To reserve a place on this course click here
**Speakeasy Parenting Programme Training**

**Co-Facilitated by:** R & J Consultancy and Sexual Health & BBV MCN

**Course Assessment:** Post course evaluation

**Target Group:** Professionals who currently work with parents and carers

**Minimum No of Participants:** 15

**Aim:** To train individuals who will deliver the Speakeasy Parenting Programme in the community for parents & carers on speaking to children growing up, relationships and sexual health. There must be a commitment to delivering one 8-week programme per year with support from SH & BBV MCN.

**Learning Outcomes:**

By the end of this course Facilitators will have confidence & competence to deliver a minimum of 1 Speakeasy Programme per year.

If you would like further information please contact: lmckerrecher@nhs.net  Tel: 07920 503897

**Speakeasy Course for Parents and Carers**

**Facilitated by:** NHS Tayside Speakeasy Facilitators

**Course Assessment:** N/A

**Target Group:** Parents and Carers

**Minimum No of Participants:** 6

**Aim:** To help parents and carers of children of any age to tackle the complex and often difficult issues of growing up, sex and relationships. The course provides information, resources and support to enable them to confidently take on the role of educators in their home.

**Learning Outcomes:** By the end of the programme participants will have the skills, knowledge and confidence to support their children around various aspects of growing up in an age appropriate way

If you would like to find out more about the Speakeasy project please contact Linzi McKerrecher (Speakeasy Co-ordinator) on lmckerrecher@nhs.net or on 07920 503897.

More information about the project can be found HERE or on our Facebook page https://www.facebook.com/Speakeasy-1651052668445100/?ref=bookmarks or on our Facebook page https://www.youtube.com/watch?v=Phntb59xN34
A one day introduction for professionals working with clients with additional support needs/sexuality

Facilitated by: Adrienne Hannah, The Training Co-operative

Course Assessment: Post course evaluation

Target Group: Nurses, social workers, teachers and support staff working with people with additional support needs.

Minimum No of Participants: 12

Aim: To give staff an awareness of assertiveness skills which can be developed with people with additional support needs.

Learning Outcomes:

- Increased awareness of the needs of people with ASN to develop assertiveness skills
- Increased knowledge of assertiveness skills in relation to sexual and reproductive health
- Gain skills and awareness in addressing issues of assertiveness for people with ASN
- Become familiar with the Tayside assertiveness pack

To reserve a place on this course click here

Making Choices Keeping Safe

Facilitated by: Adrienne Hannah, The Training Co-operative

Course Assessment: Post course evaluation

Target Group: Nurses, social workers, teachers, support staff working with people with additional support needs, as well as parents and carers.

Minimum No of Participants: 12

Aim: This course, delivered over 2 x 2 days, will increase your knowledge and skills around the issues covered in Tayside’s Making Choices Keep Safe: guidelines for those caring for people with learning disabilities on relationships and sexual wellbeing.

Learning Outcomes:

- Gain skills and awareness in addressing issues of sexuality
- Address values and attitudes and the impact these have on work
- Increase knowledge of rights, legislation and policy issues
- Understand group work with people with additional support needs
- Highlight key content areas for sex and relationship work with people with additional support needs
- Gain awareness of sources of help

If you would like more information please contact: Allison.stewart@nhs.net Tel: 01382 424054
Tayside Sexual & Reproductive Health Update Day

Facilitated by: Tayside Sexual & Reproductive Health Service

Course Assessment: Post course evaluation

Target Group: GPs and Practice Nurses work with patients with issues relating to sexual and reproductive health.

Minimum No of Participants: 50

Fee: to be advised

Aim: To provide an annual update that supports safe and effective delivery of sexual and reproductive health services.

Learning Outcomes: One day update includes a variety of presentations on topics related to Sexual & Reproductive Health Care.

If you would like more information or to reserve a place on this course please contact: Val.machir@nhs.net Tel: 01382 425533
Facilitated by: Tayside Sexual & Reproductive Health Service (TSRHS) is an accredited training centre supporting clinicians (nurses and doctors) who wish to obtain the DFSRH.

Target Group: The Diplomate Assessment of the FSRH (DFSRH) is for doctors, nurses and midwives who wish to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings.

Aim (of the clinical experience/assessment at TSRHS): To support practitioners to achieve their DFSRH and associated clinical competencies through practical training and assessment at Tayside Sexual & Reproductive Health Service (TSRHS) or by GP faculty registered trainers.

Overall learning Outcome of the DFSRH:

To attain the knowledge, attitude and skills required to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings.

Please note that the 3 stages of training build on each other:

- the online knowledge assessment (eKA) (done on the FSRH website),
- the Course of 5 (one day of small group workshops) (delivered by TSRHS or by other SRH services in Scotland and the rest of the UK)
- the clinical experience/assessment (at TSRHS).

It is advisable to check on local waiting times and availability of the third step (clinical experience/assessment) before deciding when to embark on DFSRH training.

Training is organised based on local requirements and there are costs associated with this.

For more information on costs and to register an interest please contact: shtraining.tayside@nhs.net

Further details about the courses can be found at http://www.fsrh.org/pages/Training.asp
Faculty of Sexual & Reproductive Healthcare (FSRH) Diploma


Target Group: The Diplomate Assessment of the FSRH (DFSRH) is for doctors, nurses and midwives who wish to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings.

Aim (of the clinical experience/assessment at TSRHS): To support practitioners to achieve their DFSRH and associated clinical competencies through practical training and assessment at Tayside Sexual & Reproductive Health Service (TSRHS) or by GP faculty registered trainers.

Overall learning Outcome of the DFSRH: To attain the knowledge, attitude and skills required to deliver safe and effective sexual and reproductive healthcare in community, primary and secondary care settings.

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E-Learning Modules

Hepatitis

RCGP - Hepatitis B and C: Detection, Diagnosis and Management


Health Scotland Virtual Learning Environment

http://elearning.healthscotland.com/

Courses in health behaviour change, tackling inequalities and brief interventions amongst others. Anyone can access this and courses are free.

For nurses, doctors or anyone working for the NHS and/or Social Care:

Sexual & Reproductive Health:


Sexual Health/ HIV:


Child Sexual Exploitation:

https://www.e-lfh.org.uk/programmes/child-sexual-exploitation/

Female Genital Mutilation:

https://www.e-lfh.org.uk/programmes/female-genital-mutilation/

Safeguarding of Children and Young People:

https://www.e-lfh.org.uk/programmes/safeguarding-children/
Map to Improvement Academy, Ninewells

Continue along (long) corridor
Improvement Academy signposted to your left
(almost to the end of corridor)

↑ Stairs
↓ Drs Mess
Up to level 7

Level 5 Canteen

← Take-Away Bar

→ East & Main Wards

↓ Stairs
Down to level 5
(see details in box to left)

→ Wards

→ Out Patient Clinic

→ Maternity

← University

← Level 7 Main Entrance

← Shops

← Main Reception

← Cafe