

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Can I say something really obvious, I expect pleasure from sex.

(Focus Group 1/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Everyone just assumes it'll be pleasurable.

(Focus Group 15/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Most guys probably don't think about the girl's pleasure – or their feelings.

(Focus Group 15/Angus)

WHAT DO
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There is definitely an expectation to climax, even if you can't or aren't in the right mood, I think guys just expect a girl to come as soon as they touch you. They don't talk about orgasm and stuff in school so unless you tell them or they ask you, which is just really awkward, how are guys meant to know about it? It's not like in the pornos.

(Focus Group 4/PK)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Actions that make you feel good e.g. sex.

(15/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Excitement, happiness, personal feelings.

(17/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Fun, enjoyment,
friendship, love, lust.*

(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Someone to talk to, laugh
with and do fun things with.*

(21+/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Cuddles, Netflix,
chill.*

(17/Angus/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Excellence, true satisfaction
of the mind and body, the
feeling of having put
worthwhile efforts into one's
endeavours and a tired,
smooth feeling.*

(17/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Please to me is about
making each other feel
wanted and to have a nice
romantic time together.
Both partners should feel
that sense of love and
affection.*

(19/PK/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Sharing intimacy with
someone else during
sex.*

(17/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Trust, love and passionate
feelings.*

(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Trust, happiness,
security, love.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Don't rush it – like maybe
getting a blowjob or finger first.
You have to be comfortable to
be intimate and to be
comfortable you need to trust
the person you are with.*

(Focus Group 4/PK)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Porn and one-night
stands.*

(19/PK/Other gender identity)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Kinky, biting and
clawing sexual contact.*

(17/Angus/Male)

WHAT DO
YOU NEED
TO
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WHAT DO
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*I have never
orgasmed.*

(16/PK/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*I have had no experience
in pleasure when it
comes to sex.*

(17/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

It's trial and error.

(Focus Group 12/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*I always get pleasure from
sex and give please as well.*

(19/Dundee/Male)

WHAT DO
YOU NEED
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#MAKEITGOOD?

It works both ways.

(17/Angus/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*It's something that you should
both enjoy. It means talking to
each other and working stuff
out, it's pretty unrealistic to
think you will get it right first
time together.*

(Focus Group 5/PK)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

It's dead boring if you are just doing one thing all the time, it's good to try out different things and make it a bit more exciting.

(Focus Group 6/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

You need to speak, but it's difficult, embarrassing.

(Focus Group 12/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

You should be able to make mistakes and get your bearing, You need to want something, not just for it to be expected.

(Focus Group 15/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

People are different – into different stuff.

(Focus Group 16/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

You try different things.

(Focus Group 16/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

I find I'm quite open when it comes to pleasure sexually with trying other things making it more exciting, so is my partner.

(21+/Angus/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Masturbation, relaxing and
being happy in myself.*

(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Having a wank xx.

(>16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Parents don't want you to
know that most people
masturbate.*

(Focus Group 15/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Men explore their bodies,
what they like. Are girls
expected to masturbate?*

(Focus Group 15/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*You don't talk about
this at school.*

(Focus Group 12/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*You kind of learn with
experience. Nobody tells you
that though, it's not like in sex
ed, they say it's bad, but it's not
saying don't be embarrassed,
have fun.*

(Focus Group 13/Dundee)

WHAT DO YOU NEED TO
#MAKEITGOOD?

Sex ed puts us off having sex. It kind of just concentrates on all the negative stuff, like STIs and getting pregnant when you don't want to. They don't talk about how it can be good...I don't think they want to tell us it can be good; in case everyone would want to do it.

(Focus Group 1/Angus)

WHAT DO YOU NEED TO
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The way it's taught in schools you'd think you were going to get split in half or something, it's really not that bad and it's only really like the first couple of times. After that it's ok. But they don't talk about that in school, they just try to scare you into not doing it in the first place. I don't think scaring people works, well maybe when you are much younger, but not when you get older. And actually, I wasn't scared when I was younger, I just wasn't that interested!.

(Focus Group 1/Angus)

WHAT DO YOU NEED TO
#MAKEITGOOD?

It should be talked about when you turn 16, they should. But to be honest at school?

(Focus Group 14/PK)

WHAT DO YOU NEED TO
#MAKEITGOOD?

Porn influences what people think, people might think they want something they see and then they can't say no.

(Focus Group 12/Dundee)

WHAT DO YOU NEED TO
#MAKEITGOOD?

You learn from the internet.

(Focus Group 15/Angus)

WHAT DO YOU NEED TO
#MAKEITGOOD?

Consent. Safe. Legal.

(16/Dundee/Female)