

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*World's greatest  
invention.  
(16/Dundee/Male)*

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*My experience of  
social media is alright  
when it comes to sex  
and relationships.  
(<16/Angus/Female)*

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*It is a way to communicate  
with friends and family and  
see what is going on in the  
world and things that  
matter to you.  
(16/Angus/Male)*

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*Way for people to share  
experiences and voice  
their opinion.  
(17/Dundee/Female)*

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*It means that you can  
stay in contact.  
(16/Dundee/Male)*

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*I wouldn't have  
had any of the  
relationships I've  
had if it wasn't for  
Facebook.  
(Focus Group  
1/Angus)*

WHAT DO  
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*Its good if you want to  
know if someone is  
single or not.  
(Focus Group 14/P&K)*

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*It can be a good  
thing and a bad  
thing because people  
can be bullied on  
social media.  
(17/Dundee/Female)*

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*I think it helps – when  
you use it privately.  
(Focus Group 15/Angus)*

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*Social Media is what kills relationships. The reason that our parents and grandparent's relationships are stronger is because the boy can't like another girls Instagram photo.  
(16/Dundee/Female)*

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*As soon as anything like Facebook or that is involved it's just bad. People just spread rumours and make out that stuff has happened when it hasn't. It's all it's used for these days. In my opinion it shouldn't be around. (Focus Group 4/P&K)*

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*Sending sexual images to  
each other  
(<16/Dundee/Female)*

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*nudes sexting porn  
(16/Dundee/Female)*

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*It's the same as normal  
relationships, but can cause  
bother with pictures and  
videos. (18/Dundee/Female)*

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*This topic about social media is a strong  
subject for myself. Personally I don't like  
social media when it comes to  
relationships as too many people get  
involved and that's where rumors start  
and all kinds of problems are caused.  
(20/P&K/Male)*

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*People often send nudes  
using social media which I  
disagree with and find  
disgusting.  
(16/Dundee/Female)*

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*Can make people jealous.  
See boyfriend liking or  
speaking to other girls.  
Makes people antisocial,  
lack of real  
communication.  
(17/Dundee/Female)*

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*Porn is everywhere,  
people sharing pics.  
(18/P&K/Male)*

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*I'd say social media is harmful to most  
relationships, it does nothing but add to the  
idea that your girlfriend might be cheating on  
you. It's like somewhere else to go that you  
don't know what she is up to. I guess I am  
particularly untrusting, but I always have that  
suspicion and Facebook doesn't help. (Focus  
Group 5/P&K)*

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*Leave it off of social media,  
no one cares and its  
overexposing yourself.  
Especially if your partner is  
uncomfortable about  
anyone else seeing/reading  
it. (19/Dundee/Female*

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*Just people seeing photos of you with other  
people, they make so many assumptions,  
photos really aren't that true. Like you never  
really know what's actually happening in the  
picture – like what's going on around. I think if  
you are in a relationship you need to stay away  
from Facebook! (Focus Group 6/Dundee)*

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*People check people out. Relationships aren't 'official' until they're on Facebook.*

*(Focus Group 14/P&K)*

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*Has to be Facebook official or it's not real.  
(19/Dundee/Female)*

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*Fucks you up, lots of drama.  
(17/Dundee/Other gender identity)*

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*YP 1: Yeah, that's a big influence. It's the fall-outs, airing all your dirty laundry.*

*YP 2: Other people provoke stuff.*

*YP 3: Some people don't have boundaries.*

*(Focus Group 12/Dundee)*

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*It's a drama – people stirring things up.  
(Focus Group 16/Angus)*

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*Potentially useful tool for self-expression, however there are far too many people online who would be prepared to pounce upon somebody's feelings and exploit them for malevolent purposes.  
(17/Dundee/Male)*

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*Most [of] my relationships have started because I have been speaking over face book, I think this is bad but I'm trying to change that now. I think it's bad because I had a bad experience with this in the past where boys came to a party and things happened. They had been invited over FB and I did not know them to talk to.  
(<16/Dundee/Female)*

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*Social media can be really pressurising to young people as they see stuff on the internet then they want to copy it without knowing the consequences.  
(16/Angus/Female)*

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*Social media is just a breeding ground for rumour and there's nothing you can do about it cos it's like a no win situation. If you respond to it people take it the wrong way and think you are just being a bitch or something, if you don't respond to it people think it's real and then you get lumped with some kind of false reputation! (Focus Group 8/P&K)*

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*Digital communication makes it easier to keep up to date with people, but you need to be with people to really make that connection. I'd expect sex to be something that we both agree on and want to make the connection and further our relationship. (Focus Group 2/Angus)*

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*I've deleted my Facebook account cos it's just not worth the hassle. It's difficult cos people just put like really glamorous shit on there that probably didn't even happen, but looking at it just makes you feel bad and like what you are doing is never that good. Better just not to look at it. (Focus Group 8/P&K) Do not put it on Facebook! Everyone has something to say – they see who you're with and bring up their past. (Focus Group 13/Dundee)*

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*Well you get things like Facebook and Snapchat and you can take it up a notch and send sads (sads are dirtys) which then again is childporn erm yeah so... you get relationship statuses or whatever but that all I know. (16/Dundee/Female)*

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