



Speakeasy Handout 6

Useful Websites

Caution – Please check websites before using them with your child

www.fpa.org.uk

Lots of information about contraception, sex and relationships, abortion, sexual health, sexually transmitted infections and the work done by **fpa**.

www.avert.org.uk

Information about contraception, sex and relationships, abortion, sexual health and STI's

www.fflag.org.uk

Offers help for parents and families to understand, accept and support lesbian, gay and bi-sexual family members.

www.familylives.org.uk

Advice and support for parents and carers

www.sexualhealthtayside.org.uk

Support & information for people of all ages & professionals, includes a Speakeasy page

www.sexualhealthscotland.co.uk

A website aimed at raising awareness about sexually transmitted infections (STIs) and personal relationships and advice for people who want to find ways to bring up sensitive issues with their partners.

www.parentzone.org.uk

Information for parents and carers around digital resilience

www.thinkuknow.co.uk

Information for parents, carers and young people about the online world

www.commonsemmedia.org

Guide to all forms of media including apps and films



Useful Websites for Children and Young People

www.healthy-respect.co.uk

Really good for young people, workers & carers

www.avert.org

Full information on any health topic you could need

www.cool2talk.org

A confidential service for young people to ask questions on. Tayside specific

www.brook.org.uk

Sex and relationships information for young people up to age 25.

www.childline.org

Offers information and advice for children and adults about child abuse and child safety..

www.abpschools.org.uk

Hormones and their effects. Very good animated menstrual cycle!

www.thehormonefactory.com

for 10-12 year olds explaining sexual development.

www.tht.org.uk

The Terrence Higgins Trust has good information and an anonymous question and answer service for young people.