



Speakeasy course for parents and carers

Speakeasy is a **preventative community education programme** which helps parents & carers to tackle the complex and often difficult issue of educating young people about growing up, relationships & sexual health. The project works with groups of parents and carers to provide information, resources and support to enable them to confidently take on this role in their home.

We are looking for parents and carers of young people of any age who may be interested in attending Speakeasy courses and for partner agencies who would be interested in hosting courses in community venues. Parents and carers take part in a free 8 week course learning about puberty, keeping safe, answering difficult questions and talking about sex and relationships in the context of family life. Parents and carers also receive age appropriate resources which together with new learning can stimulate discussions in the home and within their wider social networks. We would like the courses to be accessible within local community facilities.

The course is accredited with the Open College Network and parents who wish to take the opportunity, can gain an award (3 credits at Level 1 or 2) which lays the foundation for more extensive training or subsequent employment. Parents who do not wish to take part in the accreditation process can still attend the course.

We are also going to be running training for interested professionals across Tayside to enable them to deliver the Speakeasy course within their own communities.

Linzi Mckerrecher is the Project Officer for the Tayside area. For further information or to arrange setting up a Speakeasy course in your area please contact her directly on:

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Evaluations of the project to date are available at: <http://www.fpa.org.uk/Inthecommunity/Speakeasy>

