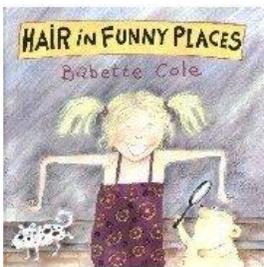




<b>Speakeasy Handout 5</b>	<b>Useful Books</b>
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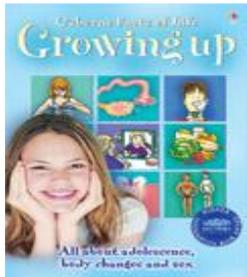


### ***Hair in Funny Places***

Babette Cole

Red Fox

Suitable for boys and girls aged 10 and upwards. Focuses on changes at puberty and growing up.

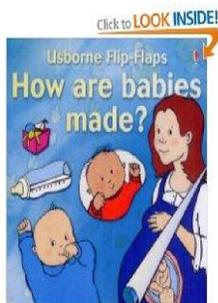


### ***Growing Up***

S. Meredith

Usborne/Facts of Life

Suitable for boys and girls aged 10 and upwards. Focuses on changes at puberty and growing up.

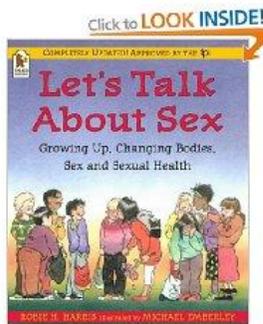


### ***How Are Babies Made?***

A. Smith

Usborne Flip Flaps

This brightly illustrated book is aimed at parents to read with young children. It has simple language and flaps to open.

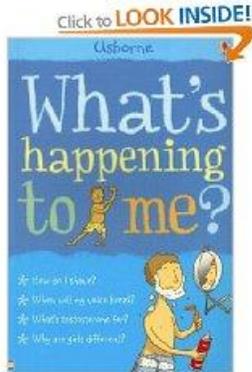


### ***Let's Talk About Sex or Let's Talk About Where Babies Come From***

Robie H. Haris

fpa or Walker Books

For children and young people aged 8 up to adults. A well illustrated book covering growing up, changing bodies, pregnancy, sex and sexual health. Fun and informative.

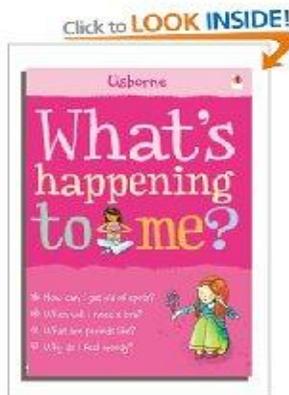


## ***What's Happening To Me?***

Alex Frith

Usborne

Aged 8 to Adult. A well illustrated book aimed at boys covering growing up, changing bodies, sex and sexual health. Fun and informative.

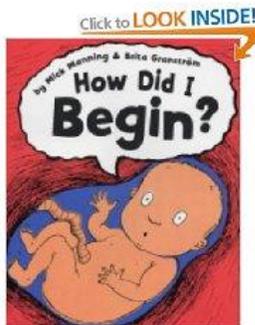


## ***What's Happening To Me?***

Alex Frith

Usborne

Aged 8 to Adult. A well illustrated book aimed at girls covering growing up, changing bodies, sex and sexual health. Fun and informative.

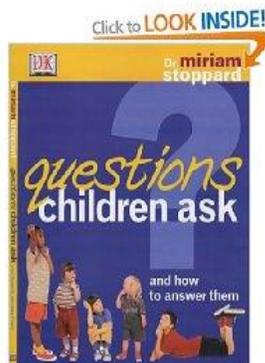


## ***How Did I Begin?***

Mick Manning & Brita Granstrom

Franklin Watts

An introduction to the facts of life for parents to read to young children from the moment of conception to the birth. Simple explanations and clear illustrations

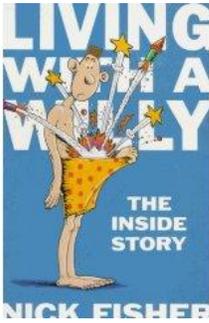


## ***Questions Children Ask***

Miriam Stoppard

Dorling Kindersley

Aimed at adults this book provides a guide to answering difficult questions. It gives suggestions about responding to children of different ages and understanding.

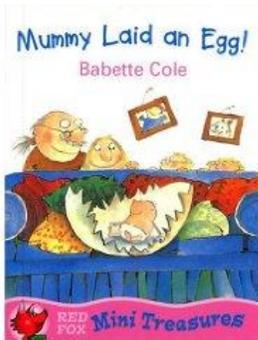


## ***Living with a Willy***

Nick Fisher

Macmillan Children's Books

Suitable for boys aged about 12 and up. This is an honest and funny 'owner's manual' about having a penis. It does however only look at the 'straight' perspective and doesn't cover being gay or bisexual.

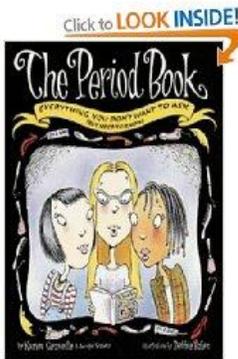


## ***Mummy Laid an Egg***

Babette Cole

Red Fox

Aimed at young children, this is a funny book looking at the facts of life and where babies come from as told from a child's point of view.

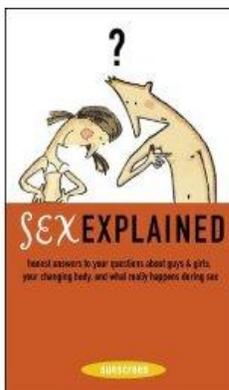


## ***The Period Book***

K Gravelle, D Palen et al

Piatkus Books

Aimed at girls from about age 10 up this book provides lots of clear information about periods, spots and hormones. It is also a helpful book for parents and carers who would like to prepare girls for puberty.

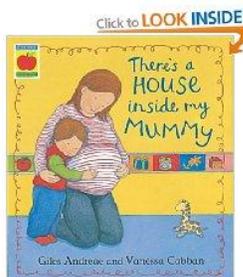


## ***Sex Explained***

Magali Clausener-Petit & Melissa Daly

Sunscreen Series

This book is suitable for boys and girls aged 13 years and upwards. For those who have started to go through puberty. Honest and frank answers to the questions young people have about relationships and sex.



## ***There's a House inside My Mummy***

Giles Andreae and Vanessa Cabban

Orchard

Aimed at young children this is a story book for all expectant toddler brothers and sisters told with humour and in simple text.