ODnotMe

OVERDOSE DOESN'T DISCRIMINATE

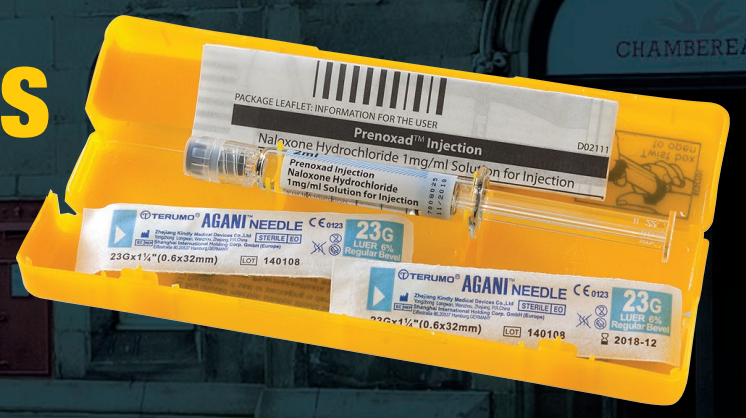
A WITNESS WAS PRESENT AT OVER HALF OF ALL OVERDOSES BUT NO HELP WAS GIVEN

90% OF OVERDOSES ARE PREVENTABLE

WOULD YOU KNOW WHAT TO DO? CALL 999

CARRY NALOXONE - IT SAVES LIVES

CALL 01382 200532 OR DROP INTO THE CAIRN CENTRE TO GET A KIT



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HARM REDUCTION SERVICES, CAIRN CENTRE, 12 RATTRAY STREET, DUNDEE 01382 200532

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MORE PEOPLE DIE IN DUNDEE FROM DRUG RELATED DEATHS THAN ROAD TRAFFIC ACCIDENTS

DRUG RELATED DEATHS
ROAD TRAFFIC DEATHS

MANY PEOPLE ARE AT RISK OF OVERDOSE BUT DON'T REALISE IT
WE CANNOT ALLOW THIS TO CONTINUE
WOULD YOU KNOW WHAT TO DO? CALL 999

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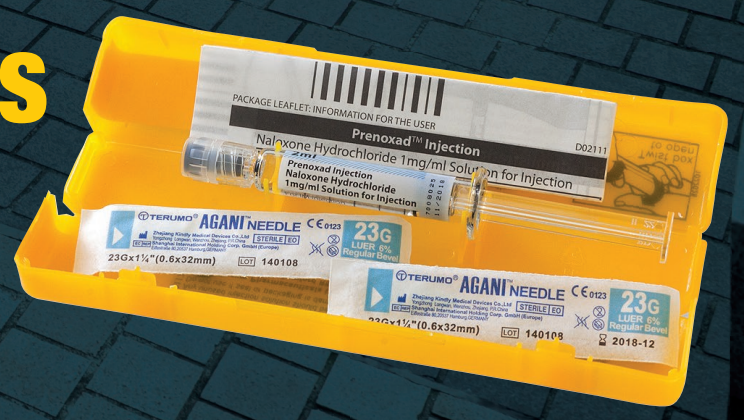

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1 OVERDOSE IN EVERY 7 IS FATAL

NON FATAL OVERDOSE
FATAL OVERDOSE

DO YOU FIT THE PROFILE?

MIX YOUR DRUGS?
IN TREATMENT?
RECENTLY OUT OF PRISON?

RECENTLY HAD A NON FATAL OVERDOSE?
IN RECOVERY?

WOULD YOU KNOW WHAT TO DO? CALL 999

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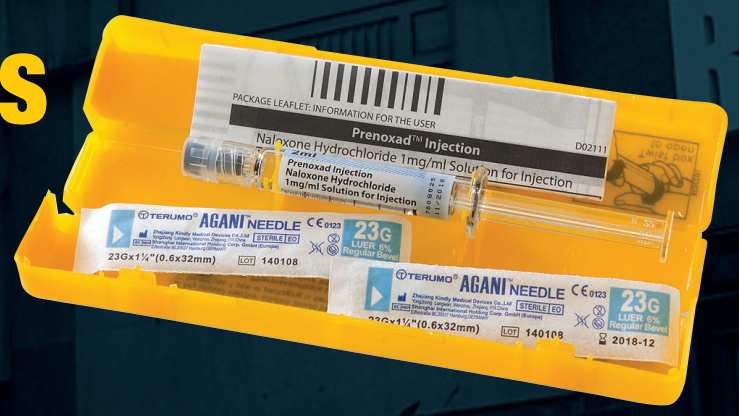

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THE ROAD TO RECOVERY CARRIES RISKS

WHEN IN RECOVERY YOUR TOLERANCE IS REDUCED

SUPPORT GROUPS CAN HELP RECOVERY AND PREVENT OVERDOSE

WOULD YOU KNOW WHAT TO DO? CALL 999

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