



**NHS Tayside
C-Card & Condom Distribution
Scheme**

Welcome

- ☺ Introduction & background
- ☺ What is Sexual Health?
- ☺ Sex & the Law
- ☺ Condom demo
- ☺ Sign posting
- ☺ Administration

Ice breaker

Introduce yourself to the group, telling them:

- © **Who** you are,
- © **What** organisation you are from
- © **Your** expectations from today
- © An **embarrassing** sexual experience.

Aim of Tayside Condom Initiative

- © People **choose** to actively **use** condoms and can **access** them freely and use them **confidently**
- © To **provide** condoms and appropriate sexual health & relationships **support** for young people in a **safe** and **confidential environment**.

Aim of Training

Workers feel **confident** and **competent** to provide **condoms, sexual health & relationships** support in a **safe** and **confidential** environment.

Learning Outcomes

- © Increased confidence raising **conversations about condoms** with your client group
- © Increased **awareness** of both **local and national** sexual health issues
- © **Confident** and **competent** demonstrating condom use
- © Increased understanding of the **law** regarding **sex**

Condoms Quiz

<https://b.socrative.com/login/student/>

Room: GRAEME

***Sexual Health
&
Blood Borne Virus Framework
2011-2015***

**Scottish Government's agenda in relation
to sexual health, HIV, hepatitis C and
hepatitis B**

Outcomes

Sexual Health & BBV Framework

- © Fewer sexually transmitted infections and fewer unintended pregnancies
- © A reduction in the health inequalities gap in sexual health
- © People affected by blood borne viruses lead longer, healthier lives
- © Sexual relationships are free from coercion and harm
- © A society and culture whereby the attitudes of individuals, the public, professionals and the media in Scotland towards sexual health are positive, non-stigmatising and supportive



Sexual Health & Blood Borne Virus Framework, 2015-2020 Update

Progress & Update

- © Improved access to LARC (long acting reversible contraception) and sexual health services
- © Greatest impact of poor sexual health, still on most vulnerable
- © HepC treatment and cure rates increase
- © Further reinforces sexual health services cannot work in isolation

Pregnancy and Parenthood in Young People Strategy

2016-2026

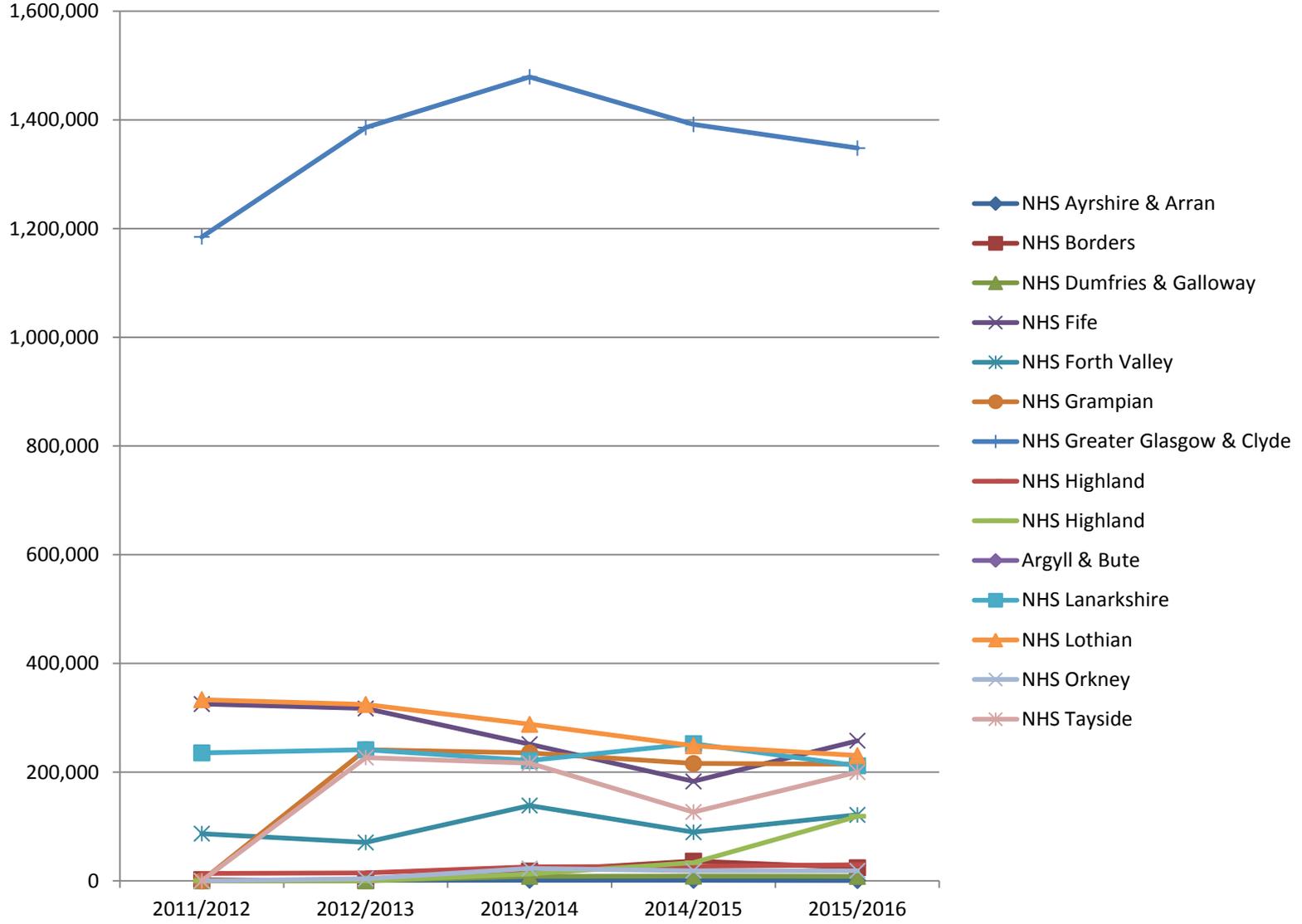
March 2016





National Condom Distribution

Trend



Local context

- © **Some Sexually Transmitted Infections (STIs)** in Tayside are increasing in common with the rest of Scotland
- © Highest prevalence of STIs is in **young people aged 16-24** and **MSM**
- © Historically teenage pregnancy rates in Tayside have been **higher than the Scottish average**
- © Gap between national and local rates has closed with a **40% reduction in conception rates for the under 16** over the last 5 years
- © **Looked after and accommodated children and young people** have some of the **poorest sexual health & related risk behaviour** outcome

TAYSIDE CONDOM INITIATIVE 2016-2017



192,078

Condoms supplied
by partners



94,864

Provided to
13-25 year olds via
CCard/Condom
Distribution Scheme



93

New Registrations
with
Condoms by Post



2016-17 has been an eventful year for the Tayside Condom Initiative.

It has seen the introduction of a new groundbreaking CCard/Free Condom Finder app, developed in consultation with local community groups.

The Initiative welcomed the second phase of community pharmacists from Davidsons Chemists and formalised our relationship with Boots, on High St. Dundee.

We are also proud to be able to offer a new range of condoms from a new supplier, LTC Healthcare. This is in addition to our existing partnership with Pasante Healthcare.

The CCard/Free Condom Finder, app was launched in February 2017.
Between February and April, 33 young people accessed support around condoms using the app and registered with the scheme.
This is in addition to 103 new registrations with the CCard scheme in 2016-17.

136

CCard registrations in 2016-17



34020
Distributed
via Student
Services



60844
Distributed
via Youth
Services

From youth and student services to community pharmacies and local venues The Tayside Condom Initiative, continues to work with partners, to enable wider access to condoms and informal, sexual health support.

We would like to take this opportunity to thank all of our distribution partners. The organisations shown and many more, order not only condoms, but dental dams, sachets of lubrication, leaflets and posters and condom demonstrators.



27906
Distributed
via Alcohol
& Drug
Services



5286
Distributed
via
Community
Pharmacies



12054
Distributed
via
Specialist
Community
venues

The logo for Davidsons Chemists consists of a green pill-shaped icon to the left of the text 'Davidsons' in a grey sans-serif font, with 'CHEMISTS' in a smaller green sans-serif font below it.

Davidsons
CHEMISTS



ARBROATH

BRECHIN

FORFAR

BLAIRGOWRIE

MILNATHORT

CRIEFF

PITLOCHRY

HIGH STREET,
DUNDEE

BROOK STREET,
BROUGHTY FERRY

**FREE
CONDOMS
IN COMMUNITY
PHARMACIES**

pharmacists and pharmacy assistants are trained to support young people with sexual health and relationships, including all aspects of care & protection.

RECOMMENDATIONS

2017-2018

1. Form TCI steering group
2. Increase number of distribution points, with a focus on rural areas
3. Flexible and bespoke training
4. Review of Condoms By Post scheme

It is essential that partners of the Tayside Condom Initiative have a regular input into the running of the Initiative. This year we will form a steering group so that the expertise held by those distributing condoms and working with the public, can inform the work of the TCI and be shared with all partners.

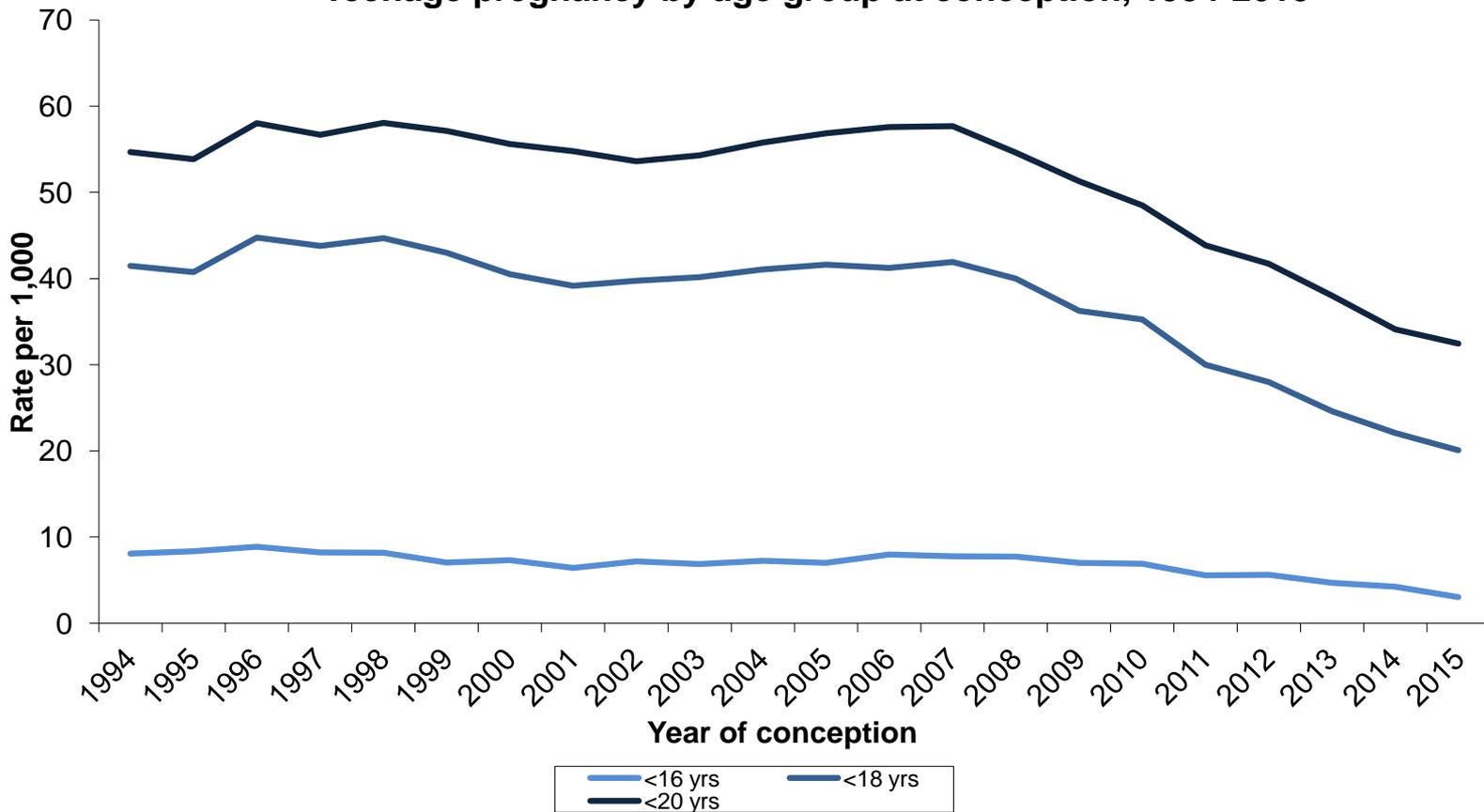
One of the barriers for young people accessing free condoms, is too few distribution points in areas convenient for them. A review of these locations will be undertaken and highlight where the gaps are.

In order to get more distribution points the TCI would need to recruit more organisations on to the scheme. We recognise that it can be difficult to prioritise new training with the demands of modern working life. The TCI would like to offer more flexible training, delivered to teams in their workplace. This would be negotiated and organised to suit need.

Condoms by post, have been available in Tayside for some time now, we feel it is necessary to review the scheme and ensure it meets the needs of the public.

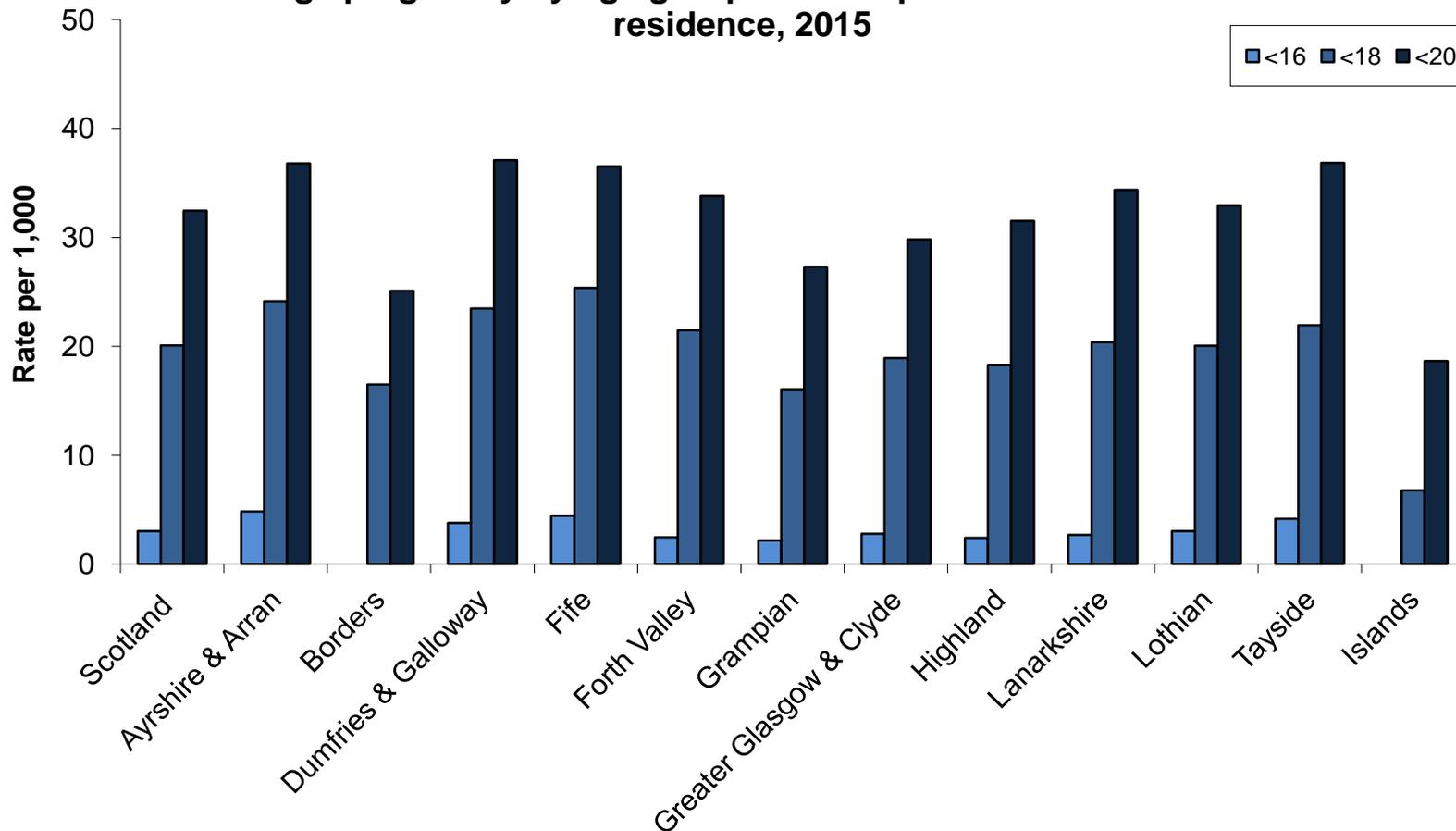


Teenage pregnancy by age group at conception, 1994-2015



<16 yrs includes all pregnancies in women aged under 16. The rate is calculated using the female population aged 13-15.
 <18 yrs includes all pregnancies in women aged under 18. The rate is calculated using the female population aged 15-17.
 <20 yrs includes all pregnancies in women aged under 20. The rate is calculated using the female population aged 15-19.

Teenage pregnancy by age group at conception and NHS Board of residence, 2015



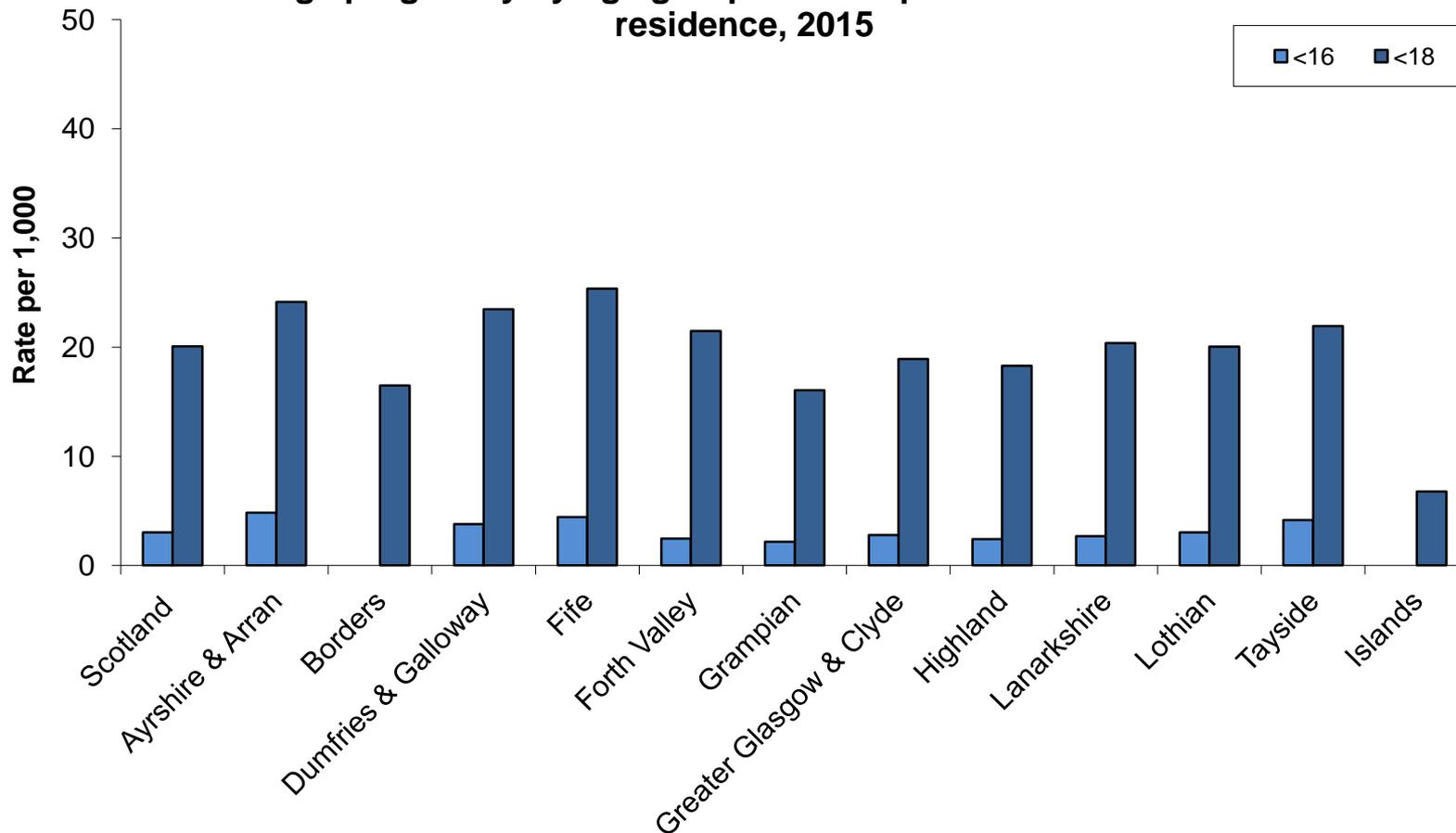
Rates for <16s in Borders and the Island Boards have been suppressed due to potential risk of disclosure.

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Teenage pregnancy by age group at conception and NHS Board of residence, 2015



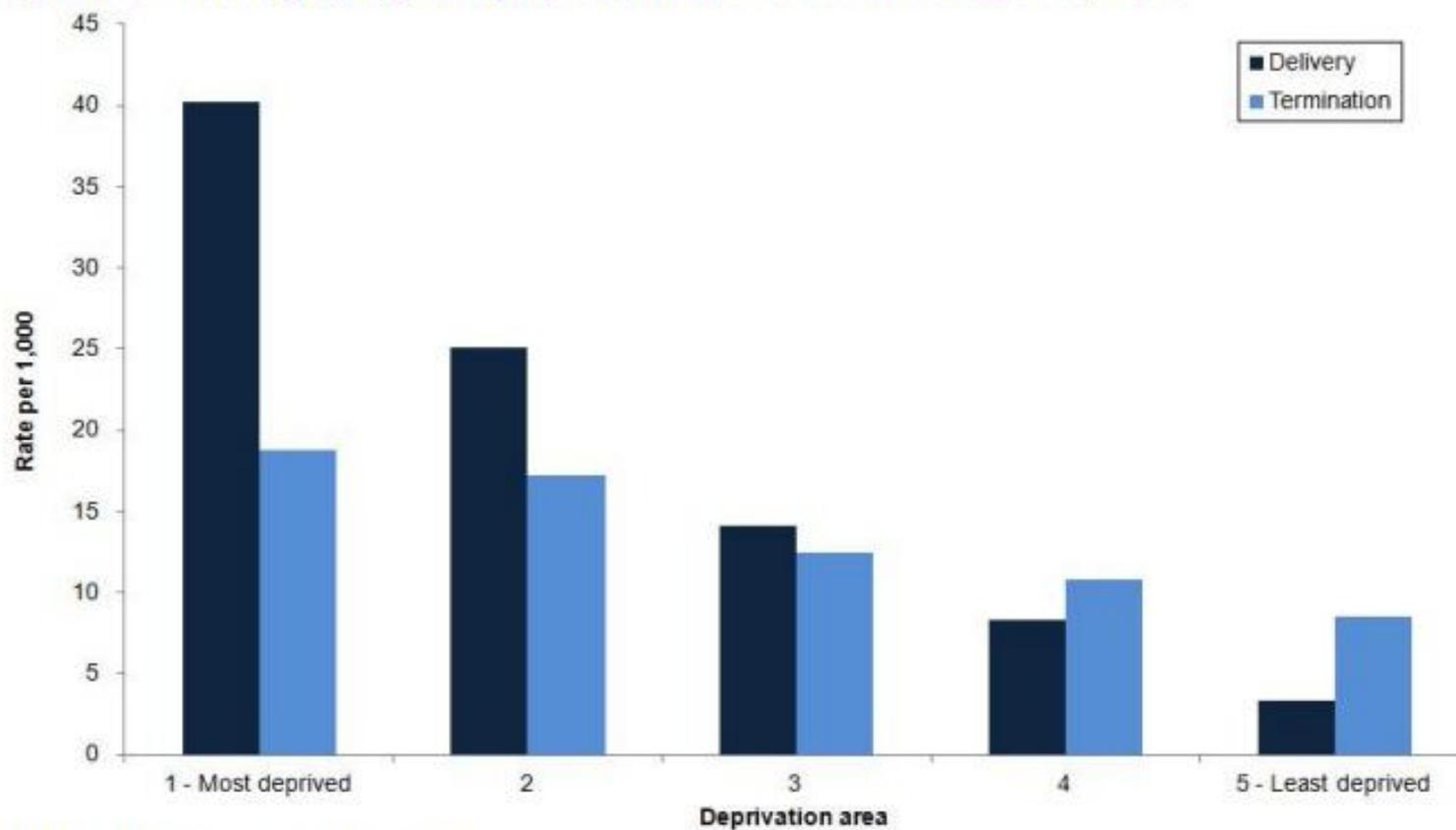
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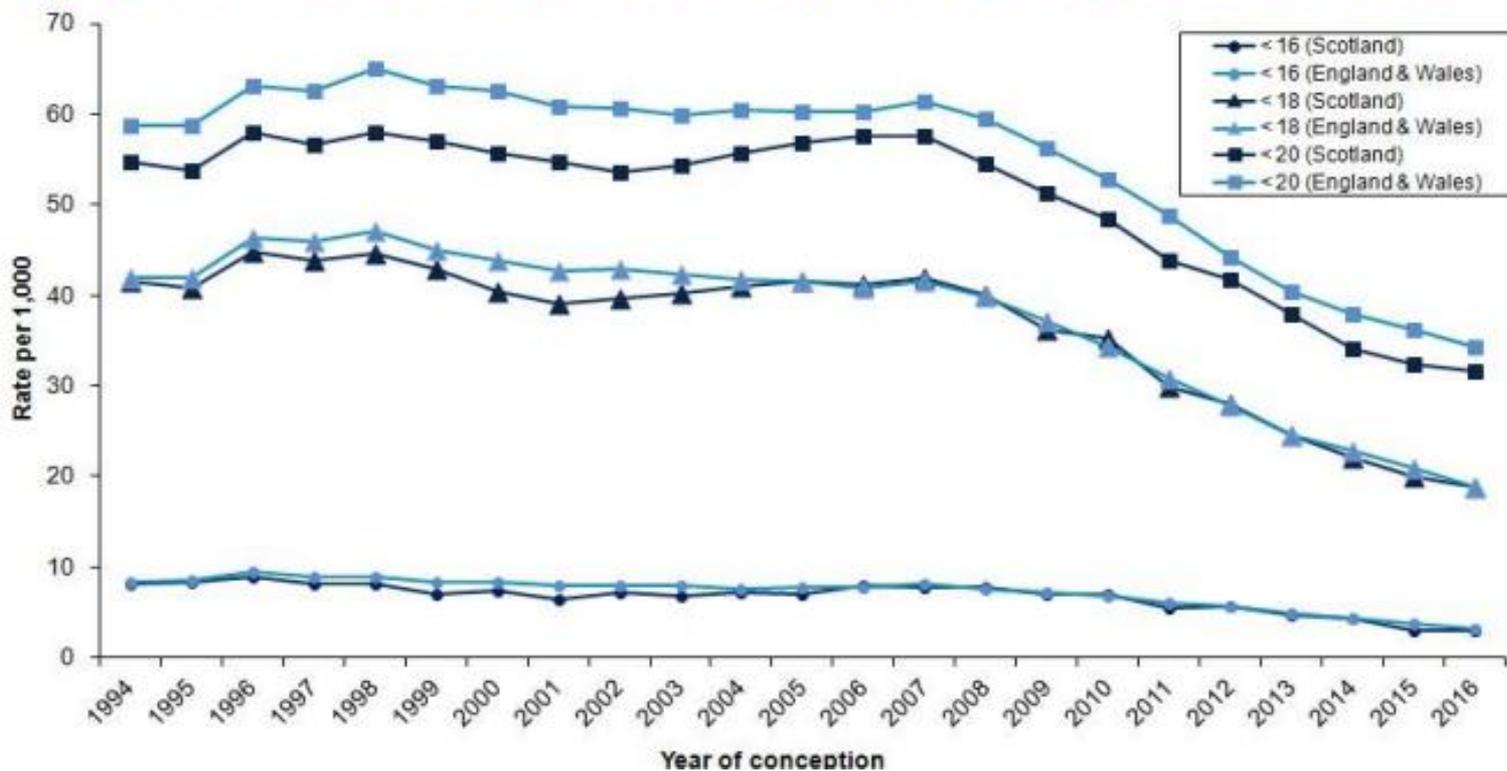
Figure 7a: Teenage pregnancy by deprivation area and outcome, 2016



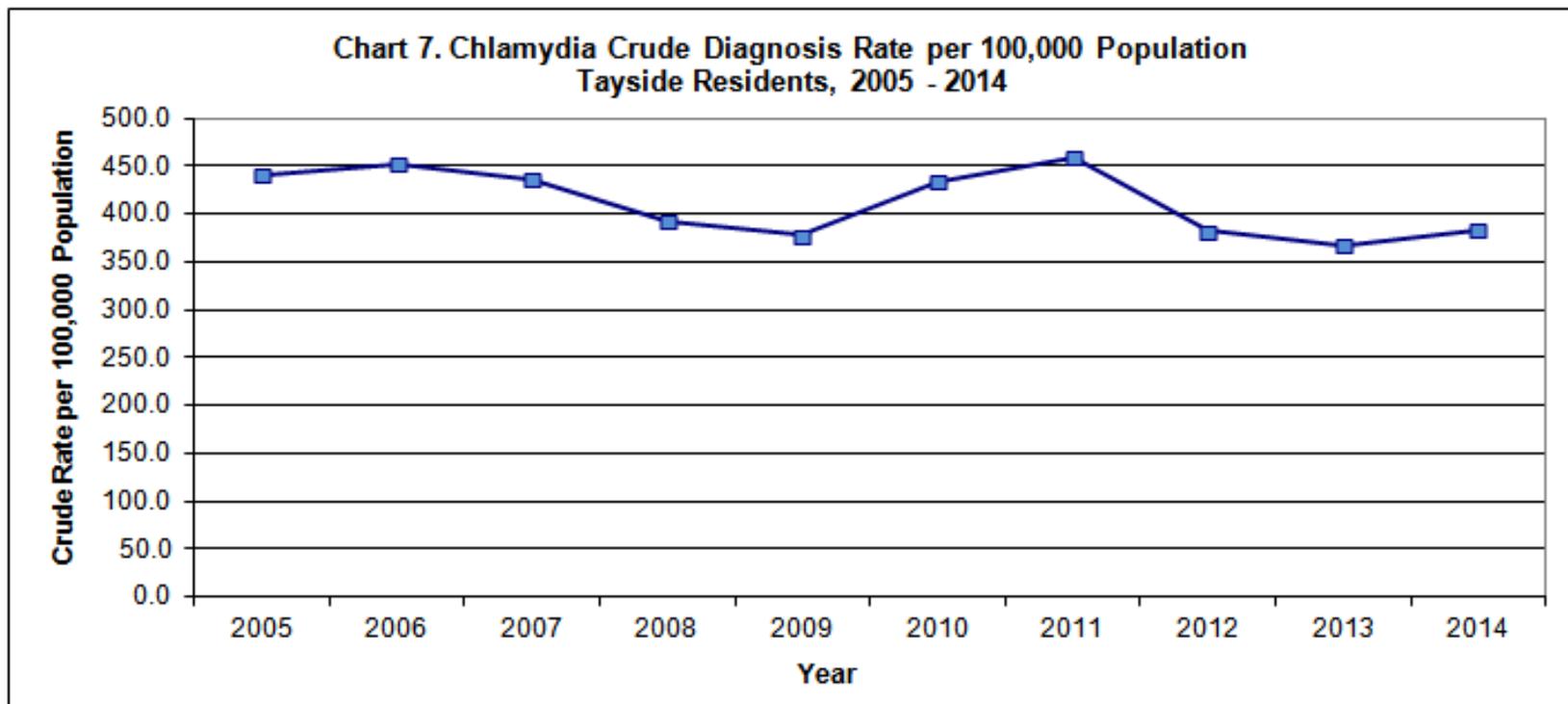
Includes all pregnancies in women aged <20.

Deprivation areas are based on the SIMD. The appropriate SIMD for year has been used (see note in appendix).

Figure 8: Teenage pregnancy in Scotland compared to England & Wales, 1994-2016



Chlamydia



Area of Residence	Gender	All Ages		Under 25 years	
		Number	Rate per 100,000 popn ¹	Number	Rate per 100,000 popn ²
Tayside	Female	965	714	796	2933
	Male	617	470	424	1527
Scotland	Female	9,976	556	7,669	2280
	Male	6,265	361	3,704	1083

Chlamydia

Table 4: *Chlamydia trachomatis* infection, Scotland 2017: number and rate per 100,000 population by NHS board of report and gender for all ages and for those less than 25 years.

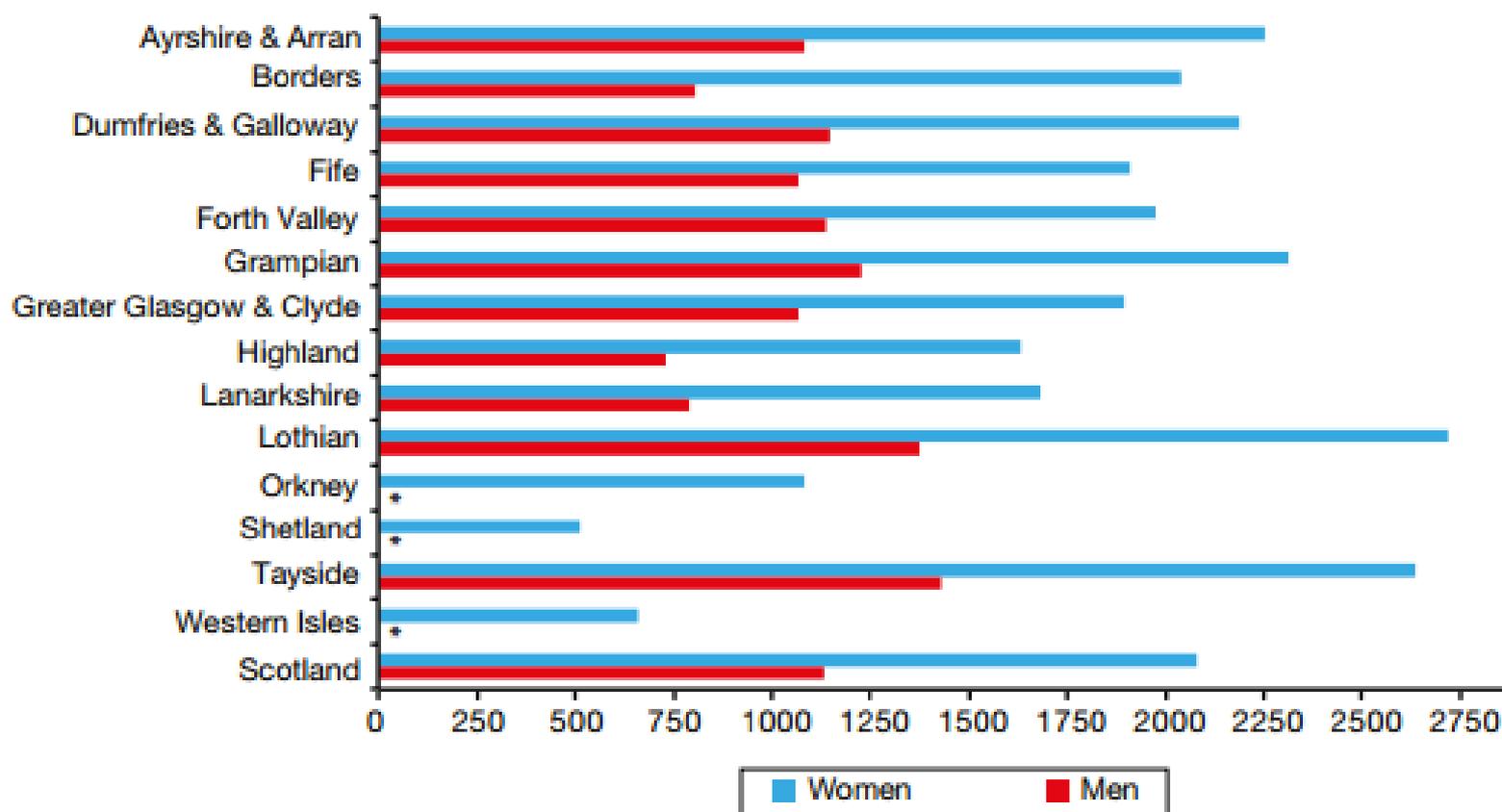
NHS board	All ages			
	Women		Men	
	Number	Rate/100,000 ¹	Number	Rate/100,000 ¹
AA	608	508	354	319
BR	149	419	74	218
DG	225	490	145	331
FF	559	463	420	364
FV	489	483	334	343
GR	1039	541	738	377
GGC	1958	485	1581	407
HG	355	355	254	255
LN	829	377	497	237
LO	2044	664	1453	490
OR	15	221	5	73
SH	21	295	16	214
TY	877	653	601	460
WI	11	138	7	87
Scotland	9179	509	6479	371

Chlamydia

NHS board	Less than 25 years			
	Women		Men	
	Number	Rate/100,000 ²	Number	Rate/100,000 ²
AA	451	2254	228	1084
BR	116	2038	47	803
DG	159	2189	90	1145
FF	428	1911	240	1065
FV	362	1976	218	1137
GR	775	2312	426	1224
GGC	1400	1897	800	1069
HG	253	1632	133	727
LN	622	1684	307	789
LO	1557	2719	750	1374
OR	11	1084	*	*
SH	6	511	*	*
TY	662	2635	369	1427
WI	8	659	*	*
Scotland	6810	2080	3619	1134

Chlamydia

Figure 1: Rate (per 100,000) of diagnosis of *Chlamydia trachomatis* infection in those aged less than 25 years in Scotland in 2017, by gender and NHS board.^{1*}



Gonorrhoea

Table 5: Gonorrhoea, Scotland 2008–2017: laboratory reports (episodes) by gender.

	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Women	453	345	446	468	614	538	457	443	604	655
Men	612	666	930	1077	1290	1056	1362	1891	1750	1953
Unknown	8	10	2	2	0	1	0	12	9	2
Total	1073	1021	1378	1547	1904	1595	1819	2346	2363	2610

Table 7: Gonorrhoea, Scotland 2008–2017: laboratory reports (episodes) by gender and age group.

Men										
Age	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
<20	118	102	132	136	162	141	134	174	163	190
20-24	215	220	300	363	417	322	400	590	554	562
25-29	108	128	194	238	274	239	308	414	407	470
30-34	56	83	113	134	157	140	196	240	219	237
35-39	40	43	57	73	78	61	89	133	133	171
40-44	35	42	67	54	77	47	80	111	95	101
45-54	27	38	46	57	99	72	113	166	130	156
>54	12	10	21	20	25	33	42	61	49	63
Unknown	1	0	0	2	1	1	0	2	0	3
Total	612	666	930	1077	1290	1056	1362	1891	1750	1953

Women										
Age	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
<20	194	129	156	185	217	202	173	140	184	244
20-24	161	133	177	161	223	188	154	175	223	249
25-29	67	45	63	60	88	82	63	53	104	77
30-34	14	22	28	24	40	28	34	26	45	34
35-39	*	*	9	12	12	15	17	24	23	21
40-44	*	*	8	13	15	8	5	12	11	15
>44	7	7	5	13	19	15	11	13	14	13
Unknown	0	0	0	0	0	0	0	0	0	2
Total	453	345	446	468	614	538	457	443	604	655

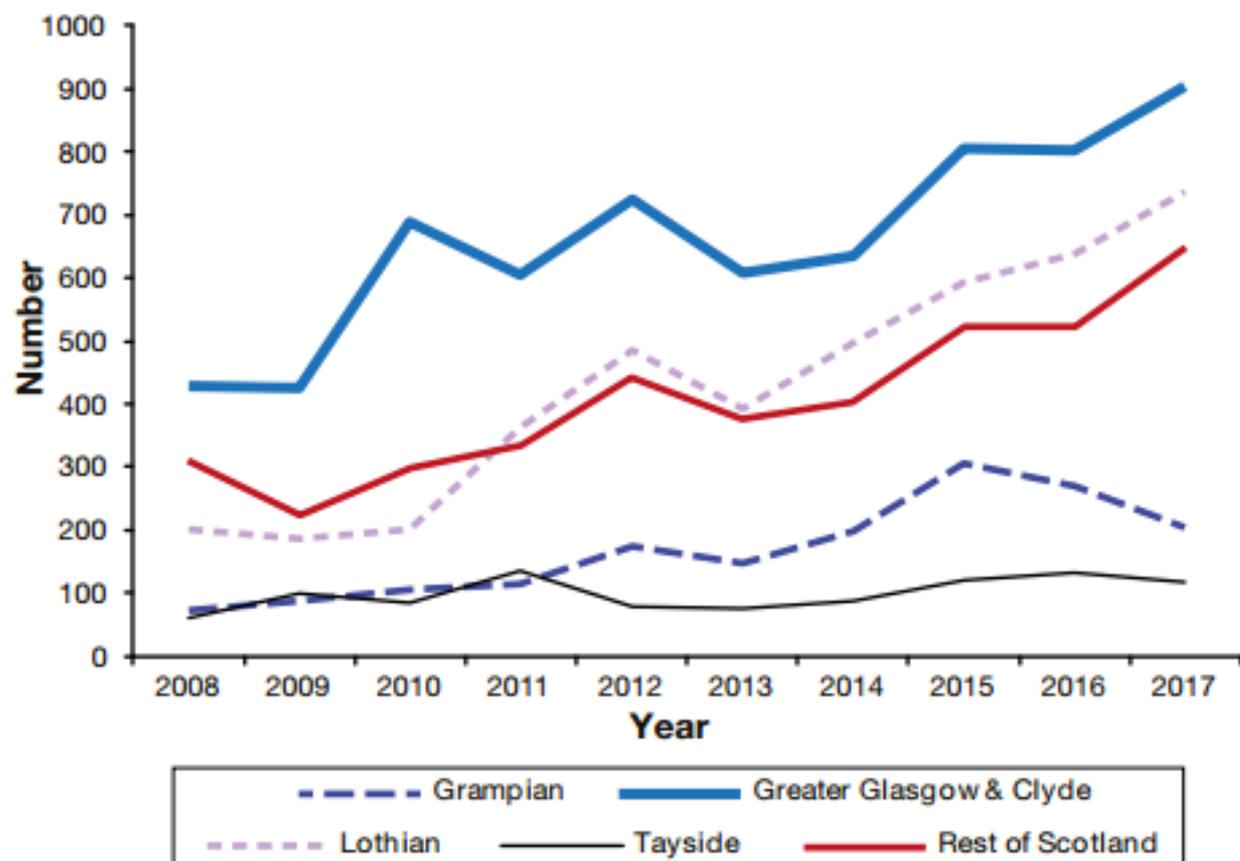
Gonorrhoea

Table 6: Gonorrhoea, Scotland 2008–2017: laboratory reports (episodes) by NHS board of report.

NHS board	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
AA	20	14	51	50	84	50	67	86	109	100
BR	6	*	*	5	14	8	17	9	11	26
DG	9	9	*	26	26	58	45	45	15	26
FF	21	31	52	57	48	33	41	76	89	140
FFV	17	23	25	51	70	73	78	115	101	104
GR	73	88	105	113	173	146	198	307	269	204
GGC	427	424	690	606	723	609	635	804	803	903
HG	8	*	29	18	21	27	36	42	51	48
LN	229	124	126	126	180	121	120	146	142	201
LO	202	185	200	361	486	393	496	592	637	736
OR	0	0	0	0	0	*	0	0	*	*
SH	0	0	0	0	0	*	0	*	*	*
TY	61	100	85	134	79	74	86	120	132	118
WI	0	0	*	0	0	*	0	*	*	0
Total	1073	1021	1378	1547	1904	1595	1819	2346	2363	2610

Gonorrhoea

Figure 2: Episodes of gonorrhoea by NHS board, Scotland, 2008–2017.



HIV

TABLE 1: HIV-1 infected persons, Scotland, by NHS board and date reported; January to September 2018.

NHS board	Male	Female	Total
Ayrshire & Arran	*	*	11
Borders	*	*	*
Dumfries & Galloway	*	0	*
Fife	*	*	7
Forth Valley	*	*	*
Grampian	*	*	18
Greater Glasgow & Clyde	51	24	75
Highland	*	*	9
Lanarkshire	*	*	17
Lothian	37	6	43
Orkney	*	*	*
Shetland	*	0	*
Tayside	*	*	15
Western Isles	0	0	0
Total	164	49	213

HIV

TABLE 6: Newly diagnosed HIV infections in Scotland by year of report, exposure category and number recently infected*; to 30 September 2018.

Exposure category	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Men who have sex with men (MSM)	132	129	138	128	124	118	131 (45)	86 (17)	115 (30)	40 (14)
Sexual intercourse between men and women	139	117	113	91	102	87	62 (*)	73 (12)	68 (11)	37 (7)
People who inject drugs (PWID)	12	17	14	12	17	18	52 (14)	32 (*)	35 (*)	10 (*)
Other	*	*	*	*	*	*	*	*	*	*
Not Known	*	*	*	*	*	*	* (*)	7 (0)	6 (0)	52 (*)
Scotland	291	267	270	238	250	230	253 (66)	199 (35)	228 (52)	141 (28)

* The number of recent infections are given in parentheses. The data to the end of September 2018 are provisional. Note that new diagnoses are tested for recency using the avidity antibody test; this is performed on new diagnoses when a sample is available.

Online engagement by Local Authority:

	Number of online submissions
Angus	5
Dundee	22
Perth and Kinross	2
Other area	1
Total by method	30

Online engagement by gender:

	Male	Female	Other gender identity
Number of participants	12	15	3

Online engagement by age:

	Under 16	16	17	18	19	20	21+
Number of participants	7	12	5	2	4	-	-

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**Tell us about your experience of
condoms when it comes to sex or
relationships...**

Avoiding pregnancy and STDs.

(16/Dundee/Female)

Having safe sex.

(17/Dundee/Female)

Safe sex and no babies.

(16/Dundee/Female)

Tell us about your experience of condoms when it comes to sex or relationships...

Condoms are very important in sex because if you don't use one the girl could become pregnant or either people could contract a STD or STI.

(16/Dundee/Female)

I need condoms to be safe as I've recently come of the implant due to discomfort.

(17/Angus/Female)

People don't think about STIs, it's just pregnancy they worry about.

(Focus group 12)

Tell us about your experience of condoms when it comes to sex or relationships...

It's all about STDs, not getting drunk and getting pregnant. It's not really any useful information. Even when they do talk about condoms it's really embarrassing and they don't really ask us anything.

(Focus group 2)

Tell us about your experience of condoms when it comes to sex or relationships...

I wouldn't have sex with someone without protection.

(Focus group 1)

I feel like everyone that I've spoken to about sex all expect to use protection, it's just like a thing that goes with having sex.

(Focus group 1)

It's just how it is now I think, I mean why would you ever not use a condom?

(Focus group 6)

I wouldn't have sex without using something, I think I'm more afraid of getting pregnant than catching an STI though. They seem a lot less stressful!

(Focus group 5)

Tell us about your experience of condoms when it comes to sex or relationships...

I mean we talk about it with our close friends, but I don't really talk to other people about it. I haven't, you know, yet. But when I do I think I will want to use one. But then the girls I know who are in relationships and having sex with their boyfriends they don't use anything, or if they do now, they didn't for a long time. So, I think the importance of it is maybe over-emphasised in school. Like if they aren't using them and they aren't you know dying of AIDS or getting pregnant then maybe it doesn't matter.

(Focus group 2)

Tell us about your experience of condoms when it comes to sex or relationships...

I definitely think it's more expected for girls to protect themselves, guys don't seem that bothered.

(Focus group 1)

Well they need to be more careful. Most of the girls round here are on the pill anyway, so they aren't gonna get pregnant.

That's up to them if they want a child anyway.

(Focus group 7)

Tell us about your experience of condoms when it comes to sex or relationships...

I think it's quite difficult for a girl to persuade a guy to use contraception. I think if she wants to use contraception she needs to sort it out herself.

(Focus group 2)

Boys assume girls are on the pill.

(Focus group 12)

Girls would use the pill or the morning after pill.

(Focus group 14)

I'd assume they were using contraception.

(Focus group 14)

A vertical bar on the left side of the slide consists of six colored stripes: blue, green, purple, pink, yellow, and orange.

Tell us about your experience of condoms when it comes to sex or relationships...

Both should be responsible but in reality you might expect the other person to do it.

(Focus group 13)

Tell us about your experience of condoms when it comes to sex or relationships...

I'd always wear a condom cos I don't want to be getting the clap or that, and I get myself checked out anyway, cos you can still get crabs even with a condom. They aren't like the sexiest of things but they are worth it. You have to be steady to have a kid, I'd never want to get a girl pregnant now man, I'd need a job and somewhere to stay, a motor and that.

(Focus group 8)

Tell us about your experience of condoms when it comes to sex or relationships...

Maybe if you were from up the west side of Perth and like your bird was wanting to go off and study university or something then you might think about having a wee rubber sesh, but the girls round here aren't bothered. It's not like they are gonna stop you if you dinnae put a johnny on.

(Focus group 7)

Tell us about your experience of condoms when it comes to sex or relationships...

Johnny's are too expensive man, they are like those machines in Asda and that £2 for rubbers. It's no wonder people don't use them.

(Focus group 7)

Embarrassing to buy.

(18/PK/Male)

Tell us about your experience of condoms when it comes to sex or relationships...

Condoms are so expensive and guys never buy them, even my friends get me to buy them for them, they are really embarrassed. Now that we come here we can get condoms for free, but before we didn't know this sort of place existed, so I would spend like £5 on condoms and that is a lot of money for sex.

(Focus group 1)

Tell us about your experience of condoms when it comes to sex or relationships...

This place isn't always open, and when it is there's always somebody sat there. So if you were in here like helping yourself to johnnies every day, then you might get a bit of a reputation.

(Focus group 7)

Tell us about your experience of condoms when it comes to sex or relationships...

Condoms are not 100% safe. They are easily ripped or get small holes in them that you can't see.

(17/Dundee/Female)

They fall off quite easily if u ride to hard.

(19/Angus/Female)

Very sore, makes me not want to use them and I rarely do.

(19/Dundee/Female)

Tell us about your experience of condoms when it comes to sex or relationships.

Tend not to use them.

(19/Dundee/Male)

Depends how drunk you are.

(Focus group 14)

Naw, they get in the way of the joojoo. It's such a hassle and it breaks the flow.

(Focus group 7)

I don't use them because I feel they take away the pleasure.

(16/PK/Other gender identity)

They're shite... You feel less.

(Focus group 11)

You can't feel it. I'm against it. You can't do it, they freak me out, feel dodgy.

(Focus group 14)

Tell us about your experience of condoms when it comes to sex or relationships...

It's the smell of it, man the room reeks. You're not gonna get oral after your dick smells of rubber.

(Focus group 14)

You might be allergic. They might not fit.

(Focus group 11)

No one around here uses condoms, folk are pretty riddled and we know that. It's easier just to head up the Drumhar and get yourself seen to.

(Focusgroup 7)

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Tell us about your experience of condoms when it comes to sex or relationships...

There is a real thing that guys don't think it's manly to use condoms, you never hear people talking about condoms unless it's like a joke or making fun of someone.

(Focus group 2)

Tell us about your experience of condoms when it comes to sex or relationships...

Guys have too big an ego, but really they're shy to actually go and get them.

(Focus group 13)

Aye, it's funny 'cos it's...you might be the big man 'cos you've had loads of birds but actually when it comes to it, there's not much pride (kudos) in protecting yourself.

(Focus group 7)

Tell us about your experience of condoms when it comes to sex or relationships...

You've got to respect yourself. Like everybody knows that having sex, you could catch something, but you have to make the decision in the minute. That means if you don't have a johnny and you are already there, then you are probably not gonna stop to sort yourself out with one. But everybody's different.

(Focus group 7)

A vertical bar on the left side of the slide, composed of five colored stripes: blue, green, purple, pink, and yellow.

What is Sexual Health?

What is Sexual Health?

- You have 20 seconds to write down as many words related to sexual health as possible.
- Please attempt this task on your own.



What is Sexual Health?

- Pair up
- Check your answers against the person next to you.
- Award yourself a point, individually, for each word you get the same.
- Points are only awarded if you get the words **EXACTLY** the same.

BODY

FEELINGS



**SEXUAL
HEALTH**

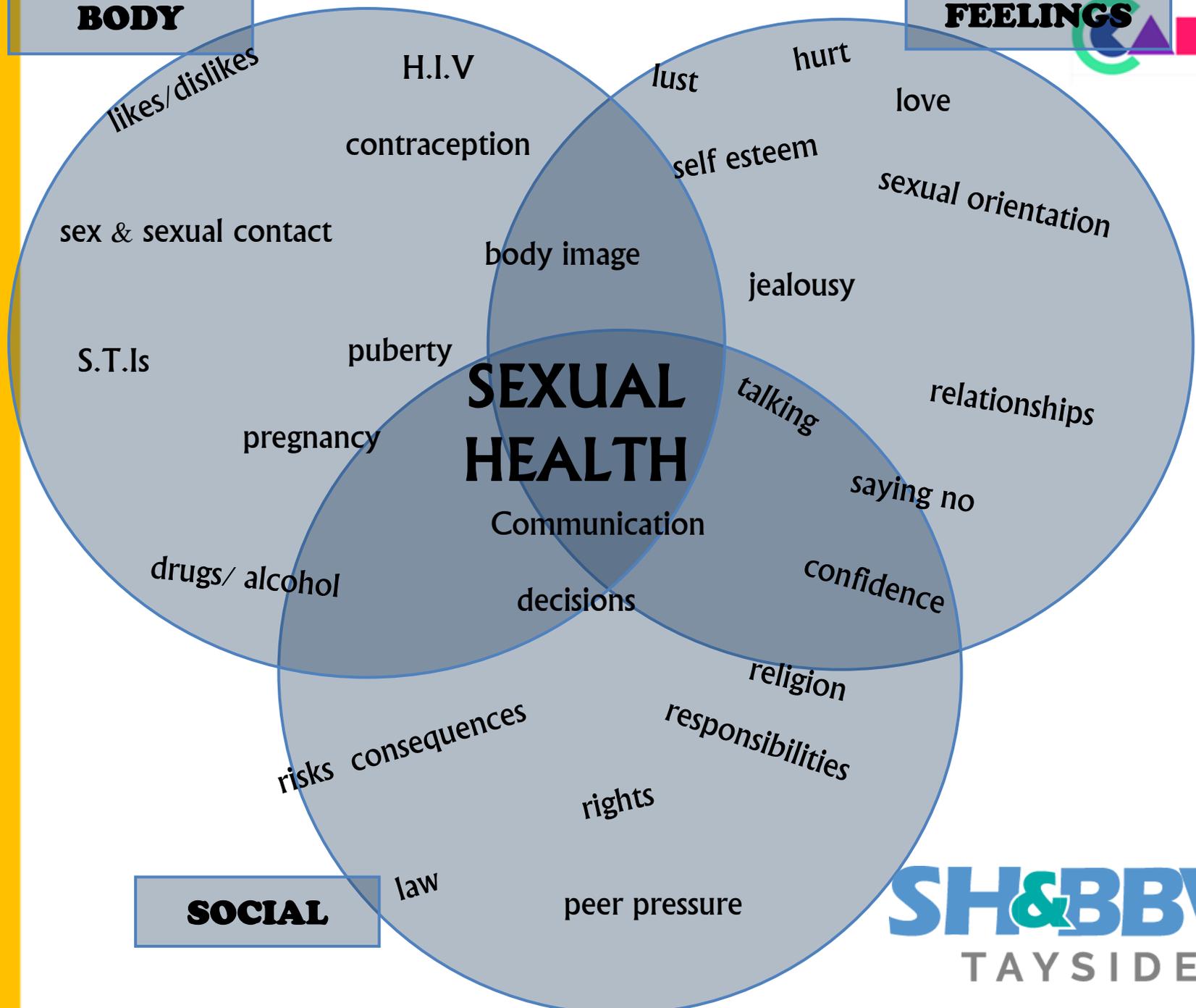
SOCIAL

SH&BBV
TAYSIDE



BODY

FEELINGS

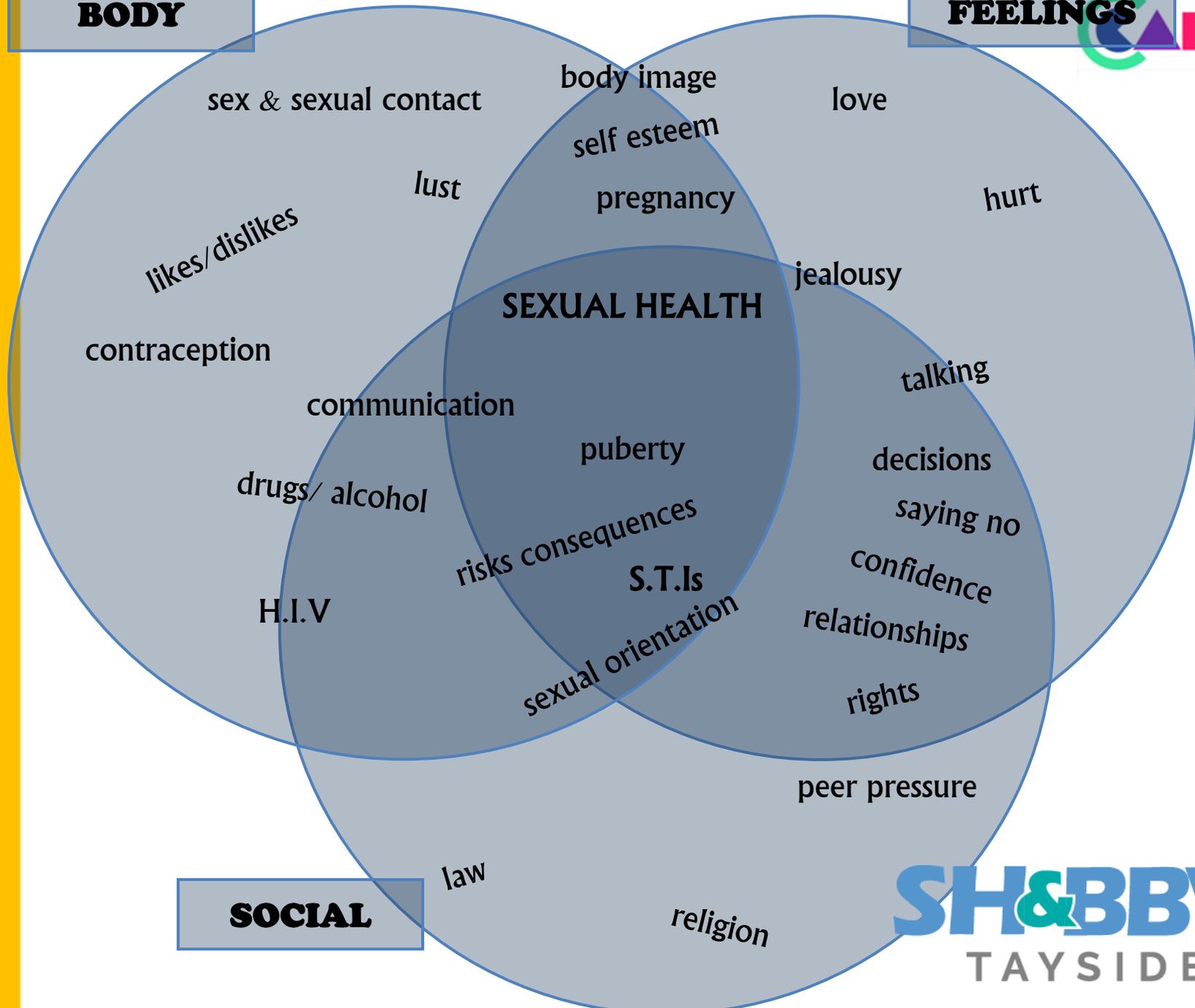


SOCIAL

SH&BBV
TAYSIDE

BODY

FEELINGS



SOCIAL

What is Sexual Health?

- A Healthy Body
- Freedom from guilt, shame & other negative emotions
- The ability to enjoy sexual activities without social pressure

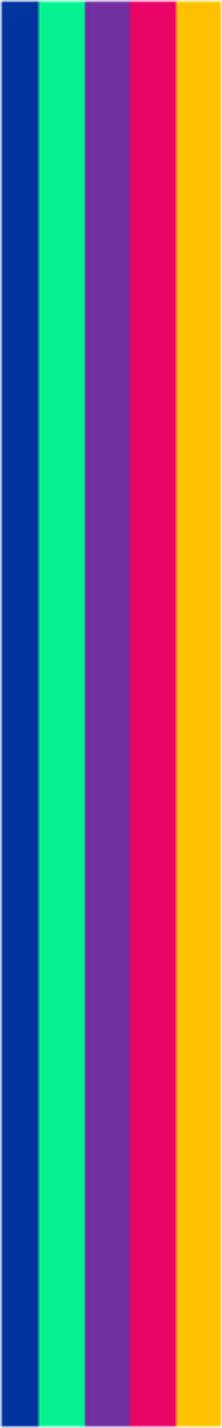
World Health Organisation Definition of Sexual Health

- Sexual health is a state of **physical, mental and social** well-being related to sexuality.
- It requires a **positive and respectful** approach to sexuality and sexual relationships, as well as the possibility of having **pleasurable and safe** sexual experiences, free of **coercion, discrimination and violence**.



United Nations Definition of Sexual Health

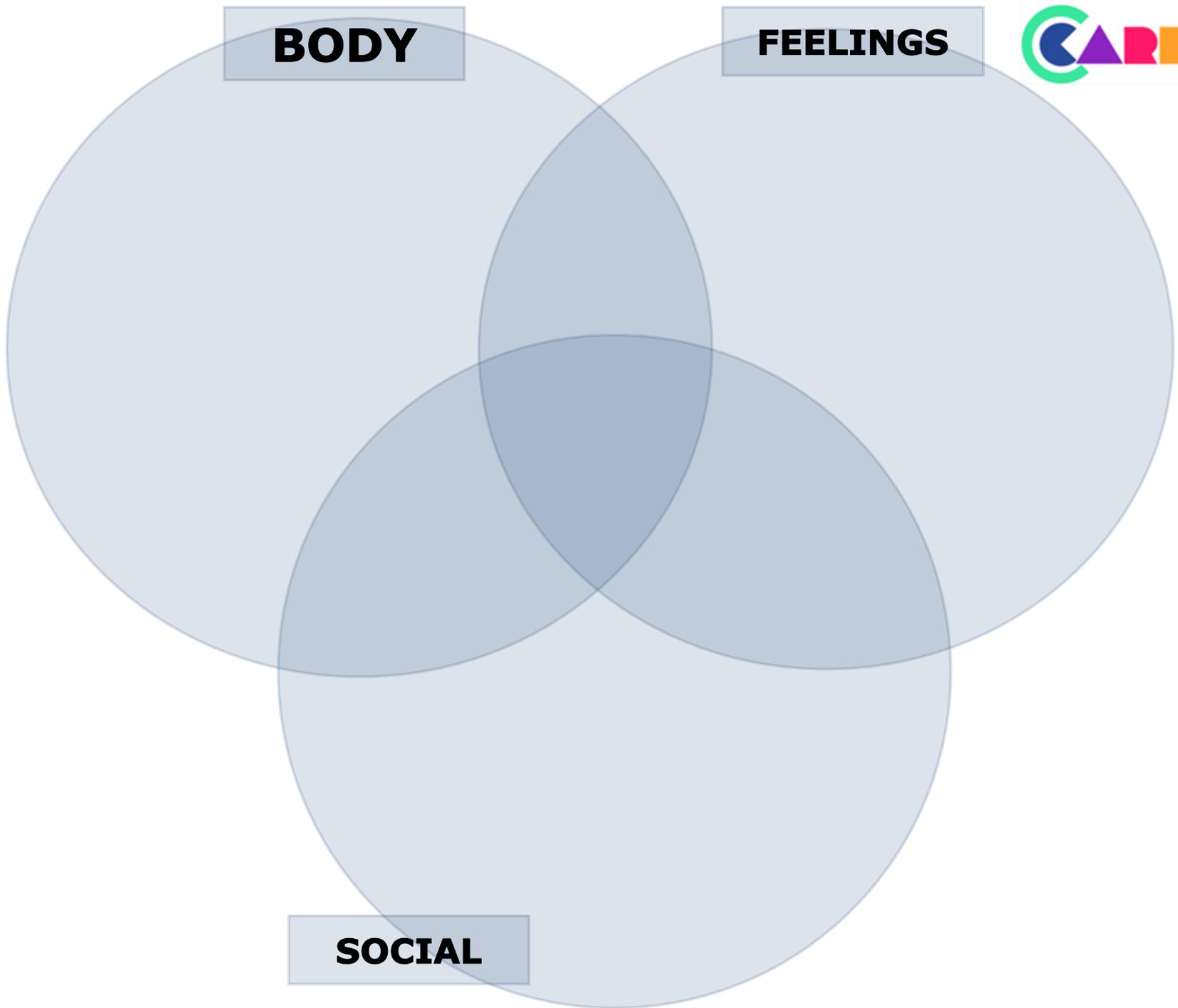
“..the notion of sexual health implies a positive approach to human sexuality and the purpose of sexual health care should be the enhancement of life and personal relations and not merely counselling and care related to reproduction and sexually transmitted diseases.”

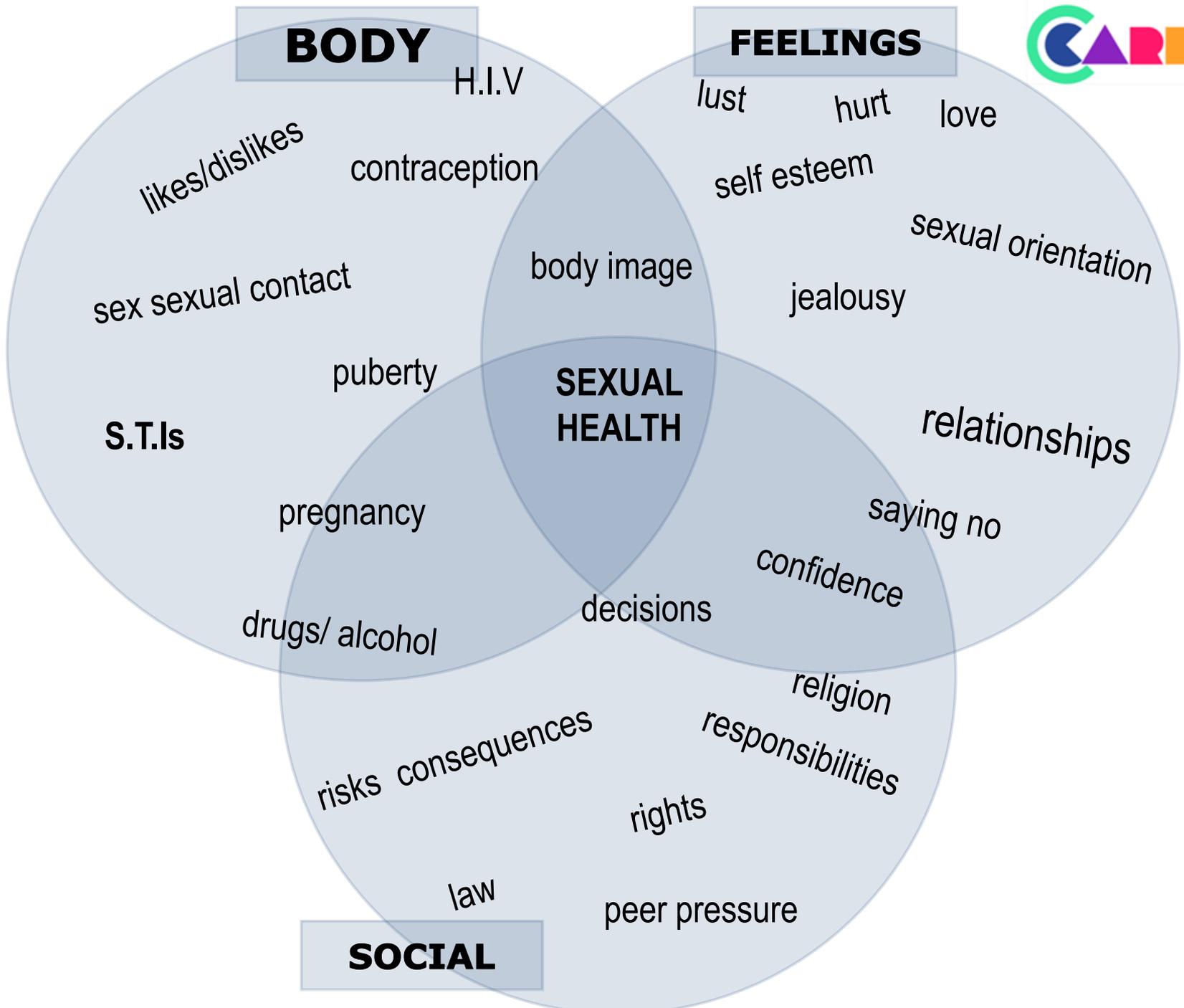


BODY

FEELINGS

SOCIAL





What is Sexual Health?

- A Healthy Body
- Freedom from guilt, shame & other negative emotions
- The ability to enjoy sexual activities without social pressure

WHO Definition of Sexual Health

Sexual health is a state of **physical, mental and social** well-being in relation to sexuality.

It requires a **positive** and **respectful** approach to sexuality and sexual relationships, as well as the possibility of having **pleasurable** and **safe** sexual experiences, free of **coercion, discrimination and violence.**

United Nations Definition of Sexual Health

“..the notion of sexual health implies a **positive approach** to human sexuality and the purpose of sexual health care should be **the enhancement of life and personal relations** and **not merely counselling and care related to reproduction** and sexually transmitted diseases.”

Risk & Protective Factors

• Risk factors

- Parental influence
- Family-School-Community
- Aspirations
- Peers

Protective Factors

- Parental influence
- Family-School-Community
- Aspirations
- Peers

Low income, poor housing availability of substances, appearing older, family history of problem behaviour, drug use & normalisation

Fairness, closeness, belonging, feeling wanted, positive conflict resolution, peer influence, parental involvement in school & social life

Not Static

A vertical bar on the left side of the slide, composed of six colored stripes: blue, green, purple, red, yellow, and orange.

Sexually Transmitted Infections Quiz

Sexually Transmitted Infections Quiz

<https://b.socrative.com/login/student/>

Room: GRAEME

Questions asked by young people about STIs

- © How do I know if I have an STI?
- © What is an 'STI check' and what happens?
- © My partner says I don't look normal down there
- © What do I do if I find a lump?
- © What is normal discharge?
- © If a partner has an STI will I know by looking at their genitals?
- © Is it normal for a male to have discharge? Should I be looking/milking for it?
- © How safe are condoms against STIs
- © Are genital warts a 'dirty' infection?
- © If I have had an STI does that mean I can't get pregnant?

S.T.Is affect the lives of over **20,000** people in Scotland every year.

The six most common S.T.Is are;

- ☾ *Chlamydia*
- ☾ *Genital warts*
- ☾ *Gonorrhoea*
- ☾ *Genital Herpes*
- ☾ *Syphilis*
- ☾ *HIV*

**LUMPS, BUMPS,
SORES, ITCHING
& CRAWLING!**

**Know your own body,
know the changes.**

**See something,
say something!**

Sex and the Law Quiz

Sex and the Law Quiz

<https://b.socrative.com/login/student/>

Room: GRAEME

History

- © Sexual Offences Act (Scotland) 2009 is an act of the Scottish Parliament
- © Consolidates and overhauls previous legislation around rape, sexual assault and other sexual offences
- © Came into force on 1 December 2010

National Guidance for under-age sexual activity



- ☺ Produced to guide practitioners in meeting the needs of yp engaged in under-aged sex and early identification of child protection issues
- ☺ Local areas still expected to develop own protocols based on guidance
- ☺ Guidance seeks to strike balance between assuring freedom of yp to make own decisions and protecting them from activity which could cause harm or adverse consequences
- ☺ Guidance makes clear that not all under-age sexual activity is a child protection matter

A vertical bar on the left side of the page, composed of five colored stripes: blue, green, purple, pink, and yellow.

<http://www.pkc.gov.uk/CHttpHandler.ashx?id=1098>

www.pkc.gov.uk/CHttpHandler.ashx?id=17401&p=0

<http://www.anguschildprotectioncommittee.org.uk/pdfs/ACPInteragencyGuidance.pdf>

Consent

- € Age of consent to sex is 16, regardless of sex
- € Defined as ‘free agreement’
- € Free agreement cannot take place when
 - a) *Incapable because of drink or drugs*
 - b) *There is violence or threat of violence*
 - c) *Someone is unlawfully detained*
 - d) *Someone is deceived as to nature of activity*
 - e) *Someone thinks person they are having sex with is someone else*
 - f) *Sexual activity is agreed to by a third person*
 - g) *Someone is asleep or unconscious*
- € Consent can be granted and withdrawn at any time

Rape

- © Definition of rape extended to cover males as victims of rape, as well as females
- © Definition extended to cover oral and anal sex as well
- © Rape defined as intentional penetration of vagina, anus or mouth, with a penis and without consent

Young Children

- © Young children defined as those 12 and under
- © It is illegal to engage in any form of sexual activity with a young child
- © It is illegal to encourage a young child to engage in sexual activity with someone else

Older Children

- € Older children defined as aged 13, 14 or 15
- € It is illegal to engage in any form of sexual activity with an older child (applies to perpetrators 16+)
- € It is illegal to encourage an older child to engage in sexual activity with someone else
- € Possible defence in court if can prove reasonable belief child was 16
- € Possible defence of proximity of age (less than 2 years age difference between perpetrator and older child)
- € BUT proximity of age defence applies only to sexual activity which would be lawful if both parties were aged 13-15
- € So proximity of age defence would not apply to sexual intercourse or oral sex.

Older children engaging in sexual conduct with each other

- © If older children of 13, 14 or 15 engage in some sexual activity with each other it is illegal
- © Sexual intercourse or oral sex always unlawful
- © Such offences if reported would normally be dealt with by the Children's Reporter rather than prosecution in the criminal courts

Sexual abuse of trust

- © An adult commits this offence if they engage in sexual activity with someone under 18 with whom they are in a position of trust (someone they “look after”)
- © This applies to teachers, social workers, people with parental responsibilities, residential care staff and others

“look after” refers to regularly caring for, teaching, training, supervising or being in sole charge of someone under 18

Learning Disabilities

- © Someone with a learning disability is incapable of consenting to sexual conduct when they are incapable of :
 - a) *Understanding what the conduct is*
 - b) *Forming a decision about whether to engage in the conduct*
 - c) *Communicating a decision*

Communicating indecently with a child

- € Offence for person to send or show any sexual written or verbal communication or image to a young child or older child
- € This offence committed where perpetrator acted for purpose of obtaining sexual gratification or to humiliate or distress the child
- € Where tried on indictment, maximum penalty is 10 years imprisonment (young child) or 5 years imprisonment (older child)

Sexting

- © It is a serious crime for under 18s
- © Sexting becomes the criminal offence of producing and distributing sexually explicit images/child pornography
- © A young person could get a criminal record – this can affect future opportunities for college, university and jobs. It might show up in “enhanced disclosure checks” later in life.

Pornography: The offence

It must be

- € *obscene,*
- € *pornographic and*
- € *extreme.*

What defences are there?

- € Legitimate possession
- € Ignorance as to the nature of the image
- € Ignorance as to their possession of the image

<http://www.legislation.gov.uk/asp/2010/13/part/2/crossheading/sexual-offences/enacted>

Condom Excuses

40% of respondents from a survey of young people who had experienced intercourse reported **not using a condom.**

- **...why do we think this is?**
- **...how can we support young people?**

Condom Excuses....

But I'm on the pill

I'm allergic to latex

We only ever have oral sex anyway

Do you not trust me?

I've never used one before

It's embarrassing

I've known you all my life

They feel like wellies

We haven't so far so why now?

Barriers & Enablers To Contraception

Enablers

- ☺ Discussing sex before it happens
- ☺ Sex which is perceived as intimate
- ☺ Having parents who portrayed sex positively in childhood and early teenage years
- ☺ Connection with a sexual health service.

Barriers

- ☺ Forgetting, poor management
- ☺ Unplanned sex
- ☺ Age/Youth/Maturity
- ☺ “Spoil the mood”
- ☺ Alcohol
- ☺ Men refusing
- ☺ Women bearing the responsibility
- ☺ Parental support

Barriers & Enablers To Contraception

Primary Enabler

COMMUNICATION!

Someone comes in to ask for Condoms...



How it Works

- € Supported access to free condoms
- € Choice to have a CCard, or not
- € As many condoms as they might need
- € Use the Card to access condoms in over 200 locations accross Tayside
- € App with “Free Condom Finder”

What Does Your Service Look Like?

- ☺ Comfortable
- ☺ Private
- ☺ Distractions
- ☺ Interruptions
- ☺ Noise
- ☺ Safe
- ☺ Relaxed

Are they Safe?

Are they Safe?

- © Never assume their safety
- © Talk to them
- © Ask questions
- © Be prepared
- © Signpost on, if necessary.

Are they Safe?

This is to provide **guidance** only –

Child protection is everybody's business.

There is **no** legal requirement to **document information**, neither are there **age restrictions** on giving out condoms.

The aim of the scheme is to create a **safe place** for everyone to ask questions and get information.

It gives us the opportunity to discuss sexual health and well being in a positive framework.

What to ask?

- ☺ What do they mean by “**having sex**”?
- ☺ Are they relationship? Is it sexual?
- ☺ Do they understand ‘**consent**’?
 - ☺ Do they feel comfortable having the sex they have?
 - ☺ Do they feel able to say no?
 - ☺ Are they being forced to have sex?
 - ☺ Have they ever felt scared, during sex?
- ☺ Did/do they know the person?
- ☺ Risk taking? Alcohol? Drugs? Keeping safe?
- ☺ How’s their physical, emotional or mental wellbeing?
- ☺ Are they aware of the law around sex?
- ☺ Aware of the consequences (STI, BBV, Pregnancy)?

Under 16?

13-15 year olds will require a little more support around sexual health

- ☺ What do they mean by “**having sex**”?
- ☺ Are they relationship? Is it sexual?
- ☺ Do they understand ‘**consent**’?
 - ☺ Do they feel comfortable having the sex they have?
 - ☺ Do they feel able to say no?
 - ☺ Are they being forced to have sex?
 - ☺ Have they ever felt scared, during sex?
- ☺ Did/do they know the person?
- ☺ Risk taking? Alcohol? Drugs? Keeping safe?
- ☺ How’s their physical, emotional or mental wellbeing?
- ☺ Are they aware of the law around sex?
- ☺ Aware of the consequences (STI, BBV, Pregnancy)?

Discuss the **variety of condoms** available including **flavoured condoms** for oral **sex**.

Offer Confidential service

Explain confidentiality

Getting condoms, is confidential unless you or any other young person may be at risk or harm.

Are you happy enough to go ahead & register?

I just need to ask you a few questions to make sure your situation is safe...

Issue condoms, Register YP on C Card app or issue CCard. Explain how it works. Explain that you don’t need a CCard, but it may make it **easier, in the future.**

Talk young person through a **condom demonstration** and let them have a go. **See condom check list for details.**

Make sure the young person **knows what is in the bag** and highlight the instruction leaflet. If young person has preferred choice of condoms, make up bag

Advise of local services that can provide emergency contraception & S.T.I testing in the event of a condom splitting **(NeedTayKnow App)**

Over 16?

YES!

NO!

**Do they have/
want C Card?**

Please refer to
Under 16
protocol.

NO!

YES!

No Card, No problem.
People can still access
condoms **without a
CCard**

Discuss the **variety of
condoms** available
including **flavoured
condoms for oral
sex.**

Offer Confidential service
Explain confidentiality
Getting condoms, is
confidential unless you or any
other young person may be at
risk or harm.
Are you happy enough to go
ahead & register?
“I just need to ask you a few
questions to make sure your
situation is safe...”

Talk young person through a
condom demonstration and let
them have a go. **See condom
check list for details.**
Make sure they **know what is
in the bag** and highlight the
instruction leaflet. If young
person has preferred choice of
condoms.

Remember **circumstances
change....** always engage the
young person in **discussion** where
possible

Remind young person of **agency support & opening times.**
Advise of local services that can provide **emergency
contraception & S.T.I testing** in the event of a condom splitting.



Under 13?

C Card/condoms **cannot be issued**, Automatic referral is essential.

Automatic report to child protection.

Refer to manager,
follow agency CP
procedure

How to put a condom on!



How to put a condom on!



Pinch the tip, in a knot, wrap condom over the penis in bin.

Get it round the penis, check the main carefully

No air bubbles

Condom Demonstration

- ☺ Check date, BSI Kite mark or CE mark
- ☺ Foil intact (no dents, tears or punctures)
- ☺ Push condom to one side, tear packet (nails/jewellery?)
- ☺ Hold teat firmly, between thumb & finger (expel air), make sure condom is right way for rolling
- ☺ Make sure penis is erect, keeping hold of teat, roll down length of penis (if there is foreskin, pull it back)
- ☺ After ejaculation, make sure base of condom is held whilst you withdraw
- ☺ Move away from partners genitals and slide off of penis
- ☺ Dispose of hygienically
- ☺ Explain choice of condoms and lube etc

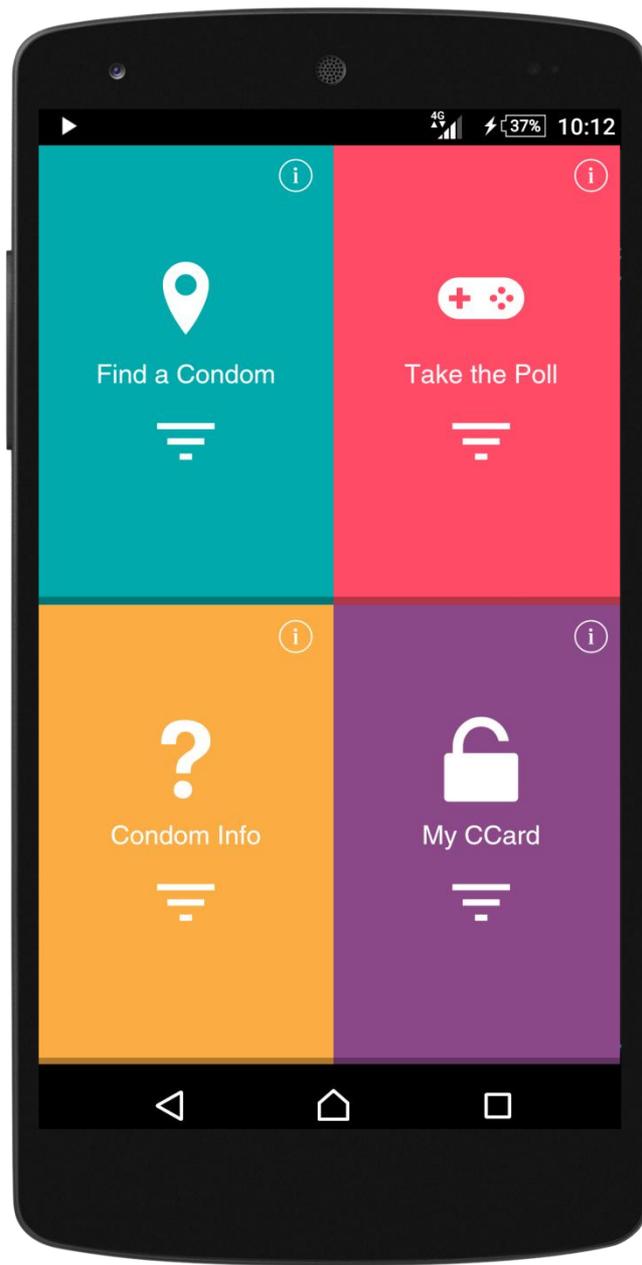
Key points to remember:

- ☺ How does your service look & feel to a young person...what are you trying to achieve?
- ☺ Are they safe?
- ☺ Condom demonstration
- ☺ What next?



Free Condom Finder





Where to get Free Condoms in Tayside



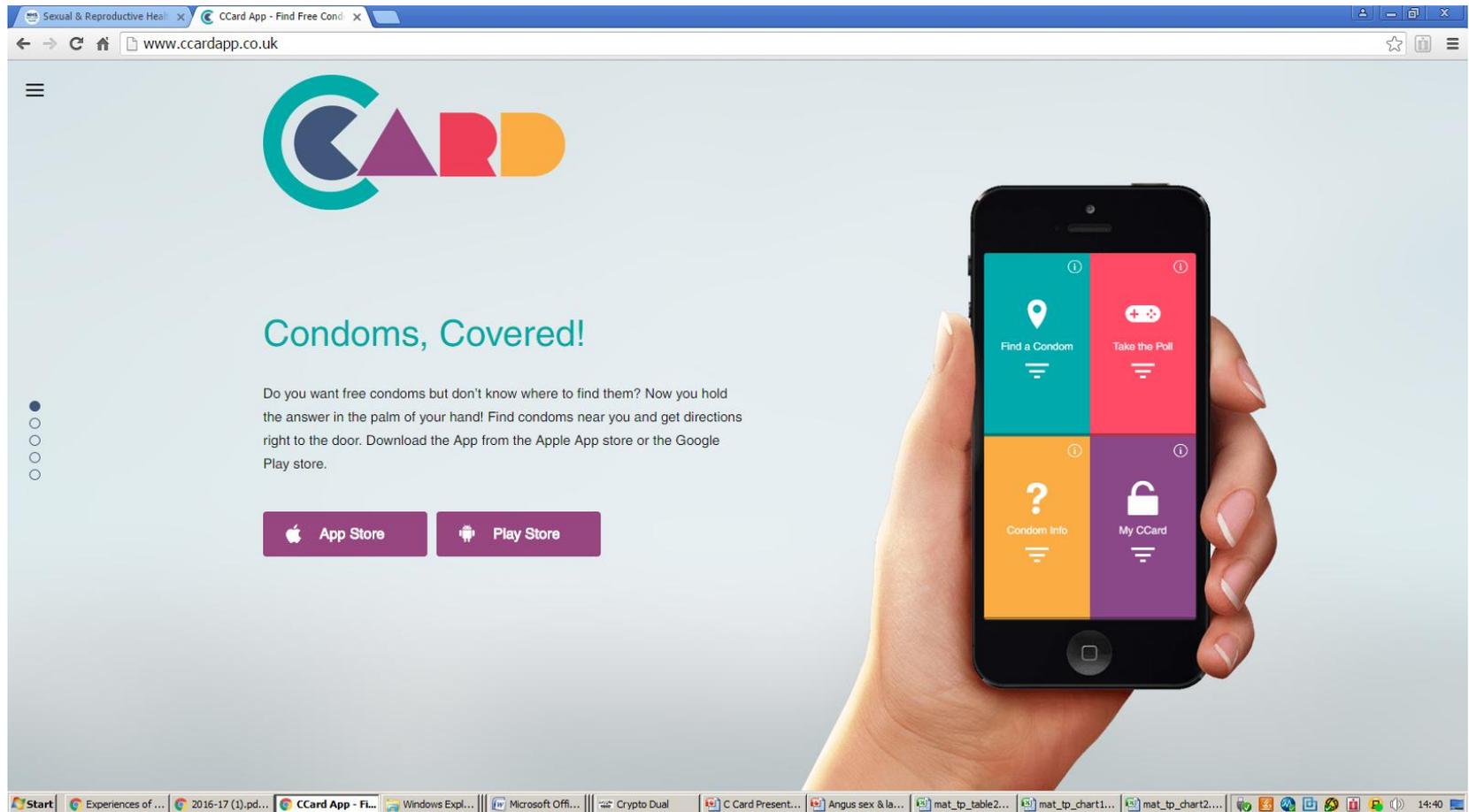
A screenshot of a web browser displaying the 'Sexual & Reproductive Health' page on the website www.sexualhealthtayside.org. The browser's address bar shows the URL. Below the navigation menu, there are two dropdown menus: 'Condoms by Post' and 'CCard for young people (13-25)'. The main content area is titled 'CCard Locations' and features two tabs: 'Distribution' (selected) and 'Registration'. Below the tabs is a map of the Tayside region in Scotland, with numerous red location pins indicating where CCard services are available. The map includes labels for various towns and villages such as Dundee, Perth, Forfar, and Brechin. The browser's taskbar at the bottom shows several open applications, including 'Start', 'Experiences of...', '2016-17 (1).pd...', 'Sexual & Rep...', 'Windows Expl...', 'Microsoft Offi...', 'Crypto Dual', 'C Card Present...', 'Angus sex & la...', 'mat_tp_table2...', 'mat_tp_chart1...', and 'mat_tp_chart2...'. The system clock in the bottom right corner shows the time as 14:39.

<http://www.sexualhealthtayside.org/sexual-reproductive-health/>

Where to get free condoms in Tayside



<http://www.ccardapp.co.uk/>



The screenshot shows a web browser displaying the CCard app website. The browser's address bar shows the URL www.ccardapp.co.uk. The website features the CCard logo at the top left. Below the logo, the heading "Condoms, Covered!" is displayed in teal. Underneath, a paragraph of text reads: "Do you want free condoms but don't know where to find them? Now you hold the answer in the palm of your hand! Find condoms near you and get directions right to the door. Download the App from the Apple App store or the Google Play store." Below this text are two buttons: "App Store" with the Apple logo and "Play Store" with the Android logo. On the right side of the page, a hand is holding a smartphone displaying the app's interface. The app screen has four main buttons: "Find a Condom" (teal), "Take the Poll" (red), "Condom Info" (orange), and "My CCard" (purple). Each button has a small information icon in the top right corner. The browser's taskbar at the bottom shows several open applications, including "Start", "Experiences of...", "2016-17 (1).pd...", "CCard App - FL...", "Windows Expl...", "Microsoft Off...", "Crypto Dual", "C Card Present...", "Angus sex & la...", "mat_tp_table2...", "mat_tp_chart1...", and "mat_tp_chart2...". The system clock in the bottom right corner shows "14:40".



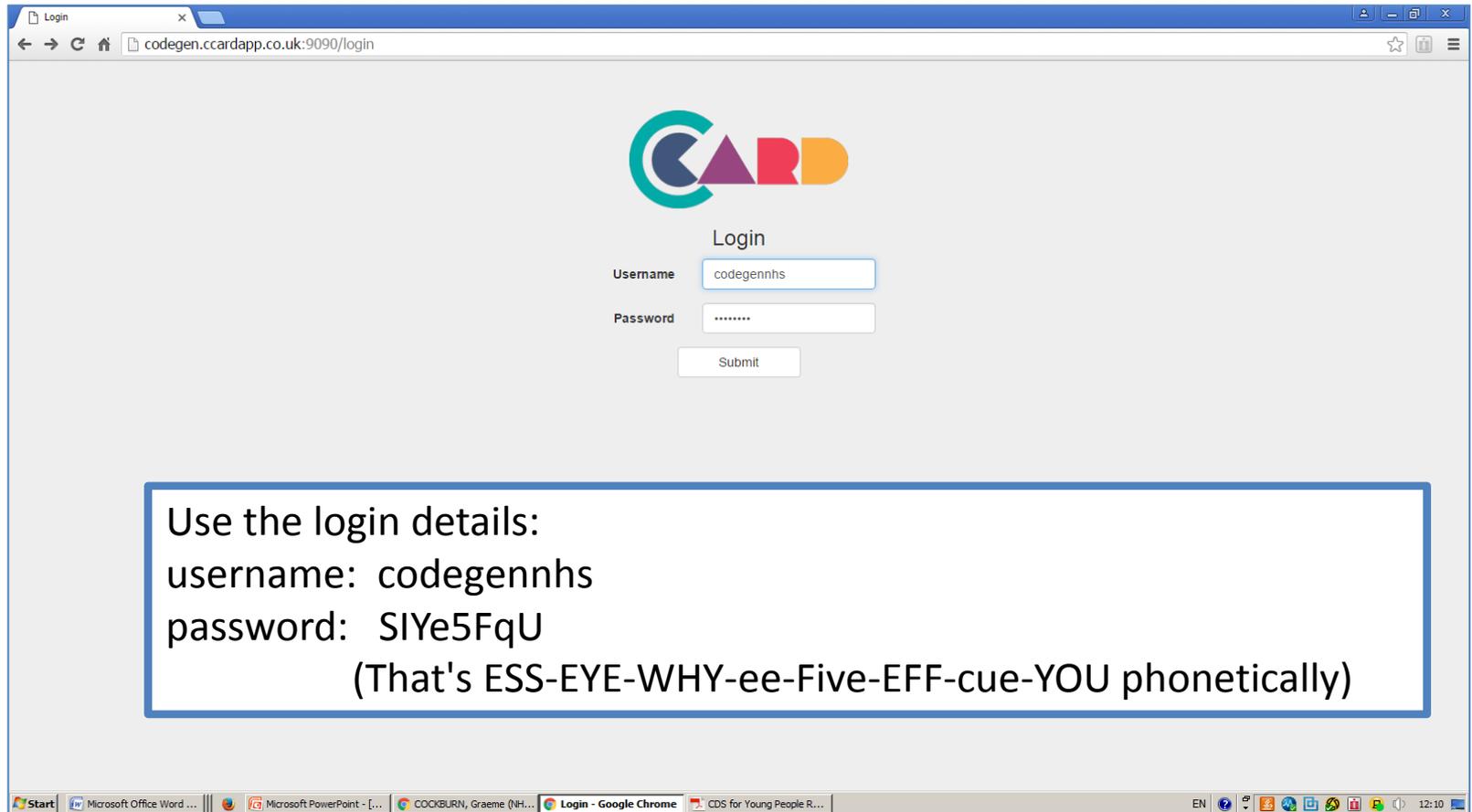
Browser window showing the login page for codegen.ccardapp.co.uk:9090/login.

The page displays the CARD logo and a login form with the following fields:

- Username:
- Password:
- Submit:

A blue-bordered box contains the instruction: Go to www.codegen.ccardapp.co.uk

The taskbar at the bottom shows several open applications: Start, Microsoft Office Word, Microsoft PowerPoint, Make it Good - a conver..., Login - Google Chrome, and CDS for Young People R... The system tray shows the language set to EN and the time as 12:07.



Use the login details:
username: codegennhs
password: SIYe5FqU
(That's ESS-EYE-WHY-ee-Five-EFF-cue-YOU phonetically)



CCard Generator

codegen.ccardapp.co.uk:9090

Code Users codegenhs

CCard Code Generation

Month of Birth: 1

Year of Birth: 2017

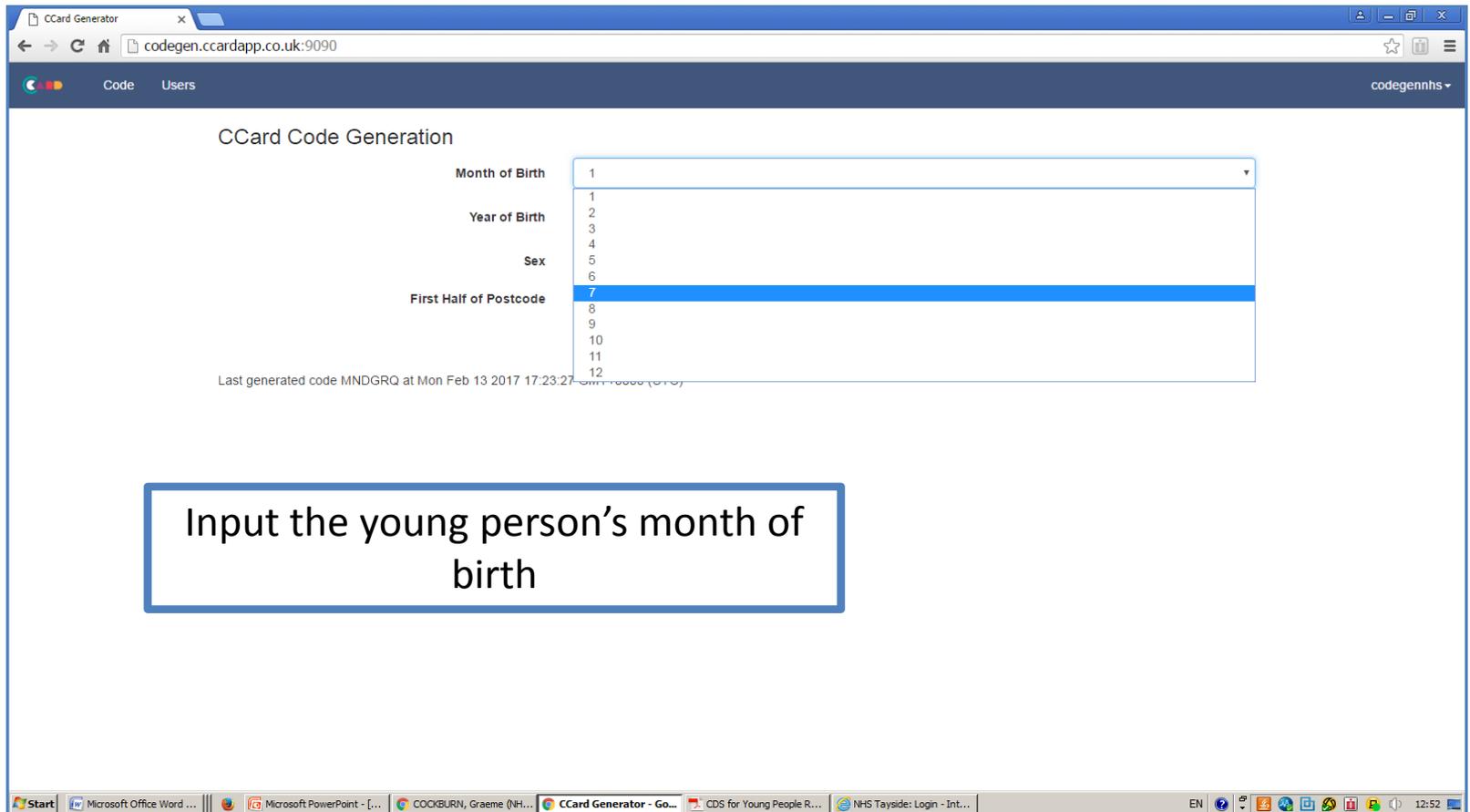
Sex: Male Female Other

First Half of Postcode: Postcode

Generate

Last generated code MNDGRQ at Mon Feb 13 2017 17:23:27 GMT+0000 (UTC)

Start Microsoft Office Word ... Microsoft PowerPoint - [...] COOKBURN, Graeme (NH...) CCard Generator - Go... CDS for Young People R... NHS Tayside: Login - Int... EN 12:32



CCard Generator

codegen.ccardapp.co.uk:9090

Code Users codegenhs

CCard Code Generation

Month of Birth 1

Year of Birth 2

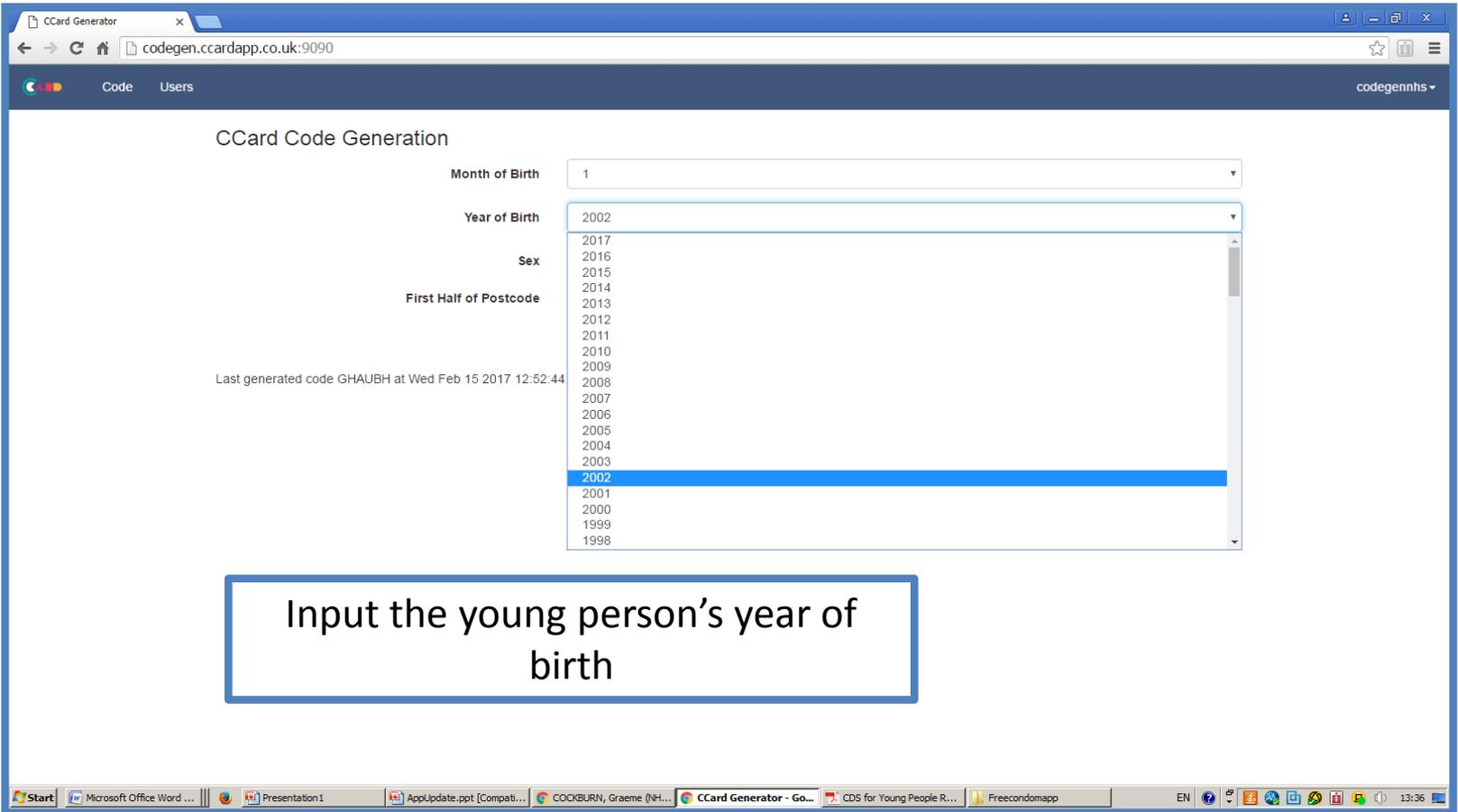
Sex 5

First Half of Postcode 7

Last generated code MNDGRQ at Mon Feb 13 2017 17:23:27 GMT+0000 (UTC)

Input the young person's month of birth

Start Microsoft Office Word ... Microsoft PowerPoint - [...] COOKBURN, Graeme (NH...) CCard Generator - Go... CDS for Young People R... NHS Tayside: Login - Int... EN 12:52



CCard Code Generation

Month of Birth 1

Year of Birth 2002

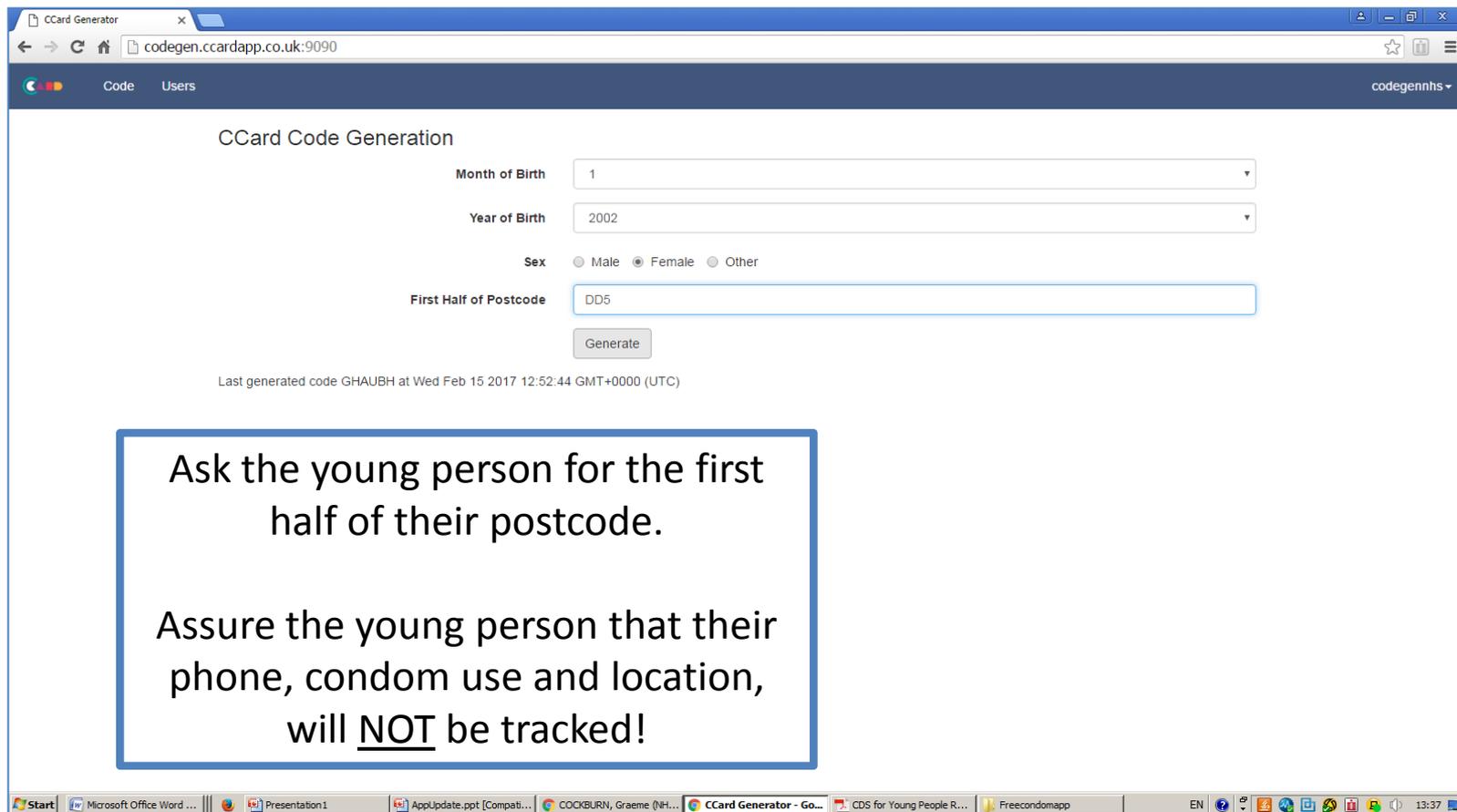
Sex

First Half of Postcode

Last generated code GHAUBH at Wed Feb 15 2017 12:52:44

Input the young person's year of birth

Taskbar: Start, Microsoft Office Word..., Presentation1, AppUpdate.ppt [Compati..., COCKBURN, Graeme (NH...), CCard Generator - Go..., CDS for Young People R..., Freecondomapp, EN, 13:36



The screenshot shows a web browser window with the address bar displaying "codegen.ccardapp.co.uk:9090". The page title is "CCard Generator" and the user is logged in as "Users". The main content area is titled "CCard Code Generation" and contains the following form fields:

- Month of Birth: A dropdown menu with the value "1" selected.
- Year of Birth: A dropdown menu with the value "2002" selected.
- Sex: Radio buttons for "Male", "Female" (selected), and "Other".
- First Half of Postcode: A text input field containing "DD5".

Below the form is a "Generate" button. Underneath the button, it says "Last generated code GHAUBH at Wed Feb 15 2017 12:52:44 GMT+0000 (UTC)".

At the bottom of the browser window, the taskbar shows several open applications: Start, Microsoft Office Word, Presentation1, AppUpdate.ppt [Compati..., COCKBURN, Graeme (NH..., CCard Generator - Go..., CDS for Young People R..., and Freecondomapp. The system clock shows 13:37.

Ask the young person for the first half of their postcode.

Assure the young person that their phone, condom use and location, will NOT be tracked!



CCard Generator

codegen.ccardapp.co.uk:9090

Code Users codegenhs

CCard Code Generation

Month of Birth: 1

Year of Birth: 2002

Sex: Male Female Other

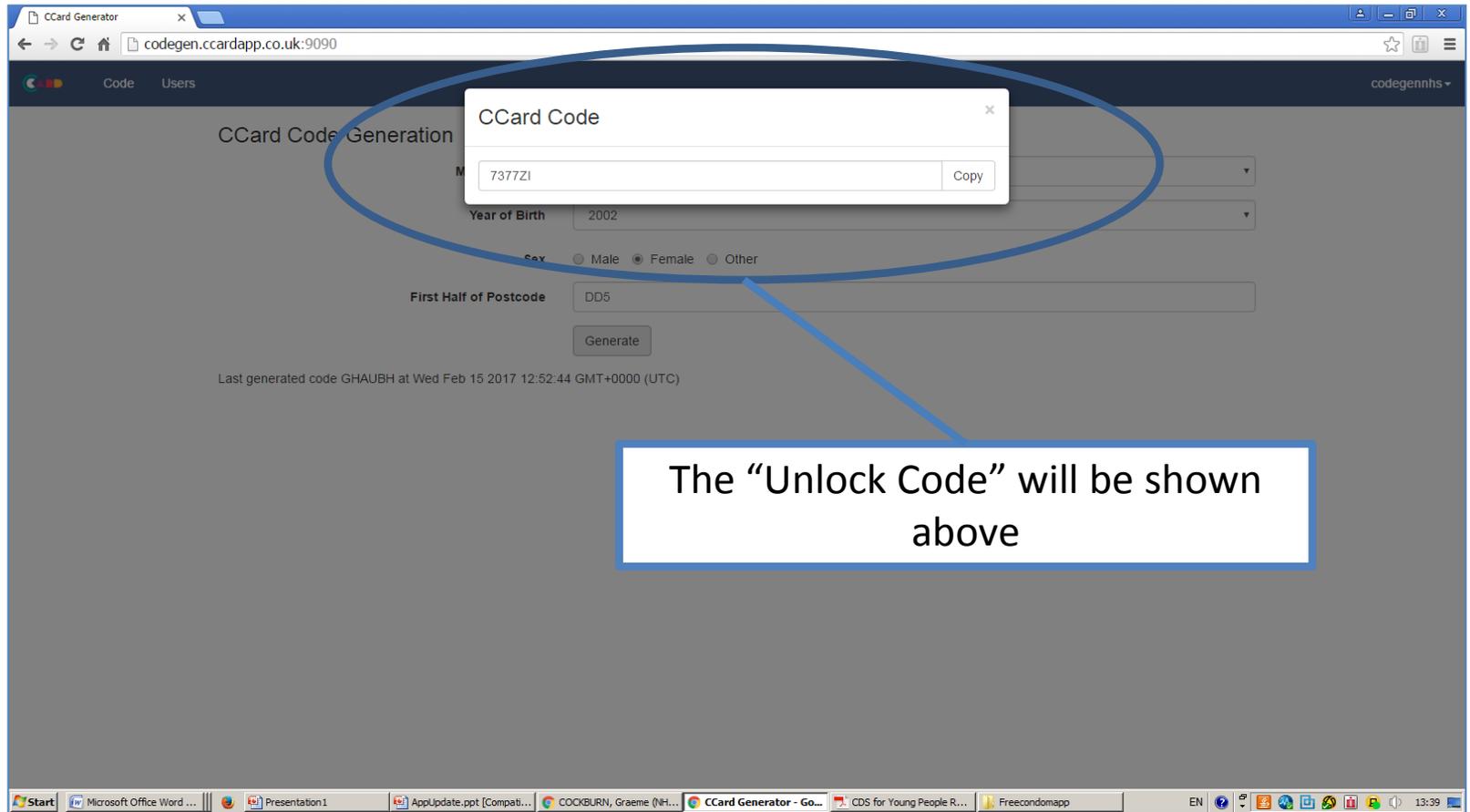
First Half of Postcode: DD5

Generate

Last generated code GHAUBH at Wed Feb 15 2017 12:52:44 GMT+0000 (UTC)

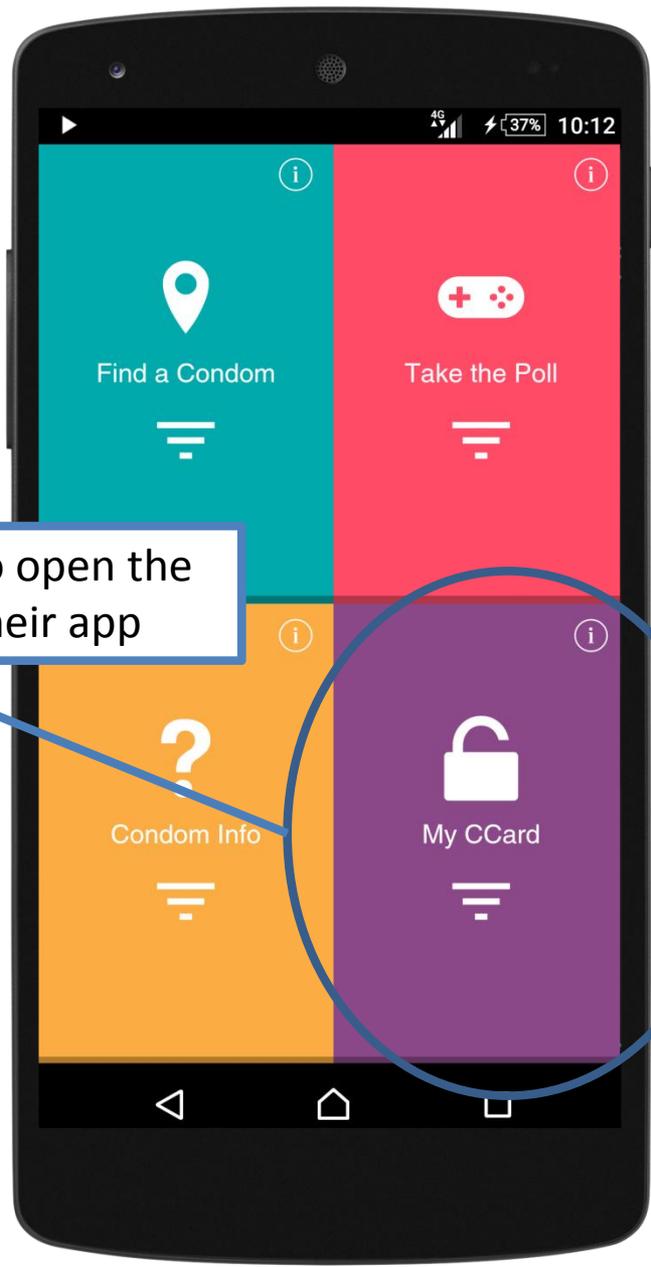
Click the "GENERATE" button

Start Microsoft Office Word ... Presentation1 AppUpdate.ppt [Compati... COCKBURN, Graeme (NH... CCard Generator - Go... CDS for Young People R... Freecondomapp EN 13:37



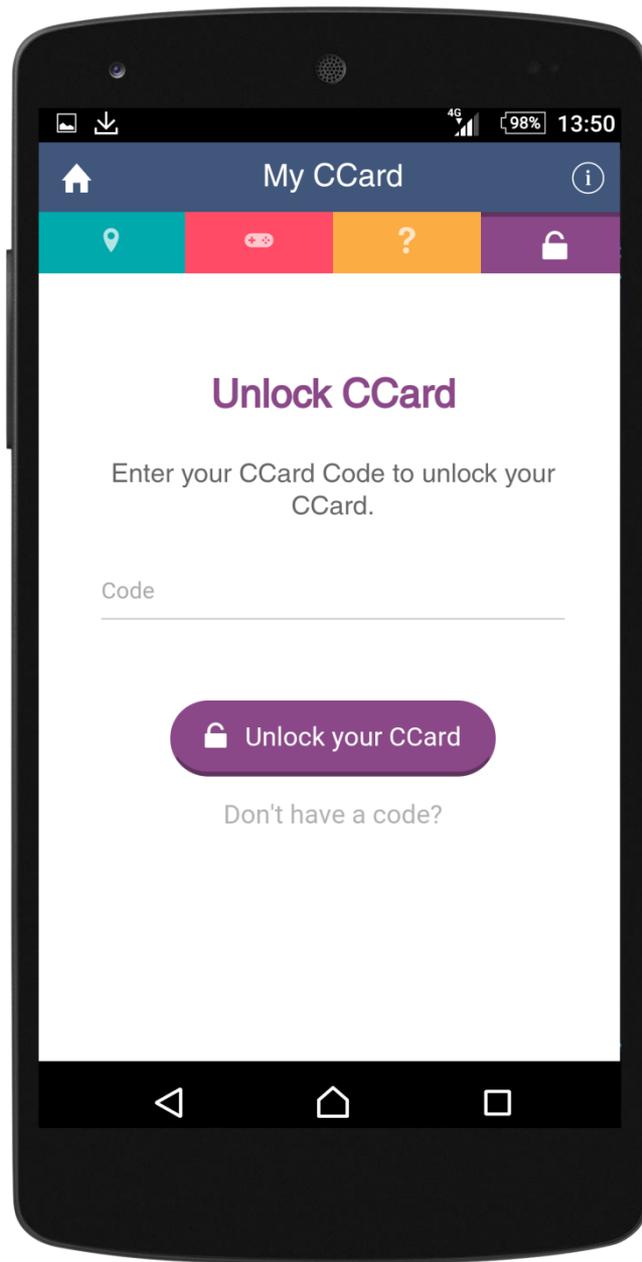
The screenshot shows a web browser window titled "CCard Generator" with the URL "codegen.ccardapp.co.uk:9090". The main page is titled "CCard Code Generation" and contains a form with the following fields: "M" (with value "7377ZI"), "Year of Birth" (with value "2002"), "Sex" (with radio buttons for "Male", "Female", and "Other", where "Female" is selected), and "First Half of Postcode" (with value "DD5"). A "Generate" button is located below the form. A modal window titled "CCard Code" is open, displaying the code "7377ZI" and a "Copy" button. A blue oval highlights the modal window, and a blue arrow points from it to a text box. The text box contains the text: "The 'Unlock Code' will be shown above". The Windows taskbar at the bottom shows several open applications, including "Microsoft Office Word", "Presentation1", "AppUpdate.ppt [Compati...", "COCKBURN, Graeme (NH...", "CCard Generator - Go...", "CDS for Young People R...", and "Freecondmapp". The system tray shows the time as 13:39.

The "Unlock Code" will be shown above



Ask the young person to open the "Purple" section of their app







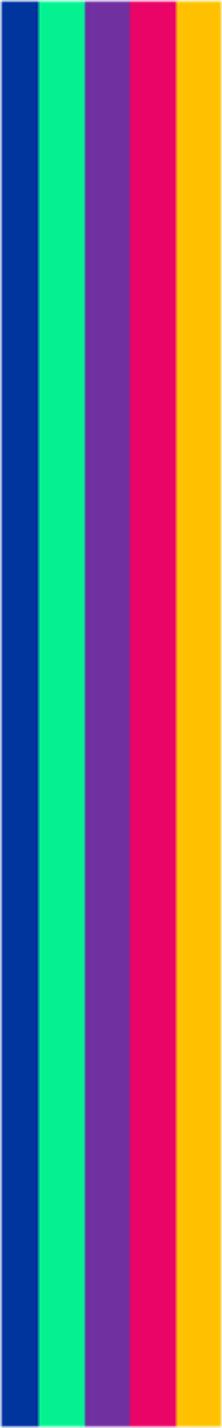
Type the code, in this space, the code is always UPPERCASE

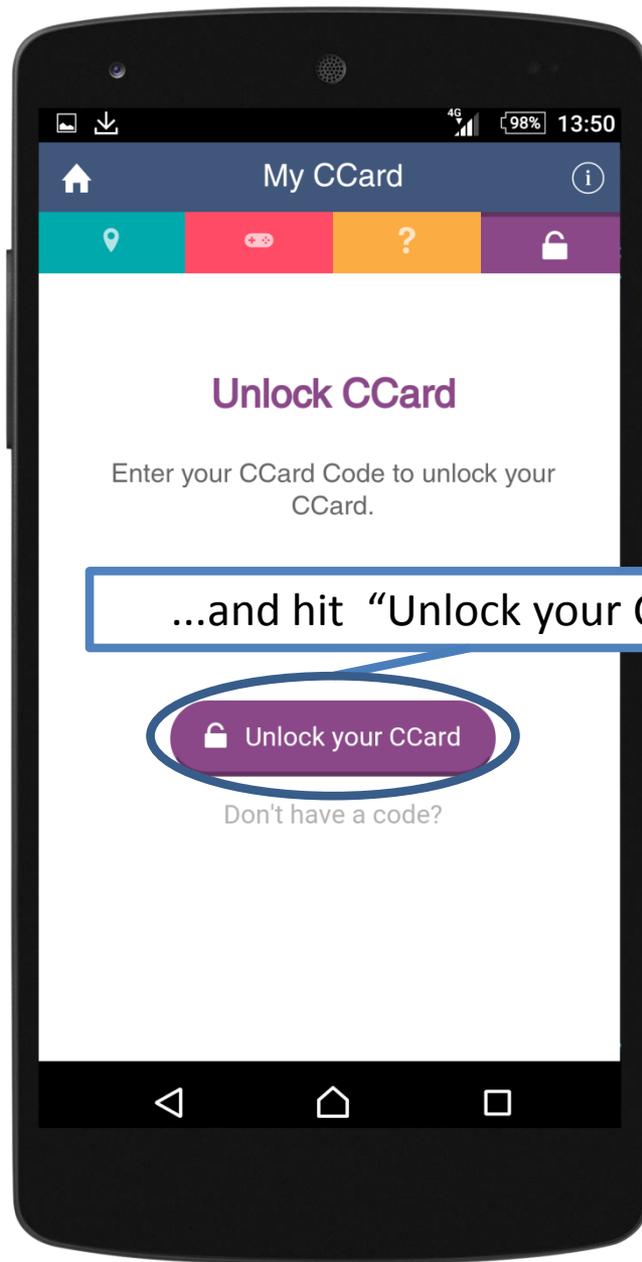
CODE
7377ZI

7377ZI



Remove the keyboard

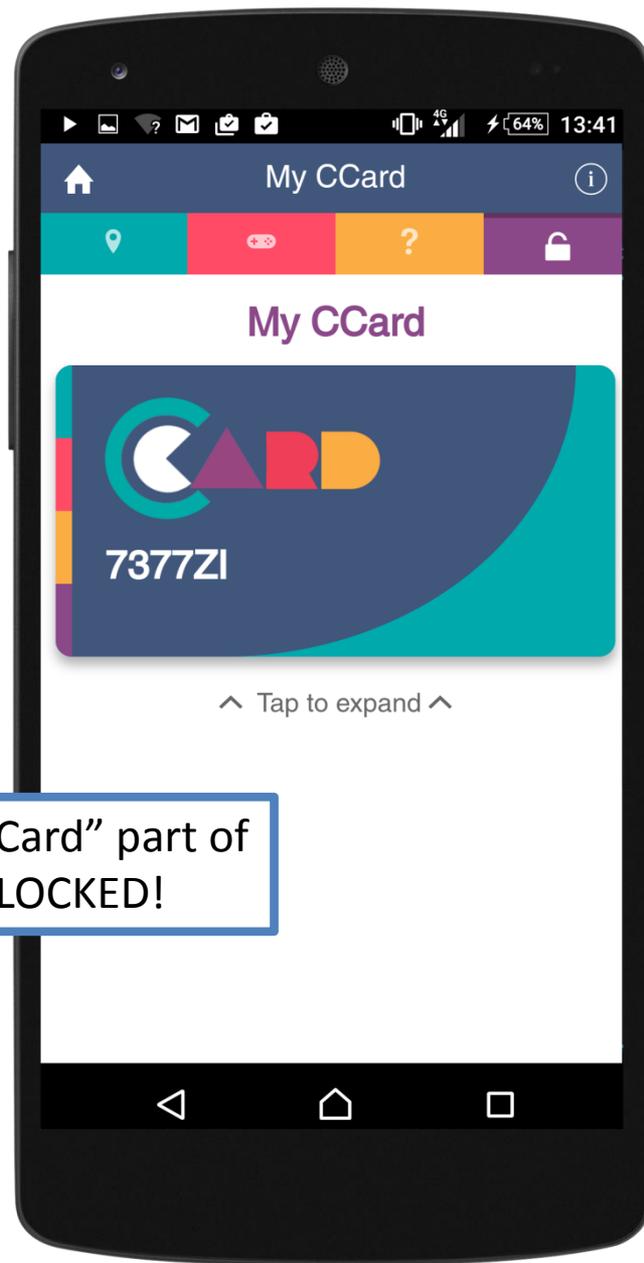




...and hit "Unlock your CCard"



Don't have a code?



Congratulations, the “CCard” part of the app, is now UNLOCKED!



Log off, here

CCard Code Generation

Month of Birth 1

Year of Birth 2017

Sex Male Female Other

First Half of Postcode Postcode

Generate

Last generated code 7377ZI at Wed Feb 15 2017 13:37:46 GMT+0000 (UTC)

codegenhhs

If you need the young person's code again, it will be held here until you generate a new code or log off...

What Next....

- Apply to join CDS/C Card
- Sign agreement
- Become familiar with the paperwork...
- Order resources
- Publicise the service
- Ask for help if you need it

Order form

	Date
Outlet Name	
Contact Name	
Email Address	
Contact Number	

TAYSIDE CONDOM INITIATIVE ORDER FORM (March 2018)

PASANTE	
Condoms (144, bags & Leaflets)	
Regular	
Naturelle	
Trim	
King Size	
Feel (Sensitive)	
Taste (Flavoured)	
Black Velvet (Large)	
Smiley	
Pride	
Love	
Red Ribbon	
Femdom/female condom	
Sensiva (Non-Latex)	
Boxed (3 condoms) x 12 per pack	
Regular	
Naturelle	
Trim	
King Size	
Feel (Sensitive)	
Taste (Flavoured)	
LUBRICANT	
Light Lube 5mls (144)	
RESOURCES	
Pregnancy Myths Booklet (x25)	
Pregnancy Poster (x1)	
STI Booklet (x25)	
STI Poster (x1)	
Lubrication Booklet (x25)	
Lubrication Poster (x1)	

Useful links:
websites, apps and local
services

Useful links

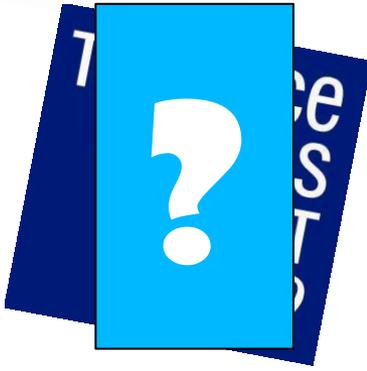
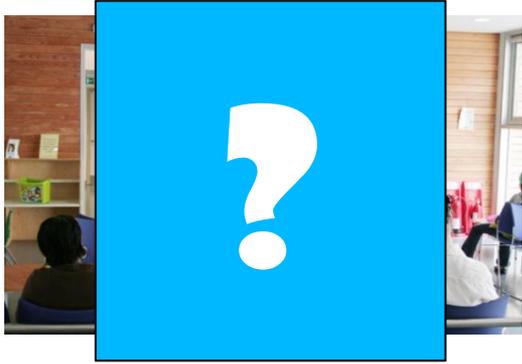
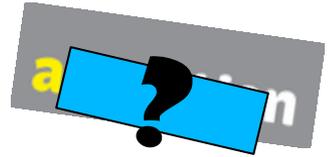
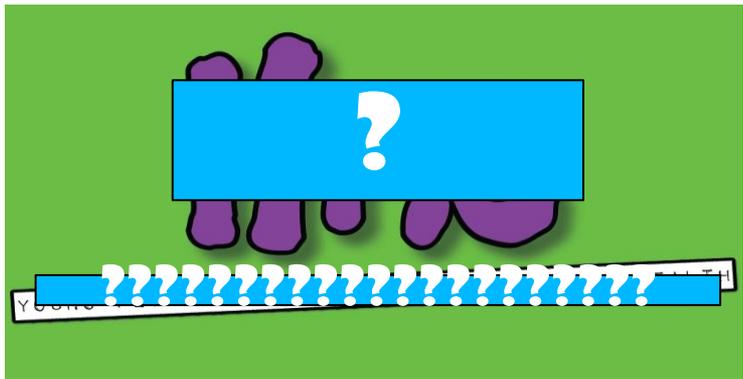
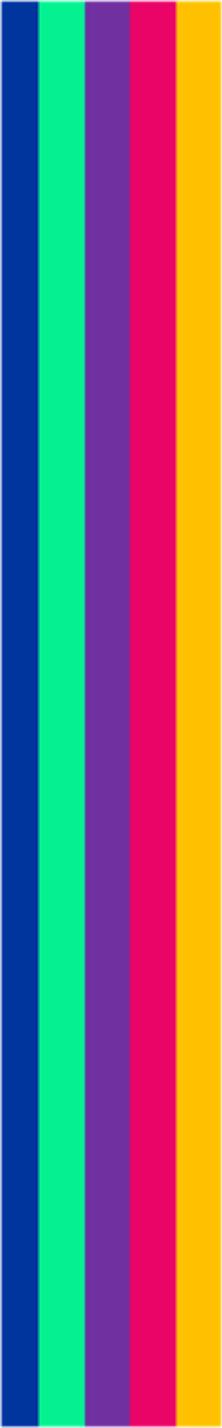
- <http://www.fpa.org.uk/help-and-advice>
- <http://www.sexualhealthscotland.co.uk/>
- <http://www.ceop.police.uk/>
- <http://www.brook.org.uk/>
- <http://www.thesite.org/>
- <http://www.getthelowdown.co.uk/>

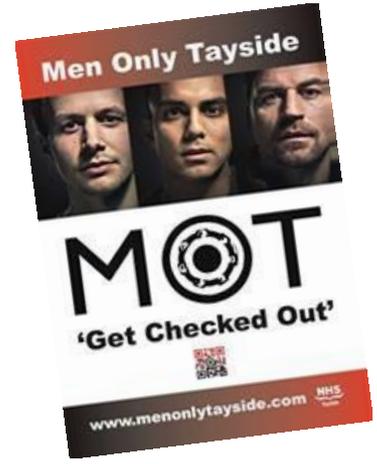
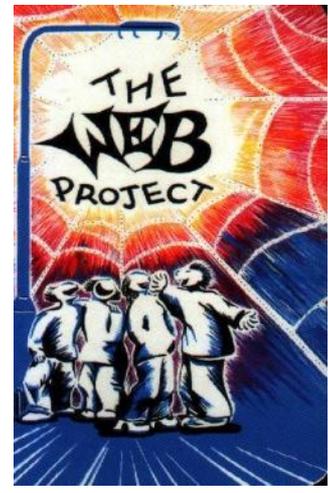


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www.addaction.org.uk

www.lgbtyouth.org.uk/

www.needtayknow.com

www.cafeproject.org.uk/

www.thecorner.co.uk/

www.cairscotland.org.uk (web project)

www.sexualhealthtayside.org

www.tht.org.uk

www.menonlytayside.com/

