

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Worry, addiction,  
ill-health.*

(16/Dundee/Female)

WHAT DO  
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*Acid bad idea.*

(16/Angus/Male)

WHAT DO  
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*Drugs are bad.  
End of.*

(16/Dundee/Female)

WHAT DO  
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*Stupid. Idiotic.  
Dangerous.*

(>16/Dundee/Female)

WHAT DO  
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*Not cool, how to mess up  
your life and addiction.*

(>16/Dundee/Female)

WHAT DO  
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*Potentially lethal, risky,  
illegal, disgusting.*

(16/Dundee/Female)

WHAT DO  
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*Illegal substances come to mind.  
Sad reflection on our society.  
Those who indulge are extremely  
ignorant and selfish, without  
considering the effects their  
actions have on other people.*  
(17/Dundee/Male)

WHAT DO  
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*Only stupid people  
do drugs.*  
(17/Dundee/Female)

WHAT DO  
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*People want to have a  
good time.*  
(17/Angus/Male)

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*Ruuffys are great.*  
(17/Angus/Male)

WHAT DO  
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*Get high every weekend with  
the lads, crushing them pills  
like there's no tomorrow.*  
(16/Dundee/Female)

WHAT DO  
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*Oh meh god soooooo beautiful  
poppin E's n ahin every night in  
the backies getting nuttied oot  
meh puss.*  
(16/Dundee/Male)

WHAT DO  
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*Smoke weed every day.*

*(17/Dundee/Other gender identity)*

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*Smoke weed every day.*

*(16/Dundee/Male)*

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*Well for someone so young I have tried quite a few drugs, LSD, DMT, Mushrooms, Valium, MDMA, Coke, E, Xanax, Mcat, 2c-b, 2c-l, Weed, Alcohol, Salvia, DXM, Amphetamine, etc...as you can tell I favour psychedelic's more than other drugs because they don't ruin lives and can improve your mental state of mind. But I do sometimes think I am way too young to have tried these but I guess I can't turn back time.*

*(16/Dundee/Male)*

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*It's definitely a big part of my relationship man, like just being able to chill out and hang out with a girl. It's cool. Makes me feel relaxed like. Don't always have to be doing stuff. It can just be spending time together.*

*(Focus Group 8/PK)*

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*It can make you freer to say things and do stuff you wouldnae usually, but if you are like depending on it to get you through your day (or is she is) then it just gets in the way, 'cos you are never really with them.*

*(Focus Group 7/PK)*

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*That's the big thing. It would be a major trust issue. Not like a joint, but anything else.*

*(Focus Group 13/Dundee)*

WHAT DO  
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*Drugs can ruin relationships,  
they can change who you are.*

*(17/Dundee/Female)*

WHAT DO  
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*Drugs should not be used at  
all during sex or in a  
relationship cause it can  
make a lot of problems.*

*(17/Angus/Male)*

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*If somebody isn't reliable or they  
are taking drugs or alcohol then  
the relationship just breaks  
down, how can you trust  
someone that isn't reliable.*

*(Focus Group 4/PK)*

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*Drugs are a problem in my  
relationship, my boyfriend has  
done/does drugs and I don't agree  
with it but he doesn't see the problem  
so it is never resolved. I don't think the  
drugs are that bad for his health but I  
don't like the thought of what he is  
like/what he does while or after using  
them. He says he will stop but further  
down the line... If you are going to  
stop, why not now?*

*(18/PK/Female)*

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*I feel like guys get really embarrassed about condoms, they treat it like it's a joke or something and they are fine with that, but actually when it comes to it, they don't know what to do. I buy condoms for guy friends because they are too embarrassed to go into shops.*

*(Focus Group 1)*

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*If condoms were more available in schools and that, like even if condom machines worked rather than just taking your money, then it would be better cause I think it's important for people to feel they can get them and then choose to use them. But they are still too expensive.*

*(Focus Group 71)*

WHAT DO  
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*Embarrassing to buy.*

*(18/PK/Male)*

WHAT DO  
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*They fall off quite easily if you ride to hard.*

*(19/Angus/Female)*

WHAT DO  
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*Condoms are 100% safe. They are easily ripped or get small holes in them that you can't see.*

*(17/Dundee/Female)*

WHAT DO  
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*This place isn't always open, and when it is there's always somebody sat there. So if you were in here like helping yourself to johnnys every day, then you might get a bit of a reputation.*

*(Focus Group 7)*